

The Leichhardt Council:

LEICHHARDT HEALTHY AGEING PLAN 2015-2024

PLUS 4 YEAR SERVICE DELIVERY PLAN 2015-19

JULY 2015



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Amendments

Amend No	Date Change	Author	Subject of Amendment
1.	20150501	Group Manager Community and Cultural Services	Draft Plan recommended to 19 May 2015 Council meeting for Exhibition
2.	20150714	Group Manager Community and Cultural Services	Draft Plan recommended to 14 July 2015 Policy Council meeting for Adoption (incorporating comments received during exhibition)

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Leichhardt Corporate Vocabulary / Definitions

Action	For the purposes of this Plan it refers to both actions and programs (programs are longer than one year)
Asset Management Plan	10-year Plan meeting Department of Local Government requirements
Business Plan	Plan containing the business focus of Council Directorates
CCP	Community and Cultural Plan 2011
EEDP	10-year Leichhardt Employment and Economic Development Strategic Service Plan
DCP	Development Control Plan 2000
DF	Dementia friendly
DLG	Department of Local Government
Focus Area	For the purposes of this plan, a focus area relates to a major activity, function or area of responsibility of Council which has an impact on older people in the community
Guideline	Instruction to assist application of a procedure
HAP	Healthy Ageing Plan
ITP	Integrated Transport Plan 2012
KSA	Key Service Area, Leichhardt 2025+: being Community Wellbeing; Accessibility; Place Where We Live and Work; A Sustainable Environment; Business in the Community; Sustainable Services and Assets
LAP	The Leichhardt Access Plan
Leichhardt 2025+	The principal long-term strategy document for the organisation, providing overarching direction for the entire organisation
LGA	Local Government Area

Long Term Financial Plan	10-year Plan meeting DLG requirements
Master plan	The study, development and documentation of comprehensive place plans for particular and larger urban areas, in coordinating the performance and requirements of multiple individual development parcels, access, public infrastructure installations and public domain provisions. Master plans may pertain to special areas, development precincts, waterfront areas, town centre precincts and others. They typically define open spaces, building envelopes, access systems and staging provisions, along with more detailed performance dimensions of well-designed urban areas.
Objective	The big picture results that Council and the community would like to achieve
Outcome	More detailed than objectives, outcomes focus on the end result of the HAP rather than addressing how to get there
PAMP	Pedestrian Access Mobility Plan
PAP	Public Art Policy
Plan	4-year to 10-year time span
Policy	Guiding principles governing the agreed course of action
Procedure	Sets out guidelines, documents and the process required to achieve the agreed course of action
Resource Strategy	Asset Management, Financial Plan and Workforce Plan under the DLG guidelines
Service Delivery Plan	Healthy Ageing Plan 4-year Service Delivery Plan
SMT	Senior Management Team comprising the General Manager, the Directors, the Manager Legal Services, the Manager Human Resources, Group Manager Community and Cultural Services and the Manager Communications
WHO	World Health Organisation

Part 1: Overview

1.1 Introduction

Our population is ageing. While the population profile in the Leichhardt Local Government Area (LGA) reveals a slightly lower proportion of older adults aged 65+, than the State average (10% at the time of the 2011 Census vs 14% for NSW¹), there is an overall trend towards an increasing percentage of older citizens, consistent with broader population projections. In Leichhardt in the period 2016 – 2036, it is estimated that the number of people aged 65 and over will double from 7319 to 14,224 (12.4% to 21.3% of the population). For NSW more broadly, the numbers will increase from just over 1 million people (14% of the population) in 2012 to 2.3 million (24% of the population) in 2050. At that point, for the first time, there will be more people aged 65 years and over in NSW than there will be children under the age of 15. Leichhardt will reach this position earlier with the number of people over the age of 65 exceeding those under the age of 15, in the period 2026 to 2031.

The ageing of the population has implications for how we design our communities, deliver our services, plan our transport and infrastructure and develop our workforces.

The increase in the number of seniors in the LGA and the extended period of time spent in retirement for many of this cohort, signals a time of opportunity. Our community can benefit from the wisdom and experience of these elders as seniors participate as volunteers in community development and strategic planning activities.

There is a strong sense of community in the suburbs that make up Leichhardt LGA created through the involvement of active residents. There is also a long history of community activism across the municipality, which has protected the history and amenity of the area, while drawing the community together.

The Leichhardt Seniors Council actively work as a catalyst for creative change, drawing to Council's attention strategic issues related to older people. As a partnership and Co-ordination group, they advise Council, and create programs for seniors such as the 'Not So Young Club' that includes a monthly presentation on relevant topics of interest to seniors alongside opportunities for social interaction. The Seniors Council is currently investigating models of community health and wellbeing and networking for social support that could be adapted to the local context, drawing on models such as the Burbank Artists' Colony and the development of Men's Sheds.

1.2 Healthy Ageing

Research tells us that people will continue to be healthy and active as they age if they remain connected to their families and communities, participate in meaningful activities,

¹ 2011 Census data

engage in lifelong learning, engage in creative expression, remain physically active and access support to remain independent and exercise choice in their daily lives.

According to the World Health Organisation (WHO), active ageing is 'the process of optimizing opportunities for health, participation and security in order to enhance quality of life as people age' allowing people to 'realize their potential for physical, social and mental wellbeing throughout the life course'².

Leichhardt Council is strongly committed to connecting people to each other and connecting people to place, building community strengths and capabilities, enlivening the arts and cultural life and promoting health and wellbeing for all its citizens, including those who are older. Extensive community consultation underpins Council's Community Strategic Plan Leichhardt 2025+. This is the overarching planning document which lays out the longer-term strategic directions for Council and to which 10 year strategic service plans such as this Leichhardt Healthy Ageing Plan (HAP) relate. Other 10 year strategic plans are the Community and Cultural plan, the Integrated Transport Plan, the Long Term Financial Plan, Environmental Sustainability Strategy, Employment and Economic Development Plan and the Local Environment Plan (LEP). The HAP is underpinned by a 4-year Service Delivery Plan (2015-2019) which is in Part 2 of this document.

Leichhardt 2025+ has two social goals expressed in Key Service Areas:³

The first Key Service Area is Community Wellbeing.

Community Wellbeing

"A Leichhardt community that is equitable, cohesive, connected, caring, diverse, healthy, safe, culturally active, creative and innovative and has a strong sense of belonging and place."

The community wellbeing goal includes the objective: "community strengths and capabilities are developed". Amongst the strategies to achieve this objective is:

"Develop and implement a healthy ageing strategy." This document is that strategy.

The second Key Service Area is Accessibility.

Accessibility

"Easy access for people, services, information and facilities that promotes the amenity, health and safety of the community and that reduces private car dependency for all travel".

² World Health Organisation, Active Ageing: A Policy Framework. 2002: Geneva: World Health Organisation.

³ Social Goals Leichhardt 2025+

There are close synergies between the Leichhardt Access Plan (2014 – 2017) (LAP) and the Healthy Ageing Plan. While improving accessibility enhances quality of life for the whole community, older people in particular will benefit directly from increased accessibility. Not only is there a higher proportion of people with a disability in the older age groups, but older people generally are impacted by variables such as declining mobility. This means that many of the actions proposed in the LAP are also actions which will contribute to the healthy ageing of the Leichhardt community. These actions are not repeated in this plan, but have been listed for cross-referencing in Appendix 1. Actions in the Reconciliation Action Plan have not been re-listed, however underpin respect for the role of Elders across the community, and valuing the leadership and wisdom of cultural custodians.

1.3 How this Plan was developed

How was the Plan developed?

The Service Delivery Plan (Part 3 HAP) is based on an extensive evidence and methodological foundation including:

- Review of relevant Council plans:
 - Leichhardt 2025+
 - Leichhardt Access Plan 2014-2017
 - Public Art Policy 2014-2018
 - Asset Management Plan 2013-2017
 - Employment and Economic Development Plan 2013-2023
 - Pedestrian Access and Mobility Plan (PAMP) 2013
 - Reconciliation Action Plan 2013
 - Integrated Transport Plan 2012-2022
 - Community and Cultural Plan 2011-2021
 - Community And Cultural Assets Audit 2009
- Evidence review of the positive impact of participatory arts for older people
- Engagement with the Seniors Council, including review of Meeting Minutes and Seniors Council review of the draft HAP Service Delivery Plan
- Community engagement :
 - “Wellbeing, Play and Health” community consultation held 23 July 2014
 - “Planning Ahead” community consultation held 18 August 2014
 - Specific HAP stakeholder forum held on 9 September 2014, which included a presentation by Alzheimer’s Australia
- Key staff engagement: Senior Council Officers on the HAP Working Group (Implementation Group)
- Internal staff consultations
- Implementing recommendations from Council resolutions:

Resolution C561/12

1. That Council proceeds to develop a Healthy Ageing Strategy aligned with the Community and Cultural Plan
2. That the Council development of the Healthy Ageing Strategy be informed by:
 - a. Developing a partnership with the health sector to progress demographic and action research in order to better understand the needs and priorities of older people in Leichhardt
 - b. Undertaking pilot programmes in the action research phase of the strategy development, expanding opportunities for socially isolated and vulnerable older residents with programmes such as:
 - i. Initiating a Dementia Café in collaboration with appropriate health services, the non-government sector and community sector, and local business to serve as a social and respite function for people with dementia and their principal carer
 - ii. Piloting an affordable fitness and wellbeing program for older residents that addresses a gap in current service provision
 - iii. Proceeding to locate a suitable facility to host a Men's Shed, enabling lifelong learning and social interaction for participants
3. The staff liaise with the Seniors Council and also report on the current practices and how the above recommendation fits within these parameters

CSC Resolution 56/13

2.2 That Council supports continued research into the provision of effective active ageing programs that meet the future needs of the community.

