# the gist.

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## The Gist: a resource for Pornography, Sex, and Relationship Education







#### **The Gist**

- Website and education program
- Goes beyond the simple message that "porn is fake"
- Provides alternative information about sex, relationships, and pornography
- Designed with and for young people in alternative education or experiencing marginalisation







Website

In person lessons

### Designed by a team of:

- · Young people
- · Sexual health experts
- · Youth workers
- Educators
- · Digital designers



#### **Results: Program Evaluation**



Knowledge about sex and relationships demonstrated a statistically significant increase from pre- to post-program



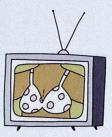
Content was seen as highly relevant to the sexual health needs of students, and inclusive of diverse gender identities and sexual orientations



High level of acceptability from young people and educators

'They were definitely tuned in... and we had lots of relevant conversation that followed" - Teacher





'I found it helpful because I learned things that I did not know" - Student



'The majority of our kids are visual learners, so they appreciated the mix of talking and being able to watch things." - Teacher

We are currently seeking funding for further implementation and evaluation

Date: 27/ 3 / 25
Resolved to publish Yes / No