

**THE MANAGEMENT AND OPERATIONS OF THE NSW
AMBULANCE SERVICE**

Name: Suppressed
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Partially Confidential

I have been employed by the NSW Ambulance Service for the past years. I, like all paramedics, have attended what can only be described as horrific jobs throughout my career. At the completion of the more severe jobs (ie. A traumatic situation for the patient, bystanders and attending officers alike) I have never received an appropriate de-briefing sessions or on occasion management has attempted to counsel myself and other officers involved, however I don't believe encouraging comments such as "you guys are right after that job aren't you?" at the back of the ambulance is adequate. Furthermore, on numerous occasions I have been ask to prematurely clear a patient in order to be able to respond to another horrific incident with no follow up received what so ever.

Five years ago I began experiencing flash backs of some of these jobs and as a result of my limited/inadequate counselling experience with the NSW Ambulance Service, I independently sought professional help to appropriately address these issue. I was subsequently diagnosed by a qualified psychiatrist as having Post Traumatic Stress Disorder with major depression and have continued to receive medical attention for these work induced conditions in an attempt to continue working for the NSW Ambulance Service.

More recently, my marriage has suffered extensively and is likely to dissolve as a result of my condition. I am left with no other option but to return work to support my two children and attempt to salvage my relationship with my wife.

This is how the Ambulance Service treats me as an officer who has given dedicated years of service to the community of N.S.W.