CSC Resolution 57/13

That Council receive and note the presentation on the development of Leichhardt's Healthy Ageing Strategy.

Council Resolution C19/14

1. That Council's Ageing in Place Strategy, currently under development, consider the specific needs of people living in our community with dementia
2. That Council Officers liaise with peak bodies such as Alzheimer's Australia to:
 - a. Identify relevant research and data
 - b. Identify best practice from elsewhere in Australia
 - c. Determine what changes could be made at a State and/or Commonwealth level in relation to relevant legislation, regulations and codes regarding noise, to protect the amenity of those living with dementia in the community

3. That in the context of 1 and 2 above:
 - a. Council raise relevant issues and actions with SSROC and Local Government NSW
 - b. Council initiate joint meetings - with peak bodies and relevant government agencies, to outline to government agencies the issues and opportunities for reform
 - c. Council Officers identify what public awareness / community education campaigns could be run by Council in the Leichhardt LGA

Council Resolution 488/14

That this Notice of Motion (Age friendly communities supporting the Healthy Ageing Strategy) be referred to the Seniors Council for consideration and comment and a response be reported back to Council.

1.4 Legislation and Policy Context for the Leichhardt HAP

The importance of a Healthy Ageing Plan (HAP) for Leichhardt Council is reinforced by the broader legislative and policy context of ageing and the challenges and opportunities which are presented by an ageing population.

The NSW Government's Ageing Strategy

The NSW Government's *NSW Ageing Strategy* takes a "whole of government" approach to the development of actions to respond to the ageing of the population. The vision of the strategy is that "People in NSW experience the benefits of living longer". It considers objectives and actions relating to seniors, people in the middle years of their life and the overall trend to an ageing population.

Both the *NSW Ageing Strategy* itself and the strategy's Implementation Plan contain a number of elements directly related to the role of local government. The strategy recognises that the foundations for healthy ageing are put in place well before an individual reaches their senior years. It says:

"More people will enjoy later life if:

- Seniors lead active and rewarding lives and are valued members of the community
- Adults make decisions that support their independence and wellbeing later in life
- NSW responds effectively to the challenges and opportunities of population ageing⁴."

Supporting actions for the *NSW Strategy* include action 4.3.3- Create age-friendly local communities

⁴ NSW Ageing Strategy <https://www.adhc.nsw.gov.au/about-us/strategies/nsw-ageing-strategy#strategy>

Actions include:

“Explore opportunities to showcase local government best practice in age-friendly environment design and implementation.”

“Include planning for an ageing population in local council community strategic plans, for example, by including accessibility upgrades.”

“Support implementation of local urban design solutions to create age-friendly communities, including benches, walkable pathways, clear signage, road crossings, age-appropriate public exercise equipment, seats and shelter at bus stops and accessible public toilets.”

Action 4.3.4 Improve housing affordability and accessibility includes the action:

“Support well-designed communities that integrate housing, parks, open spaces and community services and facilities to help people stay in their own homes as they grow older.”

The WHO global network of age friendly cities and communities

The World Health Organisation (WHO) has created a Global Network of age-friendly cities and communities⁵ - communities which are a good place for older people to live, work and visit. Network members commit to a 3-5 year cycle of consultation, planning and continuous improvement. Age-friendliness is described as an inclusive environment that promotes the wellbeing, health and quality of life of older people. The domains which WHO research suggest are important for “age-friendliness” overlap with many of those important for accessibility for citizens who have a disability. Leichhardt Council has mapped these domains to the Leichhardt 2025+ goals and they have been used as the basis for grouping strategies for the Leichhardt Council HAP.

The domains are:

- Outdoor spaces, streets and buildings
- Transport
- Housing
- Respect and inclusion
- Social participation
- Communication and information
- Civic participation and employment
- Health and social services.

The Federal Government’s “Living Longer Living Better” age care reforms

The Federal Government’s reform package for aged care: “Living Longer Living Better” announced in April 2012 aims to streamline and better integrate support services to

⁵ http://www.who.int/ageing/age_friendly_cities_network/en/

enable older people to remain at home for longer, stay connected to community, and avoid early entry into higher cost residential care. The reforms include more home care packages using new models of consumer directed care where older people can choose who provides their services and what services they receive to meet their individual needs, a new Aged Care Gateway (<http://www.myagedcare.gov.au>) for centralised information referral and assessment, and the new Commonwealth Home Support Program (HSP) which commences 1 July 2015. CHSP absorbs the Home and Community Care (HACC) program for older Australians. The Commonwealth Government assumed overall responsibility for HACC from 1 July 2012. Some of the programs for older citizens which are operated by Leichhardt Council have been funded under the HACC program (Home Maintenance and Modification service and partial funding of the Community Development Officer – Ageing, Disability and Social Inclusion position).

Dementia Friendly Communities

Alzheimer's Australia is spearheading a campaign to create a dementia friendly Australia and have recently produced a guide to assist communities to become dementia friendly.

The HAP stakeholder forum held on 9 September 2014 included a guest speaker presentation from Brendan Moore, Alzheimer's Australia NSW who introduced the concept of dementia friendly communities⁶. Whilst acknowledging the uniqueness of each individual community and the importance of local solutions, key features of a dementia friendly community are:

- you can find your way around and feel safe
- you can use local facilities e.g. banks, shops, cafes, cinemas, post offices, health and social care services
- you can keep your social networks e.g. friendships, local clubs & groups
- other people know about dementia and can support you

Underpinning the campaign is a desire to help people with dementia live with dignity and to remain connected to their communities for as long as possible. Leichhardt Council shares this vision.

The guide describes a dementia friendly community as having the following characteristics:

- A community where people are dementia aware, therefore helping to reduce stigma and myths
- Health staff are educated about dementia and treat people with respect and empathy

⁶ https://nsw.fightdementia.org.au/sites/default/files/DementiaFriendlyGuide_Sept14.pdf

- Retail and café staff know about dementia and are helpful and have a caring attitude – basically good customer service
- The physical environment enables people to get out and about safely
- Support services are helpful and enabling
- People living with dementia feel like they still belong to the community, their social networks, their clubs, and importantly have a role to play

Leichhardt Council resolved on 25 February 2014 that the Leichhardt Healthy Ageing Plan consider the specific needs of people living in our community with dementia. Actions in the Leichhardt Healthy Ageing Plan which can contribute towards the characteristics of a dementia- friendly community have been annotated with a 'DF' symbol to indicate that they are dementia-friendly.

Creativity and healthy ageing

There is a growing evidence base which verifies the positive impact participative arts can have on the health and wellbeing of older people. A recent UK synthesis of literature⁷ published between 2001 and 2011 highlighted a number of studies which showed positive impacts on the mental wellbeing of participants, including increased confidence and self-esteem, feelings of accomplishment, new skills/improved cognitive functioning and enjoyment of life. Some more active art forms (dance, singing) contributed to physical health improvements. At a community level, participatory arts programs provide opportunities for meaningful social contact, friendship and support. More broadly, large scale, high profile arts festivals have the potential to positively transform attitudes to older people, particularly when intergenerational events are included in the festival.

Local Government - Integrated Planning Framework + changes to NSW planning legislation

"The Integrated Planning and Reporting Framework recognises that most communities share similar aspirations: a safe, healthy and pleasant place to live, a sustainable environment, opportunities for social interaction, opportunities for employment and reliable infrastructure. The difference lies in how each community responds to these needs. It also recognises that council plans and policies should not exist in isolation and that they in fact are connected. This framework allows NSW councils to draw their various plans together, understand how they interact and get the maximum leverage from their efforts by planning holistically for the future. All councils in NSW are now (as at 1 July 2012) working within the Integrated Planning and Reporting Framework⁸.

⁷ Mental Health Foundation (2011) An Evidence Review of the Impact of Participatory Arts on Older People, The Baring Foundation, London

⁸ Leichhardt 2025+ Strategic Plan

Local Government NSW (LGNSW) - The Integrated Age-Friendly Toolkit

LGNSW has recently developed a toolkit in partnership with the NSW Office for Ageing to assist and encourage all areas within a council to work together in planning for an ageing population, especially in relation to the various components of the built environment.

1.5 Current council initiatives

Leichhardt Council has a number of initiatives and specific activities targeted for older people. In addition to the provision of specific services (Handy Person and Gardening Service and Home Maintenance and Modification Service), key initiatives are the Seniors Council and the designation of the Hannaford Centre as a community centre with a focus on providing programs and activities for older people in the LGA.

