

Strategic Plan Research 2024

Prepared for The Office of the Advocate for Children and Young People (ACYP) | September 2024

Background, objectives and context

Background and objectives

The Office of the Advocate for Children and Young People launched its second whole-of-government Plan for all children and young people in NSW in August 2024.

The Plan brings together initiatives undertaken across government under six core commitment areas:

- Hope for the future
- Love, connection and safety
- Health and wellbeing
- A good standard of living
- Environments for joy and fun
- Respect and acceptance

These pillars are shown in more detail on the next slide. The objectives of this research is to provide a robust and independent measure of the issues that underpin the pillars of its strategic plan. This includes measuring key metrics each year to track outcomes of children and young people across NSW.

Contextual considerations

When interpreting the results of this report it is important to consider the following contextual milestones for the 2024 wave of this survey:

- Ongoing cost of living and housing crisis, including inquiries into grocery prices at major supermarkets
- Outlawing importing, manufacturing and supplying vapes.
- 2024 Paris Olympics.
- Conflict between Israel and Palestine causing widespread protests around the country.
- Right to Disconnect laws came into effect.
- Local Council elections.
- Lead up to the US Election.
- Multiple data breaches from Ticketmaster, Optus and a significant outage from Microsoft

This report presents findings from the fourth wave of tracking research conducted in late August and early September of 2024 and tracking from 2021.

Methodology

Fieldwork and methodology

A 15-minute, self-complete online survey with 1,017 young people in NSW aged 10-24 years

The fieldwork period ran from 16 - 30 August 2024.

Participants were sourced via the Octopus Group research panel. Young people aged 14-24 years were recruited directly from the panel. Those aged 10-13 years were recruited from the panel via their parents.

All participants who completed the survey received an incentive payment commensurate with the source panel's usual protocols.

Other methodological notes:

- Survey questions and sample sizes are shown at the bottom of each page.
- Results may not always total 100% due to rounding or multipleresponse questions.
- To ensure data reliability, results are typically only shown when the sample size is at least n=30.

Sample design

Quota targets were set to provide a good cross section of children and young people across demographic subgroups.

Cell weighting was applied to the sample to match population benchmarks (ABS Census) for age, gender, location, CALD and First Nations status.

The table below shows (unweighted) sample sizes by subgroup and the associated margin of error (at a 95% confidence interval).

	n=	MoE %
Total	1,010	3.1
Males	506	4.4
Females	504	4.4
Age 10-17	501	4.4
Age 18-24	509	4.3
Greater Sydney	706	3.7
Rest of NSW	304	5.6
Rest of NSW	304	5

Sexual consent

Information sources for respectful relationships

Social media has become the primary source of learning about sexual consent (especially for females aged 18-24), closely followed by formal education and friends – although there appears to be a trend away from young people discussing consent with their friends.

Sources of information about sexual consent or respectful relationships (%)

		7	2023	2022	2021	
	Social media	45 —	42	45	48	Females aged
Aged 10-17: 5	0% Friend(s)	44	45	52	55	18-24: 54%
Sch	ool / University / TAFE / College	44	46	39	49	
Has a mental health condition: 53% Living in regional NSW: 44%	——— Your own experiences	37	34	43	41	
	Parent(s)	31	29	33	34	Females aged 10-17: 65%
Typing questions int	to a search engine (e.g. Google)	24	25	22	26	·
LGBTQIA+: 40% Females: 28%	TV shows / movies	23	20	25	24	
	Health websites	23	25	24	29	
A partner / person you a	re or were in a relationship with	21	24	30	32	
On	line forums (e.g. Reddit, Quora)	19 LGBTQIA+ : 33%	14	16	20	
	News on TV, radio, or online	17	18	20	22	
	Other family member(s)	13	14	14	18	
	GP / Medical professional	13	15	14	15	
Lifestyle media websites/apps (e.g. B	uzzfeed, Pedestrian.TV, Junkee)	12	11	14	14	
	Podcasts	8	10	19	12	
C	hurch / Religious group / leader	7	5	5	9	
Couns	ellor / therapist / support group	6	9	11	13	
	Pornography	5	9	6	8	
	Community leader	2	3	2	2	
	Nowhere	3	3	3	4	
		-				

Q23. Where do you get information about sexual consent or respectful relationships from?

Base: Those aged 16+ who agreed to answer questions on sexual consent (2024: n=521, 2023: n=551, 2022: n=569, 2021: n=543)

Consent and relationship information and role modelling

A majority of young people continue to feel they have enough information on sexual consent and respectful relationships. While they are still more likely to feel their peers have respectful relationships compared to the broader community, the gap is narrowing.





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Q24. Do you feel you have received sufficient information on sexual consent and respectful relationships?

Q25. Do you agree or disagree that people your age who you know have respectful romantic and sexual relationships?

Q26. Do you agree or disagree that people in the community (of any age) have respectful romantic and sexual relationships? Base: Those aged 16+ who agreed to answer questions on sexual consent (2024:n=521, 2023: n=551, 2022: n=569, 2021: n=542)



Sample profile UNWEIGHTED

Gender	%	n
Male	50	502
Female	49	499
A gender not listed here	0.89	9
Age		
10 - 13 years	20	199
14 - 15 years	15	152
16 - 17 years	15	150
18 - 20 years	18	184
21 - 24 years	32	325
Location		
Greater Sydney	70	706
Rest of NSW	30	304
Occupation		
Primary school	11	108
High school	40	404
TAFE or other VET training	7	67
University	21	217
Part time	11	110
Casual	11	112
Full time	16	162
Not working or studying	3	32

Do any of the following apply to you	%	n
In out of home care	1	7
Aboriginal and/or Torres Strait Islander	7	67
Speak a language other than English at home	18	185
Refugee or migrant who has arrived in Australia in the last 5 years	1	12
LGBTIQA+	8	81
Have been given a warning or caution by police (other than for minor traffic offences	2	16
Have been arrested by police	1	6
Have been detained in a juvenile justice centre	0	2
Young parent	10	96
Experiencing financial difficulty	18	181
Disability status		
Physical disability	1	12
Chronic / ongoing illness	4	36
Visual disability	2	18
Hearing disability	0.4	4
Mental illness	14	142
Autism	5	48
Intellectual disability	1	9
Learning disability	4	39
Other disability	1	13
Dependence status		
Dependent	81	817
Independent	19	193



Contact

SEC Newgate Australia Pty Ltd ABN 38 162 366 056 Level 15, 167 Macquarie Street Sydney NSW 2000 T +61 2 9232 9500

E: sydney@secnewgate.com.au W: secnewgate.com.au

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