

**Submission
No 9**

**INQUIRY INTO THE EXERCISE OF THE FUNCTIONS OF
THE LIFETIME CARE AND SUPPORT AUTHORITY AND
THE LIFETIME CARE AND SUPPORT ADVISORY
COUNCIL - FOURTH REVIEW**

Name: Mr Greg Moore

Date received: 10/08/2011

I am frustrated at the lack of collaboration between myself, my rehabilitation case worker and the LTCS Coordinator. I currently receive 1 session of physiotherapy per week that focuses on upper body strength and stamina which is great. I recently requested to participate in a program that works on:

- ground to chair work/a variety of safe transfer practices.
- Stretching and strengthening 'on the ground' work.
- Work on legs and hips so they don't seize up
- More balance, trunk control, strength and coordination
- Mentally motivating
- Progressing my rehabilitation

My request was denied. I am extremely keen to promote my rehabilitation and become as independent as possible and regain an occupation as soon as possible. I feel like I am continually subject to the 'experts' opinion regarding what is best for me. I have saved many dollars for the scheme by reducing modifications that the 'experts' want to do to my home and by remaining in my home whilst the modifications are being carried out. I would like to see a more team like approach to my rehabilitation and an understanding that it is 'my' rehabilitation, I am grateful for the help and support buy I am the 'expert' in my life.