Seniors Council

Leichhardt Seniors Council is a partnership and co-ordination group of Leichhardt Council, which meets monthly. It was established to encourage and provide opportunities for older people to fully engage and contribute to the development of the local community. The Seniors Council has provided input into this HAP and will have an ongoing monitoring and review function.

The Hannaford Centre

The Hannaford Centre provides a range of affordable health and well-being programs and activities catering to the needs of older residents. The regular program includes a weekly community lunch, daily exercise classes, handicrafts group, walking group, 7 weekly computer club sessions, fortnightly social bus outings, camera club and a games afternoon.

Ageing, Disability and Social Inclusion

Cross-council integration on healthy ageing initiatives, and collaboration with the non-government and government sector on policies, strategies and actions is delivered through a full-time Community Development Officer role. This role would be responsible for ensuring implementation of direct actions, as well as monitoring overall implementation of the Healthy Ageing Plan.

Handy Person and Gardening Service

Council offers a Handy Person and Gardening Service to assist aged residents and people with a disability in the Leichhardt Council area with small handyperson jobs, gardening and lawn mowing. The service is available to residents who receive full aged or disability pension.

Home Maintenance and Modification Service

The Leichhardt Home Maintenance and Modification Service provides home modifications, maintenance and adjustments for frail aged, people with disabilities and their carers. Tenants of public housing and privately rented housing can be assisted with work that is not their landlord's responsibility.

The service aims to assist people with access, safety and independence in daily living in their own home, or with a carer, and the services include:

- Modification - Installing ramps, handrails, hand-held showers, widening doors, correcting bench heights, removing shower screens etc
- Maintenance - Fixing doors, windows, fences and gates; carpentry repairs and single storey gutter cleans; basic gardening, lawn mowing and yard cleans
- Maintenance - Securing rugs, cords, door catchers, curtain rails; modifying furniture
- Advice - Advice on home maintenance and modification concerns and referrals to other agencies if extra assistance is needed for plumbing, electrical and smoke alarm requests.

Community transport

Community transport in the Leichhardt area is provided by Leichhardt Marrickville Community Transport Group. The service aims to address the transport needs of people who cannot use, access or afford, public or private transport including transport for frail aged, people with disabilities and their carers. To supplement this service and provide transport access to a broader demographic, Council is initiating a free shuttle bus service within the local government area that will link residents to key facilities, such as the Leichhardt Park Aquatic Centre, key services such as Centrelink and connections to other transport modes.

Other programs and activities

- Dementia Café
- NSW Seniors Week activities

1.6 Council supported activities

- Healthy Older People Eating (HOPE) lunches
- The Not So Young Club- a monthly initiative of the Seniors Council which provides a luncheon and a regular guest speaker
- Inner West Carers Week
- Inner West Multicultural Dementia Forum
- Grandparents Day

Council also supports a variety of one-off and annual activities through its grants and fee waivers program such as Alzheimer's Australia Memory Walk and the COASIT History Group.

that approximately 17,814 people work in Leichhardt LGA. Leichhardt has a high population density, with 6,110 people per square kilometre¹⁰.

Table 1 below gives an overview of the local population relative to the population distribution in NSW and Australia.

People	Leichhardt LGA	%	New South Wales	%	Australia	%
	52,198	--	6,917,658	--	21,507,717	--
Male	24,729	47.4	3,408,878	49.3	10,634,013	49.4
Female	27,469	52.6	3,508,780	50.7	10,873,704	50.6
Aboriginal and Torres Strait Islander people	514	1.0	172,621	2.5	548,369	2.5

Table 1: Local population relative to the population distribution in NSW and Australia, ABS 2011

Of the total population in the Leichhardt LGA, the proportion of males at 47.4% is slightly less than the overall NSW (49.3%) and Australia (49.4%) populations. The proportion of females at 52.6% is slightly higher than overall NSW (50.7%) and Australia (50.6%). There are fewer Aboriginal and Torres Strait Islander people at 1.0% compared with 2.5% in NSW and Australia.

Age of the Population

Leichhardt has a diverse age profile, with increasing numbers of families with children and older people. Over the last ten years the LGA has become an attractive place for young professionals seeking to raise their families. In this time, the LGA's residents have also become older, with both the proportion of residents aged over 60 years and the LGA's median age increasing, in line with broader national trends.

Table 2 below gives an overview of the age distribution of the local population relative to the population distribution in NSW and Australia.

Age1	Leichhardt LGA	%	New South Wales	%	Australia	%
0-4 years	4,296	8.2	458,736	6.6	1,421,050	6.6
5-9 years	2,747	5.3	434,608	6.3	1,351,921	6.3

¹⁰ Australian Bureau of Statistics Census 2011

<http://www.censusdata.abs.gov.au/ausstats/abs@.nsf/Lookup/2901.0Chapter47302011>

10-14 years	1,741	3.3	439,168	6.3	1,371,054	6.4
15-19 years	1,643	3.1	443,416	6.4	1,405,798	6.5
20-24 years	2,594	5.0	449,685	6.5	1,460,673	6.8
25-29 years	4,095	7.8	473,160	6.8	1,513,236	7.0
30-34 years	5,709	10.9	468,336	6.8	1,453,775	6.8
35-39 years	6,042	11.6	488,124	7.1	1,520,138	7.1
40-44 years	4,944	9.5	483,502	7.0	1,542,879	7.2
45-49 years	3,943	7.6	481,428	7.0	1,504,142	7.0
50-54 years	3,168	6.1	469,024	6.8	1,447,404	6.7
55-59 years	3,087	5.9	419,612	6.1	1,297,244	6.0
60-64 years	2,807	5.4	390,678	5.6	1,206,116	5.6
65-69 years	1,891	3.6	304,327	4.4	919,319	4.3
70-74 years	1,215	2.3	237,362	3.4	708,090	3.3
75-79 years	950	1.8	186,032	2.7	545,263	2.5
80-84 years	694	1.3	150,724	2.2	436,936	2.0
85 years and over	631	1.2	139,735	2.0	402,681	1.9
Median age	37	--	38	--	37	--

Table 2: Age distribution of the local population relative to the population distribution of NSW and Australia, ABS 2011

The median age of people in Leichhardt is 37 years, which is consistent with the rest of Australia. Children aged 0-14 make up 16.8% of the population, when compared to just over 19% for the rest of Australia. People aged 65 years and over make up 10.3% of the population, which is less than the overall NSW (14.7%) and Australia (14%).

Place of Birth, Ancestry, and Language

Fewer people in Leichhardt were born in Australia (65.3%) compared to the total Australian population (69.8%). With respect to ancestry, in Leichhardt 25.9%, are of English ancestry, 21.0% Australian, 11.1% Irish, 7.6% Scottish and 4.7% Italian. See Table 3.

In regards to language spoken at home, 79.4% speak English. Other languages spoken at home include Italian (3%), Greek (1.4%), Spanish (1.0%), Cantonese (0.8%) and Mandarin (0.7%).

Ancestry ¹¹	Leichhardt LGA	%	New South Wales	%	Australia	%
English	18,593	25.9	2,151,788	24.2	7,238,533	25.9
Australian	15,112	21.0	2,217,158	25.0	7,098,486	25.4
Irish	7,958	11.1	661,208	7.4	2,087,758	7.5
Scottish	5,491	7.6	528,510	6.0	1,792,622	6.4
Italian	3,367	4.7	246,158	2.8	916,121	3.3

Table 3: Ancestry, top responses, for Leichhardt LGA, ABS 2011

Ageing and Need for Assistance

As people get older, their experience of disability increases. In addition, age related conditions can lead to older people requiring assistance with everyday types of activities, ranging from household chores and property maintenance, to using transport and paying bills, regardless of whether the person is considered to have a disability.

In 2012, the ABS Survey of Disability, Ageing and Carers (SDAC) found that around 42% of older people (65 years or older) needed assistance with at least one activity because of disability or age. Assistance was most commonly needed for health care tasks (25%) and property maintenance (23%).

Looking at core activity need for assistance (self-care, mobility or communication), table 4 below shows that a person's need for assistance increases rapidly once they reach their mid-70s. By the age of 85, more than half the people of this age require assistance with a core activity of living. This data uses 2011 ABS Census data for the Leichhardt LGA and shows a total of 1012 people needing such assistance.

Age	Has need for assistance	%	Does not have need for assistance	Need for assistance not stated	Total
65-74 years	260	8.4	2,614	236	3,110
75-84 years	417	25.3	1,094	134	1,645
85 years and over	335	53.1	250	46	631

¹¹ <http://www.censusdata.abs.gov.au/ausstats/abs@.nsf/Lookup/2901.0Chapter20802011>

Total	1,012	3,958	416	5386
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Table 4: Core activity need for assistance by age in Leichhardt LGA, ABS 2011

Employment and Income

The median personal income in Leichhardt LGA is considerably higher when compared to the overall population in NSW and Australia (\$1086 per week compared to \$561 and \$577 respectively). However, the average income of older residents of Leichhardt falls rapidly as the proportion in the workforce falls, settling down after the age of 75 at around \$450 per week.

