

**INQUIRY INTO REGISTERED NURSES IN NEW SOUTH
WALES NURSING HOMES**

Name: Name suppressed

Date received: 11/07/2015

Partially Confidential

My nana lived the last few years of her life in a nursing home. Even then the staff were very busy. I always visited around a mealtime to help those residents who couldn't feed themselves as there weren't enough staff to do this during mealtimes.

When Nan couldn't feed herself we all did it as often as possible otherwise she could be waiting for over an hour to be feed. If we didn't turn up to feed her she often didn't eat because she didn't want to put the staff out by giving them an extra job because they were so busy.

Nan also suffered many mini strokes in the last months of her life. This resulted in her losing balance and if she was walking with her frame she still fell. Quite a lot of times this happened at night. I would hate to think what would have happened if the nursing home didn't have a RN on at night.

We all have a high chance of entering a nursing home even those of you in government. I want to live those last years or months in a nursing home with dignity. I don't want to live in an understaffed under funded facility.