

**INQUIRY INTO LONG-TERM SUSTAINABILITY OF THE  
DAIRY INDUSTRY IN NEW SOUTH WALES**

**Name:** Name suppressed

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Partially  
Confidential

Dear committee members,

I am opposed to the dairy industry continuing in Australia. I believe in 2020 the time has come to seek newer and more environmentally friendly options, not only that, cruelty free and healthier ones as well.

In Australia we have a thriving plant milk protein industry, that uses less water, can be integrated with other beneficial native plants (Veganic permaculture) and doesn't contain hormones from bovines, possible zoonotic disease transmission and zero cholesterol, heart disease being the leading killer of men and women in Australia and around the world in general.

The dairy industry is dying a slow death, water restrictions, low cows milk prices at the supermarket are putting dairy farmers under immense pressure, at the same time if these same farmers transitioned to growing plant protein and diversified, they could have a better standard of living, and help human and animal health as well, we know that dairy cows in general have a very short life of around 5 to 6 years, where if they are rescued and left to roam in a sanctuary they can live for 15 to 20 years.

Our indigenous population especially it has been found are mostly lactose intolerant, and yet they are still taught that drinking milk and eating dairy products is necessary and healthy.

Why aren't we testing for lactose intolerance in our society at large? We can do better, I implore the committee to look into this with an open mind, go and visit farmers and ask them how they could be helped with a transition. The plant based protein industry is booming, help them out, help the land, environment and animals out.

Thankyou.

Links below re the topics I have covered above:

Health:

\* <https://nutritionfacts.org/topics/dairy/>

\* indigenous groups: <https://pubmed.ncbi.nlm.nih.gov/6829486/>

\* Re indigenous groups and Asian, non Caucasian:

also: <https://www.betterhealth.vic.gov.au/health/conditionsandtreatments/lactose-intolerance>

Environment:

"On average it takes 800 litres of water to produce one litre of dairy milk, almost 4 times as much as it takes to make one litre of soy milk."

<https://www.veganaustralia.org.au/environment>

Animal Cruelty:

<https://www.animalsaustralia.org/issues/dairy.php>