- About a third of those aged 75+ are on low incomes (under \$300 a week). These would most likely be single age pensioners
- Half of those aged 75+ are on middle incomes (\$300-\$800 a week), but most of these are at the lower end of the range, on pensioner couple incomes (\$300-400)
- A third of those aged 65-74 are on high incomes (\$800+ a week), but this falls to one in 9 aged 75-94, and 1 in 14 aged 85+

Figures supplied by Centrelink indicate that as at July 2014 there are 7573 people in the LGA on the age pension of whom 48.1% are from a multicultural background. In addition, there are 1264 people who have a Seniors Health Card, of whom 34.2% are from a multicultural background.

Volunteering

As can be seen by **Table 5**, there is an overall volunteer rate of 19% across all age groups. The number of volunteers (2038) over 55 years of age demonstrates the importance of the contribution of seniors to community wellbeing.

Volunteering by age	#	%
15-19 years	342	21%
20-24 years	487	19%
25-34 years	1584	16%
35-44 years	2017	18%
45-54 years	1644	23%
55-64 years	1257	21%
65-74 years	593	19%
75-84 years	160	10%

85 years and over	28	4%
Total	8,112	19%

Table 5: Rates of volunteering by age

Living arrangements

From the age of 55 years, as residents get older, the proportion of people living alone rises. By the age of 85+ almost half of this age group are living alone.

Future trends

An analysis undertaken of projected population change by age group within the Leichhardt LGA from 2016 to 2036 in five year cycles is provided in **Table 6** and **Table 6: 2016-2036 projected population growth Leichhardt LGA x age below¹²**. **Table 8** shows the changes specifically for those aged 65 and over.

As can be seen in table 7, over the period 2016 – 2036 the proportion of the population aged 65 and over will increase from 12.4% to 21.3% and roughly double in number from 7319 to 14,224 people.

Age	2016	2021	2026	2031	2036
0-4 years	3984	3782	3,564	3382	3,307
5-14 years	6712	7256	6,680	6489	6,293
15-19 years	1877	2773	3,816	3334	3,259
20-24 years	2626	2607	3,331	4212	3,601
25-34 years	9551	8713	7,896	7930	8,953
35-44 years	11690	10665	9,790	8953	8,119
45-54 years	9012	10353	10,517	9706	9,032
55-64 years	6289	6993	8,463	9843	10,066
65-74 years	4589	5379	5,475	6242	7,715
75-84 years	1923	2510	3,648	4346	4,477
85 years and over	807	913	1034	1408	2032
Total	59,060	61,944	64,214	65,845	66,854

¹² Source: The Public Practice: Making sense of the Census (2013) Demographic analysis of older residents of Leichhardt 2011

Table 6: 2016-2036 projected population growth Leichhardt LGA x age

Age	2016	2021	2026	2031	2036
0-4 years	6.7%	6.1%	5.6%	5.1%	4.9%
5-14 years	11.4%	11.7%	10.4%	9.9%	9.4%
15-19 years	3.2%	4.5%	5.9%	5.1%	4.9%
20-24 years	4.4%	4.2%	5.2%	6.4%	5.4%
25-34 years	16.2%	14.1%	12.3%	12.0%	13.4%
35-44 years	19.8%	17.2%	15.2%	13.6%	12.1%
45-54 years	15.3%	16.7%	16.4%	14.7%	13.5%
55-64 years	10.6%	11.3%	13.2%	14.9%	15.1%
65-74 years	7.8%	8.7%	8.5%	9.5%	11.5%
75-84 years	3.3%	4.1%	5.7%	6.6%	6.7%
85 years and over	1.4%	1.5%	1.6%	2.1%	3.0%
Total	100%	100%	100%	100%	100%

Table 7: 2016-2036 projected % population growth Leichhardt LGA x age

YEAR:	2016	2021	2026	2031	2036
65 and over	7319	8802	10157	11996	14224
%	12.4%	14.2%	15.8%	18.2%	21.3%

Table 8: 2016-2036 projected changes in the Leichhardt LGA population aged 65 and over

1.8 Needs and Opportunities

The statistics reveal some significant aspects about older people who live in the Leichhardt LGA:

- Amongst those aged 65 years, 42% will need assistance with at least one activity because of age or disability (SDAC)
- Core activity need for assistance rises rapidly with age from 8.4% at 65-74 years, through 25.3% for those aged 75-84 to 53.1% for those 85 years or older. (ABS

2011) At the time of the 2011 Census, this represented 1,012 older individuals in the Leichhardt LGA

- While over the last ten years there has been an increase in the number of families with children, in this time the residents have also become older, with both the proportion of residents aged over 60 years and the LGA's median age increasing
- The ageing of the population profile will continue with the proportion of people aged 65 and over increasing from 10% in 2011 to 21.3% in 2036
- The actual number of individuals aged 65 and over is likely to double by 2036 from 7319 to 14,224
- As people age, their income falls and they are more likely to be living alone. Combined with the growth in the number of older people, this means that the median income of the LGA is likely to fall and there will be a greater number of people in single person households

1.9 Principles

The Leichhardt Healthy Ageing Plan has adopted the principles contained in the NSW Ageing Strategy.

1. **Local decision-making and partnerships** – local decision-making is likely to generate the best responses to ageing in communities, particularly when it involves those people most affected by these decisions.
2. **Older people's rights and autonomy** – older people know what is best for their own lives and have the right to make decisions on their own behalf.
3. **Personal responsibility** – older people should be encouraged and supported to take personal responsibility for their own ageing which will contribute to their long-term wellbeing and independence.
4. **High quality, timely and equitable services** – older people deserve high quality services when they need them. Services should be focused on customers and help people be as independent as possible.
5. **Engagement and accountability** – the community should be actively involved in ageing issues and (local) government should be accountable for delivering its work.

Leichhardt Council believes that healthy ageing should be approached from a holistic perspective involving the whole community.

1.10 Objectives

Table 9 following provides an overview of the WHO focus areas mapped to the Leichhardt 2025+ goals and the objectives which have been identified by Council as contributing to each of these goals.

Strategies for each of these eight focus areas and the specific actions which will support their achievement are outlined in Part 3, the Service Delivery Plan.

Leichardt 2025+ Goal	Area of focus	Objectives
Community wellbeing	1 Respect and inclusion	1.1 Older people are valued and there is public recognition of their contribution 1.2 Older people are listened to and respected by the community 1.3 Intergenerational activities are undertaken 1.4 The community helps its older citizens
	2 Social participation	2.1 Older people pursue educational, cultural, recreational and spiritual activities 2.2 Activities and events in the community are inclusive of older people 2.3 There are activities and events in the community targeted for older people
Accessibility	3 Transport	3.1 Transport is age friendly, including affordable, reliable and frequent public transport, appropriate community transport, accessible taxis, good road infrastructure and adequate well located parking
Place we live and work	4 Outdoor spaces, streets and buildings	4.1 Outdoor spaces include outdoor seating, shade and shelter, pleasant parks and walkways, adequate lighting and public toilets. 4.2 There are good footpaths and curbs, pedestrian friendly roads and accessible public buildings 4.3 Older people feel safe walking around
	5 Housing	5.1 There are appropriate, affordable and well located housing options close to services and shops for older people 5.2 Housing design meets people's needs as they age
Business in the community	6 Civic participation and employment	6.1 Older people who wish to can readily participate in paid work, volunteering activities, community groups and Council matters and decision-making
Sustainable services and assets	7 Communication and information	7.1 Council and community information is timely, easy to understand, easy to find, in a language which is understood and in accessible formats. 7.2 The content of information and communication meets the needs of older people
	8 Health and social	8.1 Older people living at home can access health and social services that they need



Leichardt 2025+ Goal	Area of focus	Objectives
	services	

Table 9: Key focus areas contributing to a comprehensive approach to healthy ageing mapped to Leichardt 2025+

Part 2: About the Service Delivery Plan

2.1 What is the Service Delivery Plan?

The Service Delivery Plan (Part 3 of HAP) will assist in the delivery of the Community Strategic Plan Leichhardt 2025+. Leichhardt 2025+ is Council's long-term Community Strategic Plan. Its vision for the Leichhardt LGA is "a liveable and sustainable community".

The Service Delivery Plan describes the strategies which Council will adopt over the next four years to implement the Healthy Ageing Plan.

The development of Leichhardt's Healthy Ageing Strategy is listed as an action in the Leichhardt Community and Cultural Plan 2011-2015 under OUTCOME 5.1: Residents in the Leichhardt Local Government Area have a strong sense of health and wellbeing.

The HAP describes how Council, along with other stakeholders in the community, will adopt an integrated approach and maximise opportunities to promote healthy ageing across the scope of Council's work. The HAP defines actions that relate specifically to the areas the Council directly controls, areas Council can influence and areas that are of concern to Council.

The Service Delivery Plan (Part 3 HAP):

- Outlines the specified Objectives, Outcomes and Strategies that will direct Council's work over the next four years
- Outlines the actions, activities and programs that Council will undertake over the next four years in partnership with the community
- Identifies the responsibilities and resources required to implement the HAP over the next four years

How will Council manage and monitor the Plan?

