

## Join & receive regular information

Full Membership entitles you to a quarterly copy of Impact News, information about relevant workshops, conferences and forums relating to gambling issues and discounts to some GIS hosted training.

The Gambling Impact Society (NSW) is a health promotion charity governed by a committee of management, comprising volunteers, health and welfare professionals. Membership fees are used to develop the services of the society and its educational resources, including publication of the newsletter.

Membership to 30 June each year

NAME.....

Organisation.....

Address.....

.....

Telephone: ..... Fax: .....

E-mail: .....

\$30 Individual membership

\$60 Organisation membership

\$15 Students/Concessions

Cheques payable to:

**Gambling Impact Society (NSW) Inc.**

Mail to: Gambling Impact Society (NSW)

c/o Nowra Neighbourhood Centre,

134 Kinghorne St,

Nowra, NSW 2541

Additional Tax Deductable Donations Welcome

## Is gambling affecting your life?

Do you gamble to **escape worries** or other uncomfortable feelings?

Are you **increasing your bets** or gambling more often?

**Are you concerned** about a partner, friend or relative's gambling behaviour?

Are gambling **related financial worries** getting you down?

Is gambling **affecting your relationships** with family, friends or employers?

Have you **lost time from work** because of gambling?

Do you find yourself covering up or **making excuses for your gambling**?

## Contact

**Gambling Impact Society (NSW) Inc.**

c/o Nowra Neighbourhood Centre  
134 Kinghorne St, Nowra NSW 2541

Phone: 02 44 215 077

Fax: 02 44 216 872

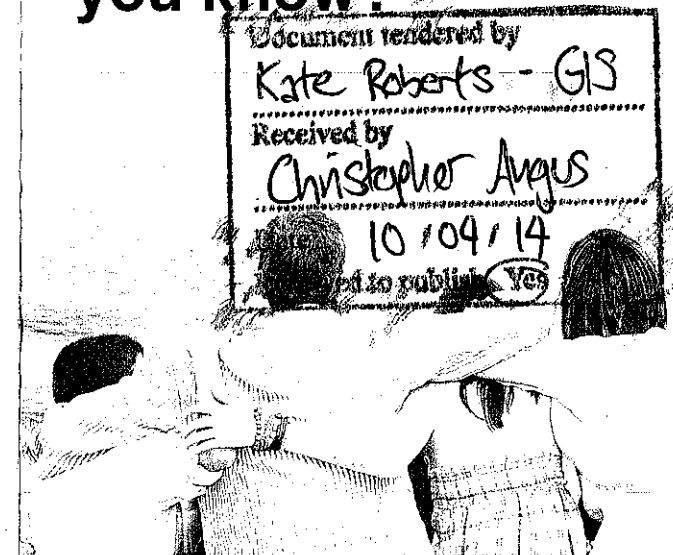
Email: [info@gisnsw.org.au](mailto:info@gisnsw.org.au)

Web: [www.gisnsw.org.au](http://www.gisnsw.org.au)

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**GAMBLING**  
*Impact*  
Society NSW<sup>INC</sup>

## Is Gambling affecting you or someone you know?



**GAMBLING**  
*Impact*  
Society NSW<sup>INC</sup>

- ✓ Information
- ✓ Education
- ✓ Advocacy
- ✓ Support

[www.gisnsw.org.au](http://www.gisnsw.org.au)

## The Gambling Impact Society (GIS)

The Gambling Impact Society (NSW) Inc. was formed in July 2000 by a group of people who had been directly affected by problem gambling. We are a registered Health Promotion Charity run on a not-for-profit basis by volunteers and professionals working in the field of problem gambling and social welfare. Our primary role is to raise awareness about the multi-layered impacts of problem gambling in the community.

### What is Problem Gambling?

"Problem Gambling is characterised by difficulties in limiting money and/or time spent gambling which leads to adverse consequences for the gambler, others or for the community" (Problem Gambling and Harm: Towards a National Definition, Nov. 2005). Some consider this behaviour similar to an addiction, others a learnt behaviour which can be unlearnt.

We know that with appropriate treatment and support, along with family and community understanding many people are able to turn their lives around. Thereby freeing themselves from the roller coaster of emotional, relationship and financial crises of problem gambling.



[www.gisnsw.org.au](http://www.gisnsw.org.au)

### Our aims are to:

- ✓ Increase community awareness about the impacts of problem gambling
- ✓ Support and empower those affected by problem gambling to obtain appropriate information, support & treatment
- ✓ Provide advocacy for and on behalf of those "at risk" or those affected by problem gambling
- ✓ Develop a range of self-help and professional educational resources and training opportunities for the community
- ✓ Work with all stakeholders to develop harm prevention policies and strategies to reduce problem gambling in the community
- ✓ Work in partnership with other stakeholders to develop a Public Health approach to preventing and reducing harm from problem gambling in the community
- ✓ Create opportunities for community development and capacity building with regards to addressing this public health issue

### IF GAMBLING IS A PROBLEM

**Gambling Helpline**

**call 1800 858 858**

A national 24 hour  
counselling & referral service

### Services and Resources

- ✓ Guides for Helping Professionals and Financial Counsellors, Self-Help Guides for Families, DVD's, CD's and Help Sheets
- ✓ Problem Gambling Training for the general public, health/community/welfare services and gambling venue staff
- ✓ Consumer Voices: A Peer Spokespeople Project where those personally impacted by problem gambling are trained as public speakers to share their stories
- ✓ Self-help and professional web-based community education
- ✓ Responsible Gambling Policy development, advice & consultancy
- ✓ Human Resource Policy (Problem Gambling) development advice, training & consultancy
- ✓ Community information and referral
- ✓ Community advocacy
- ✓ Quarterly newsletter "Impact News" free electronic copies available with online subscription

Details of our services are available  
on the website

[www.gisnsw.org.au](http://www.gisnsw.org.au)