The HAP Service Delivery Plan 2015–2019 supports Council to work in a new integrated way across all of its departments to implement the actions outlined in the HAP.

Each action outlined in the Service Delivery Plan has a delegated Council Officer (General Manager, Director, Manager, Team Leader or Officer) responsible for managing and monitoring its implementation.

Monitoring of the Plan will include an annual review undertaken in consultation with the Seniors Council and reported to Council.



Measuring the Service Delivery Plan's success

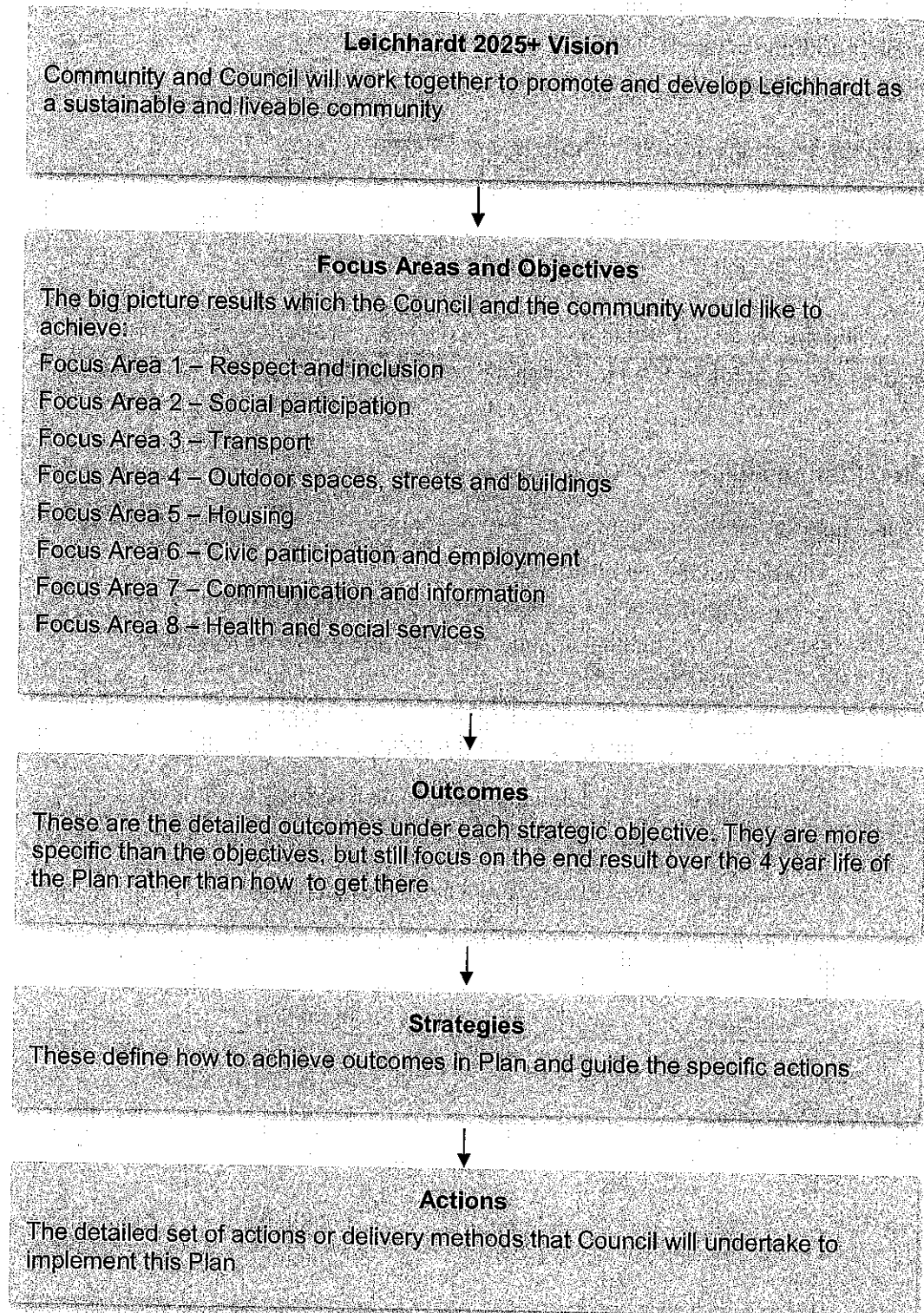
Council will measure how well the overall implementation of the Plan has been achieved by:

- The number of key tasks undertaken/implemented within the agreed timeframe
- The number of public awareness initiatives undertaken to promote greater understanding of the needs and contributions of older people
- The number of dementia friendly measures undertaken/implemented
- Increased level of participation of older people in Council's programs

2.2 How the Service Delivery Plan works

Focus Areas and Objectives: the Service Delivery Plan's framework

The table below shows the planning framework for the development of the actions.



When the Service Delivery Plan is finalised and adopted each Objective will have:

- Outcomes (shown in Table 8)
- Strategies and Actions (detailed in Table 8 of this Service Delivery Plan)
- Priorities defined for each action
- The Council Officer responsible for each action;
- The financial impacts on Council's corporate budget
- Implementation years over the four-year period 2015/16 to 2018/19.

2.3 Resourcing the Service Delivery Plan

Background

The next section of the Service Delivery Plan includes detailed strategies and actions for Council to implement to achieve the HAP service delivery plan outcomes for the next four years.

Key to the Action Plan tables

KEY	PRIORITY
1	Highest priority – items that are: <ul style="list-style-type: none"> • essential to the successful implementation the Plan • vital to the implementation of key integral ideas emerging through the Plan
2	Very important – items that local government, other agencies, and community partners need to maintain or implement
3	Important –important items that need to be addressed over time
KEY	\$ IMPACT
Nil additional	The action does not impact Council's corporate budget
TBD	To be determined – further research is required to establish the costs involved
\$ pa	Per annum – an ongoing action with a regular annual cost
\$	The total cost of a one-off project with a fixed timeframe

Table 10: Key to the Action Plan tables

Part 3: Service Delivery Plan

3.1 Respect and inclusion

About this Focus Area

Older people have much wisdom, history, culture, skills and knowledge which can be shared. However older people can also experience negative attitudes and a sense of being "invisible". Lack of connection between the generations can lead to ageism. Lower incomes of older people can also have a negative impact on their inclusion.

OBJECTIVES

- 1.1: Older people are valued and there is public recognition of their contribution
- 1.2: Older people are listened to and respected by the community
- 1.3: Intergenerational activities are undertaken
- 1.4: The community helps its older citizens
- 1.5: Older citizens help the community
- 1.6: Independent planning and reporting frameworks champion respect and inclusion

OBJECTIVE 1.1: Older people are valued and there is public recognition of their contribution

Outcome: That older people have a sense of being valued and there is public recognition of their contribution

Strategy 1.1.1: To raise awareness of issues relating to ageing among the general community, local businesses and service organisations

Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
1 Council states and promotes its commitment that an accessible, inclusive and engaged community is healthy for people of all ages and stages of life.	1	General Manager	Nil additional	x	x	x	x

Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
2(DF) Council to present an annual forum on key issues relating to ageing and dementia awareness, for example planning ahead, caring for someone with dementia.	1	Community Development Officer, Ageing, Disability and Social Inclusion	\$5000pa unfunded	x	x	x	x
3 (DF) Council to deliver annual information targeted to the local business community and service organisations relating to customer service and ageing eg general dementia awareness, accessibility to business spaces, communicating with someone with dementia, creative ways to provide a service to someone with an age related disability.	2	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional-\$1000pa from existing Activity-Ageing and Disability	x	x	x	x
4 (DF) Develop programs/activities around key awareness campaigns in partnership with key stakeholders (e.g. Seniors Week, Carers Week, Dementia Awareness Week, NSW Grandparents Day).	1	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional-\$5000pa from existing Activity-Ageing and Disability	x	x	x	x
5 Apply annually for seniors week and other grants to acknowledge the skills, culture and wisdom of older people	2	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x	x	x	x

Action		Priority	Program Leader	\$ Impact	Implementation year				
					2015/16	2016/17	2017/18	2018/19	
6	Promote Council's demographic data to local businesses to assist them in their business planning and operation regarding service to older people.	3	Economic Development Officer	Nil additional	x	x	x	x	
7	Initiate a sub-regional forum investigating and responding to food security in relation to access to nutritious food and food aid	2	General Manager	\$5,000 unfunded		x			
8	Provide inductions (and updates as required) on the HAP and age friendly initiatives to each of Council's committees.	2	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x	x	x	x	
9	Provide an induction (and updates as required) on the HAP and age friendly initiatives to key staff across the organisation	2	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x	x	x	x	
10	Develop and implement an advocacy plan – commencing with letters and the like and then expanding over time to include other partners so as to promote affordable phone and technology costs for seniors	3	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x	x	x	x	
11	Building on actions to date, expand our endeavours to include other partners, in order to promote to State and Federal Governments the: <ul style="list-style-type: none"> Increasing incidence of ageing carers looking after their adult children with disabilities Need for strategies to address the particular long term needs of these families 	2	Group Manager, Community and Cultural Services	Nil additional	x	x	x	x	

Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
12	1	General Manager	\$35,000, unfunded, due to anticipate withdrawal of state and federal govt funding		x	x	x
13	2	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x		x	x

Strategy 1.1.2: To acknowledge publicly the contribution of older members of the community							
Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
1	3	Community Engagement Officer	Nil additional	x		x	x
2	2	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x		x	x

OBJECTIVE 1.2: Older people are listened to and respected by the community

Outcome: That older people are listened to and respected by the community

Strategy 1.2.1: To encourage and support people who are ageing to fully contribute to the process of making the community age-friendly

Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
1 Trial a "Healthy Ageing Ideas Box" on the home page/seniors page of the Council's website	2	Web coordinator	Nil additional	X			
2 Consider rotating invitations to contribute to aspects of healthy ageing on the home page of Council's website to give them prominence e.g. oral history, suggestions box, existing seniors programs/activities and provide non-web-based opportunities for seniors to contribute ideas	2	Web coordinator	Nil additional	X			
3 Explore a social media page for the Hannaford Centre facilitated by the Seniors Council promotions sub-committee	2	Seniors Council promotions sub-committee	Nil additional	X			

OBJECTIVE 1.3: Intergenerational activities are undertaken

Outcome: That intergenerational activities are undertaken in the community

Strategy 1.3.1: To build linkages between younger and older citizens

Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
1 Pilot an intergenerational sports activity day within the	2	Manager, Leichhardt Pool and Aquatic	\$3,000,		X		

	Leichhardt Park and Aquatic centre.		Centre	unfunded					
2	Explore options and initiate activities that involve younger people supporting older people to learn a new skill eg Smart device training.	3	Community Development Officer, Ageing, Disability and Social Inclusion	\$1,000, unfunded	x				
3	Leichhardt Youth Council to develop ideas for intergenerational activities in collaboration with Seniors Council and initiate one activity each year.	2	Community Development Officer, Youth Services	\$1,500pa, unfunded	x	x			x
4	Provide opportunities to support older people to engage with younger people through mentoring programs – eg Leichhardt Council's Linked In Mentoring Program, www.raise.org.au - The Youth Mentoring Foundation.	2	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x	x			x
5	Provide linkages to local volunteer opportunities for older people to engage with younger people with learning difficulties – eg reading groups, reading in schools	3	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x	x			x
6	Pilot mechanisms to promote neighbourhood-level seniors hosted afternoon/morning teas	3	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x	x			x
7	Engage young people in video/writing project interviewing seniors. The documentation to be used for promotion eg Seniors page on website, Hannaford Centre activity promotion.	2	Community Development Officer, Ageing, Disability and Social Inclusion	\$3,000 unfunded	x				
8	Encourage participation in the Leichhardt Council's Reconciliation Action Plan intergenerational stories project	2	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x				

			Social Inclusion						
9	Promote Council support for neighbourhood level gatherings eg traffic support for street parties, park bookings	2	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x	x	x	x	

OBJECTIVE 1.4: The community helps its older citizens

Outcome: That the community helps its older citizens

Strategy 1.4.1: To promote opportunities for the general community to engage in activities that provide practical assistance to older people

Action	Priority	Program Leader	\$ Impact	Implementation year				
				2015/16	2016/17	2017/18	2018/19	
1	1	Seniors Council	Nil additional, \$1,500 from existing Activity-Ageing and Disability			x		
2	1	Community Engagement Officer	Nil additional	x				
3	2	Manager, Library Services	Nil additional, funded	x	x			

				existing Activity- Information Services Team Salaries				
4	Pilot a program to strengthen and support activities that increase social interaction through home visiting and advise benefits and costs associated with further program implementation	1	Community Development Officer, Ageing, Disability and Social Inclusion	\$5,000, unfunded	x	x	x	
Strategy 1.4.2: To assist in overcoming elder abuse								
	Action	Priority	Program Leader	\$ Impact	Implementation year			
1	Provide information about and links to the elder abuse hotline on the Council website to assist prevention and advocacy for the rights of older people	1	Web coordinator	Nil additional				

OBJECTIVE 1.5: Older citizens help the community

Outcome: That there are opportunities for older citizens to help the community

Strategy 1.5.1: To promote opportunities for older people to engage in activities that provide assistance to the general community

				\$ Impact	Implementation year	Implementation year	Implementation year	
	Action	Priority	Program Leader	\$ Impact	2015/16	2016/17	2017/18	2018/19
1	Explore the idea of linking to practical exchange systems which allows older people to exchange skills in return for other support with other members of the community, both young and old	3	Community Development Officer, Ageing, Disability and Social Inclusion,	Nil additional		x		

OBJECTIVE 1.6: Integrated planning and reporting frameworks champion respect and inclusion

Outcome: Council's integrated planning and reporting processes demonstrate leading practice age-friendly advice and support

Strategy 1.6.1: To embed age friendliness as a foundation principle in Council planning and operations

Action	Priority	Program Leader	\$ Impact	2015/16	2016/17	2017/18	2018/19
1 Develop and implement a program of organisational 'champions' located in each division and in key work areas across the organisation, to provide 'age friendly' advice and support to staff on matters such as the: <ul style="list-style-type: none"> • Development and implementation of new services • Design and construction of new facilities • Development and review of Strategic Service Plans 	1	General Manager	Nil additional	x	x	x	x

3.2 Social participation

About this Focus Area

Social participation and social support are strongly connected to good health and wellbeing throughout life – the ability for older people to continue participating in leisure, social, cultural and spiritual activities in the community means that they can continue to exercise their competence, enjoy respect and esteem, establish and maintain supportive relationships, and stay informed and connected.

OBJECTIVES

2.1: Older people pursue educational, cultural, recreational and spiritual activities

2.2: Activities and events in the community are inclusive of older people

2.3: There are activities and events in the community targeted for older people

OBJECTIVE 2.1: Older people pursue educational, cultural recreational and spiritual activities

Outcome: That older people pursue educational, cultural, recreational and spiritual activities

Strategy 2.1.1: Promote Council events and activities that are targeted at older people through local Aged Care Facilities

Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
Liaise with aged care providers (and residents' committees as appropriate) to encourage residents to participate in Council run activities.	3	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x	x	x	x

Strategy 2.1.2: Encourage local community groups to engage and include older people in their activities

Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
Explore expanding the U3A program beyond the Hannaford Centre to other community centres and Balmain Library	3	Community Facilities Operations Leader	Nil additional	x	x		
Explore community interest in the establishment of a "Waverton Hub" type organisation to be supported by Council and report on benefits and resources required to operate	1	Seniors Council	\$1,500 unfunded	x	x		

OBJECTIVE 2.2: Activities and events in the community are inclusive of older people

Outcome: That activities and events in the community are inclusive of older people

Strategy 2.2.1: Encourage older people to participate in Council events and activities

Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
1 Consider a discount for eligible seniors on Council recreational activities and events which have a charge	2	Director, Corporate and Information Services	TBD	x	x	x	x
2 Consider the time of day of Council events and associated transport arrangements to encourage participation by older people, including holding consultation events during the daytime	2	Community Events Officer	Nil additional	x	x	x	x
3 Ensure age-friendly accessibility is covered in events checklists	2	Community Events Officer	Nil additional	x	x	x	x

OBJECTIVE 2.3: There are activities and events in the community targeted for older people

Outcome: That there are activities and events in the community that are targeted for older people

Strategy 2.3.1: To promote recreational activities that are targeted for older people

Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
1 Scope and cost the governance and operation of a Men's Shed in the LGA	2	Community Development Officer, Ageing, Disability and	Nil additional	x			

	Action	Priority	Program Leader	\$ Impact	Implementation year			
					2015/16	2016/17	2017/18	2018/19
2	Introduce a Men's Shed within the LGA; explore potential sites to determine location	1	Men's Shed committee	\$6,000 set up from HAP implementation budget \$3,000pa facility costs. unfunded potential casual staffing \$45 per hour	x	x		
3	Undertake a community survey of older people in relation to their expectations and needs around recreational activities in the community.	2	Senior Parks and Open Space Planner	Nil additional	x		x	
4(D F)	Pilot with LPAC the option of holding concurrent classes for people with dementia and their carers	1	Manager, Leichhardt Pool and Aquatic Centre	\$3,000 from HAP implementation budget		x		
5	Scope and implement the establishment of a trial Age Friendly Precinct – based within and around an existing community facility such as the Hannaford Centre or the	1	Group Manager, Community and Cultural Services	\$15,000	x		x	x

	Action	Priority	Program Leader	\$ Impact	Implementation year			
					2015/16	2016/17	2017/18	2018/19
1	Organise an annual community information forum on planning ahead tools (e.g. Enduring Guardianship, Enduring Power of Attorney, Advance Health Care Directives and planning) and advertise it widely throughout the community.	2	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional, \$1,000pa from Activity – Ageing and Disability	x	x	x	
2	Promote information about planning ahead tools (e.g. Get It In Black and White campaign) and information on accessing a Justice of the Peace on the Council website.	2	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x			
3	Establish a library of Active Ageing specialist resource materials at the Hannaford Centre including the option of rotating resources from the Council library	3	Community Development Officer, Ageing, Disability and Social Inclusion, Library Manager, Library Services	Nil additional, \$1,000 from Activity – Ageing and Disability	x			

3.3 Transport

About this Focus Area

Transportation is a key facilitator of active ageing. Availability and affordability are two key factors.

OBJECTIVES

3.1: Transport is age-friendly, including affordable, reliable and frequent public transport, appropriate community transport, accessible taxis, good road infrastructure and adequate well located parking

OBJECTIVE 3.1: Transport is age friendly							
Outcome: Older people can access affordable, reliable and frequent public transport							
Strategy 3.1.1: Encourage the provision of age friendly public transport							
Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
1	2	Community Development Officer – Ageing, Disability and Social Inclusion	Nil additional	x	x	x	x

OBJECTIVE 3.2: Transport is accessible							
Outcome: There is appropriate community transport and accessible taxis							
Strategy 3.1.2: To promote and review community transport offerings							
Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
1	2	Community Facilities Operations Leader	Nil additional	x			

2	Evaluate the new community mini bus service route to identify any gaps in its ability to transport older people to community activities	2	Transport Planner	Nil additional	x	x		
3	Promote hire of the 20 seater accessible bus to community groups	2	Community Facilities Operations Leader	Nil additional	x	x		
4	Promote the mini bus for self-drive use for older residents for social and cultural outings	2	Community Facilities Operations Leader	Nil additional	x	x		x
5	Liaise with Marrickville Council and Leichhardt Marrickville Community Transport regarding expansion of service to support accessibility for committee meeting attendance	2	Community Development Officer – Ageing, Disability and Social Inclusion	Nil additional, \$1,000pa from Activity – Ageing and Disability	x	x		
6	Promote community transport options on Council's website	2	Community Development Officer – Ageing, Disability and Social Inclusion	Nil additional	x	x		

Outcome: There is good road infrastructure and adequate well located parking

Strategy 3.1.3: To provide an adequate level of accessible parking and effectively monitor usage

Action	Priority	Program Leader	\$ Impact	Implementation year				
				2015/16	2016/17	2017/18	2018/19	
1	Liaise with local shopping centres with private car parks to	3	Community	Nil	x	x		

	explore the possibility of seniors parking spaces		Development Officer, Ageing, Disability and Social Inclusion	additional				
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3.4 Outdoor spaces, streets and buildings

About this Focus Area

There are a broad-range of characteristics within the urban landscape that contribute to its age-friendliness, including: a pleasant and clean environment, well-maintained green spaces that provide outdoor seating for rest, well-maintained pathways, pedestrian crossings and cycle ways, and buildings with adequate ramps, lifts, signage and accessible toilets.

OBJECTIVES

- 4.1: The public environment is age friendly including outdoor seating, shade and shelter, pleasant parks and walkways, adequate lighting and public toilets
- 4.2: There are good footpaths and curbs, pedestrian friendly roads and accessible public buildings
- 4.3: Older people feel safe walking around

OBJECTIVE 4.1: The public environment is age friendly

Outcome: There is sufficient outdoor seating, shade and shelter to meet the needs of Leichhardt's older citizens.

Strategy 4.1.1: To ensure all public parks in Leichhardt LGA are age friendly

Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
For each Park Plan of Management ensure that the following features are accessible for seniors (where practical): <ul style="list-style-type: none"> • entry to the park and pathways 	2	Senior Parks and Open Space Planner	Included in budget for each Plan of	x	x	x	x

	Action	Priority	Program Leader	Management	Implementation year			
					2015/16	2016/17	2017/18	2018/19
2	<ul style="list-style-type: none"> sufficient seating (including covered seating and tables) adequate lighting accessible toilets way finding signage parking (external to most parks) 	2	Manager, Assets and Parks	\$35,000 in draft 2015/16 budget - Activity Roads and Structures	x	x	x	x
3(D F)	Investigate creating a public sensory garden and develop a budget proposal for the appropriate site	2	Senior Parks and Open Space Planner	\$30,000, unfunded			x	x
4	<p>Consider age-friendly provision in determining the use of existing Council empty buildings including:</p> <ul style="list-style-type: none"> leasing existing buildings in parks to be used as cafes providing a Men's Shed 	2	Manager, Property and Commercial Services	Cafes - \$600,000 in draft 2015/16 budget Activities Property Management Redevelopment and Tenanted Property for	x	x	x	x

				Elkington Park Caretaker's cottage. Other sites being investigated - TBD Men's Shed - see action 2.3.1.2					
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Strategy 4.1.2: To ensure public spaces are well lit and safe									
Action	Priority	Program Leader	\$ Impact	2015/16	2016/17	2017/18	2018/19		
1 Undertake an audit of all open space public toilets in the LGA, with particular attention to: o cleanliness and maintenance o adequate lighting o signage	2	Manager, Assets and Parks	Nil additional			x			

OBJECTIVE 4.2: There are good footpaths and curbs, pedestrian friendly roads and accessible public buildings									
Outcome: Footpaths, curbs and roads are pedestrian friendly									
Strategy 4.2.1: To progressively improve the age friendliness of the public environment for pedestrians									
Action	Priority	Program Leader	\$ Impact	Implementation year					

						2015/16	2016/17	2017/18	2018/19
1	Advocate to ensure flashing/don't walk display times on traffic crossings are age friendly	2	Manager, Traffic	Nil additional	x	x	x	x	x
2	Investigate indicative pavement marking where there are walking hazards or dangers and implement program over time	3	Manager, Assets and Parks	TBD - Tactile pavement included in Activity - Mainstreet Improvement Program	x	x	x	x	x
3	Continue to promote responsible dog ownership in relation to noise and shared paths	1	Senior Parks and Open Space Planner	From existing Plan of Management budgets	x	x	x	x	x
4	Investigate providing re-charging stations for scooters/electronic wheelchairs taking into consideration parking and environmental impacts	3	Community Development Officer - Ageing, Disability and Social Inclusion	TBD				x	x
5	Investigate increasing pedestrian crossing heights to match footpath heights to increase pedestrian safety taking into consideration cost and practicality impacts	2	Manager, Assets and Parks	\$208,750 in draft 2015/16 budget Activity - Traffic Contract Work			x	x	x
6	Investigate lowering traffic speed to increase pedestrian safety	2	Manager, Traffic	Nil additional			x	x	

OBJECTIVE 4.3: Older people feel safe walking around

Outcome:

Strategy 4.3.1: To ensure the adequacy and accessibility of signage within Council's domain

Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
1	2	Manager, Assets and Parks	Part of \$90,000 Activity – Way-finding strategy	x	x	x	x
2	2	Manager, Assets and Parks	Part of \$90,000 Activity – Way-finding strategy	x	x	x	x
3	2	Web Coordinator	Nil additional		x		
4	1	Strategic Transport Planner	Part of \$75,000 share the road budget	x	x	x	x
5	1	Strategic Transport Planner	\$1,300	x	x	x	x
6	1	Strategic	\$5,000		x		

concern				Transport Planner	unfunded			
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3.5 Housing

About this Focus Area

It is important that housing is well-located, affordable, has an accessible design, is flexible to meet the changing needs of its occupants as they age and can be easily maintained and modified.

OBJECTIVES

- 5.1: There are appropriate, affordable and well located housing options close to services and shops for older people
- 5.2: Housing design meets people's needs as they age

OBJECTIVE 5.1: There are appropriate, affordable and well located housing options close to services and shops for older people

Outcome: There is appropriate, affordable and well located housing options close to services and shops for older people		Implementation year			
Strategy 5.1.1: To investigate the availability of land that can be used for the construction of Aged Care Facilities and Retirement Villages		2015/16	2016/17	2017/18	2018/19
Action	Priority	Program Leader	\$ Impact		
1	2	Manager, Environment and Urban Planning	Nil additional	x	x

6	Showcase aids and appliances for independent living in partnership with the Independent Living Centre	2	Disability and Social Inclusion	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x							
7	Work with residents, neighbours and HACC service providers to explore the implementation of a program where older residents, their neighbours and Council work together to provide a 'bin to kerb' service for older residents, who for example have been referred to Council by HACC service providers	2	Manager, Works and Waste Management	Included in domestic waste labour budget	x	x	x	x					x
8	Encourage affordable housing providers to participate in and contribute to Leichhardt Council's Housing Policy development	2	Manager, Environment and Urban Planning	Nil additional	x	x	x						x

OBJECTIVE 5.2: Housing design meets people's needs as they age

Outcome

Strategy 5.2.1: To undertake a project to promote and encourage adaptable housing for people as they age

Action	Priority	Program Leader	\$ Impact	Implementation year				
				2015/16	2016/17	2017/18	2018/19	
Investigate providing incentives for development of innovative seniors housing in the LGA	2	Director, Environment and Community Management	TBD	x	x	x		

3.6 Civic participation and employment

About this Focus Area

An age friendly community provides options for older people to continue to contribute to their communities through paid or volunteer roles, public participation and involvement in the decision-making processes of Council.

OBJECTIVES

6.1: Older people who wish to can readily participate in paid work, volunteering activities community groups and council matters in decision-making

OBJECTIVE 6.1: Older people are included in civic participation and employment

Outcome: There is support for older people to participate in paid employment and voluntary roles

Strategy 6.1.1: To develop strategies to educate local business on the benefits of employing older people

Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
1 Promote stories about the achievements of older workers in the LGA on the Council website	3	Web Coordinator	Nil additional	x	x	x	
2 Council to develop a policy statement encouraging participation of older workers in all aspects of Council employment life	2	Manager, Employee Services	Nil additional		x		

Outcome: There is support for older people to participate in community groups							
Strategy 6.1.2: To promote volunteering and participation in community groups amongst older people							
Action	Priority	Program Leader	\$ Impact	2015/16	2016/17	2017/18	2018/19
1	2	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x	x	x	x
2	2	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x	x	x	x
3	2	Community Engagement Officer	Nil additional	x	x	x	x

Outcome: There is support for older people to participate in council matters and decision-making							
Strategy 6.1.3: To encourage and support people who are ageing to fully contribute to Council's decision-making process, consultation and advisory bodies							
Action	Priority	Program Leader	\$ Impact	2015/16	2016/17	2017/18	2018/19
1	2	Community Development Officer, Ageing,	Nil additional	x	x	x	x

2	Consult the Seniors Council in the next review of Council's Community Engagement Framework	2	Disability and Social Inclusion Community Engagement Officer	Nil additional	x	x	x	x		
3	Involve Seniors Council in the ongoing monitoring of the implementation of the Healthy Ageing Plan	2	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x	x	x	x		

3.7 Communication and information

About this Focus Area

Staying connected with activities and events and getting timely and practical information to meet an older person's needs is vital for active ageing. When communicating with older people, there is a need to disseminate information in a variety of ways so that it is easily accessible to their varying capabilities

OBJECTIVES

- 7.1: Council and community information is timely, easy to understand, easy to find, in a language which is understood and in accessible formats
- 7.2: The content of information and communication meets the needs of older people.

OBJECTIVE 7.1: Council and community information is timely, easy to understand, easy to find, in a language which is understood and in accessible formats

Outcome: Older people can access council information

Strategy 7.1.1: Council information is available in a variety of languages							
Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
1	2	Manager, Customer service and Corporate Planning	Nil additional	x	x	x	x

Strategy 7.1.2: Council information is available from a variety of sources							
	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
1	2	Promote community forums and consultations broadly (website, interagency groups, letterbox drops), with a particular emphasis on social media	Nil additional	x	x	x	x
2	2	Consider opportunities for "word-of-mouth" communication with older citizens	Nil additional	x	x	x	x
3	2	Maintain Hannaford Centre open days and consider frequency of at least once per annum	Nil additional	x	x	x	x
4	2	Foster relationships with local service providers, in order to provide information to residents and groups with special needs on services they can access	Nil additional	x	x	x	x

OBJECTIVE 7.2: The content of information and communication meets the needs of older people

Outcome: The communication needs of older people are identified

Strategy 7.2.1: To provide information in varied formats to suit the needs of seniors

Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
1	2	Web Coordinator	Nil additional	x	x	x	
2	2	Manager, Library	Nil additional	x	x	x	
3	2	Web Coordinator	Nil additional	x			
4	2	Web Coordinator	Nil additional	x			
5	2	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x	x	x	
6	1	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional	x	x	x	

3.8 Health and social services

About this Focus Area

Health and support services are vital to many older people to maintain their health and independence in the community.

OBJECTIVES

8.1: Older people living at home can access health and social services that they need

OBJECTIVE 8.1: Older people living at home can access health and social services that they need

Outcome: Older people know how to access health and community information

Strategy 8.1.1: To promote information on community and health services and eligibility criteria

Action	Priority	Program Leader	\$ Impact	Implementation year			
				2015/16	2016/17	2017/18	2018/19
1 (DF) Provide a link to the My Aged Care website (www.myagedcare.gov.au) on the Council website	2	Web Coordinator	Nil additional	x			
2 (DF) Host bi-annual information sessions on various aspects of health care and social services available to older people eg guest speaker from Aged Care Assessment Team, guest speak from Meditrax, understanding medications	2	Community Development Officer, Ageing, Disability and Social Inclusion	Nil additional, \$1,000pa from Activity – Ageing and	x	x	x	

3	Support older members, families and carers of the Lesbian, Gay, Bisexual, Transsexual, Queer and Intersex Community to identify and address health and wellbeing priorities as they grow older including the provision of current information regarding community and health services	1	Community Development Officer, Ageing, Disability and Social Inclusion	Disability	Nil additional	x	x	x	x				
4	Engage with service providers and the Leichhardt LGBTIQI Action Group to ensure services are appropriate to the needs of the older LGBTIQI community	1	Community Development Officer, Ageing, Disability and Social Inclusion	Disability	Nil additional	x	x	x	x				
5	Key Council staff to meet with Manager, Consumer and Community Participation from Sydney Local Health District on a regular basis to investigate opportunities for collaborative programs	1	Community Development Officer, Ageing, Disability and Social Inclusion	Disability	Nil additional	x	x	x	x				

Strategy 8.1.2: To ensure that older people have access to services that can promote healthy ageing

Action	Priority	Program Leader	\$ Impact	2015/16	2016/17	2017/18	2018/19
Promote health and fitness programs that encourage healthy ageing within the LGA, including promotion of current health and wellbeing programs at the Hannaford Centre	2	Hannaford Centre Coordinator	Nil additional	x	x	x	x
To investigate food aid provision in the LGA and potential partnerships for an inner west area agency such as Foodbank	2	General Manager	TBD		x		



Appendix 1

Relevant actions from the Leichhardt Access Plan (LAP)

LAP FOCUS AREA	STRATEGY	ACTION
Access to the built environment	1A.2: Ensure footpaths, roads and entrances to businesses are suitable for people with a disability	<p>1a. Review the PAMP data on accessibility of kerb ramps and foot path condition to identify priority improvements</p> <p>1b. Investigate the pedestrian crossing opportunities along Darling Street from Victoria Rd to Balmain East to ensure there are sufficient well-located crossings in place.</p> <p>4. Offer a program on how to use mobility scooters safely by linking with local mobility scooter providers.</p>
	1A.3 Provide an adequate level of accessible parking and effectively monitor usage	<p>1a. Undertake an audit of accessible parking spaces to confirm all public buildings and facilities are provided with an adequate number of spaces at a minimum according to the Disability (Access to Premises – Building) Standards 2010 (BCA) and to ensure there is at least one accessible parking space available to every location</p> <p>1b. Consider increasing the number of accessible parking spaces in the Leichhardt LGA by 15% above BCA standards</p> <p>3. Consider adopting the national guidelines for mobility parking to change from unlimited time to double the sign-posted time in Leichhardt LGA in line with the proposals of the City of Sydney.</p>
	1B:1 Undertake a project to promote and encourage adaptable housing	<p>1. Set up an internal working group to review Council's Development Assessment processes to better understand the access needs of residents in considering approvals for reasonable modifications to be made to properties.</p> <p>3. Through the Supported Living Reference Group, organise a seminar for local developers to showcase, raise awareness and educate about the benefits of affordable and adaptable housing in the LGA.</p>
	2A.1: To improve the Council's process of information dissemination and communication with all customers	<p>5a. Publicise and promote the use of the National Relay Service (NRS) (1300 555 727) for communication with customers who are deaf or hard of hearing.</p>
Information		

		5b. Book annual training for customer service staff to increase familiarity with the use of the NRS.
	2A.2 Promote availability of Council community services that support people with a disability and carers	3. Explore program options to foster greater neighbourhood connections and provision of practical support.
Services and programs	3A.1: Provide a waste collection service that all people can use	4. Provide an avenue to link together carers for mutual support building on current Carers Week initiatives and the advice of carers. 1. Investigate the insurance requirements needed to allow waste collection services to cross onto private property to collect the bins for those residents who are not able to put their bins onto the street and /or promote services such as "One Less Thing" which provide this support. 2. Investigate the option of light weight/easy to use wheelie bins and recycling bins for people who, because of their frailty or disability, cannot use the standard bin.
	3A.2: Ensure people with a disability and carers have the opportunity to use the services offered by Council	2. As opportunities arise, apply to the Commonwealth and State governments for additional funding to increase the capacity of the Home Maintenance and Modification Service and the Leichhardt Handyman and Gardening Service.
Parks and open spaces	Nil	
Employment and training	Nil	
Participation	Nil	
Advocacy/influence	Nil	
Transport	8A.2: Link other agencies/organisations to achieve increased access to transport	1. Liaise with transport providers, including community transport agencies, public and private transport across neighbouring LGAs to establish a network of transport that is seamless across council boundaries 3. Approach State Transport Authority NSW to increase the number and reliability of accessible buses that service the Leichhardt Council area.
	8.1.1> To ensure that people with a disability are able to use public transport	3. Continue to implement the recommendations identified in the Bus Stop Audit 2010



