

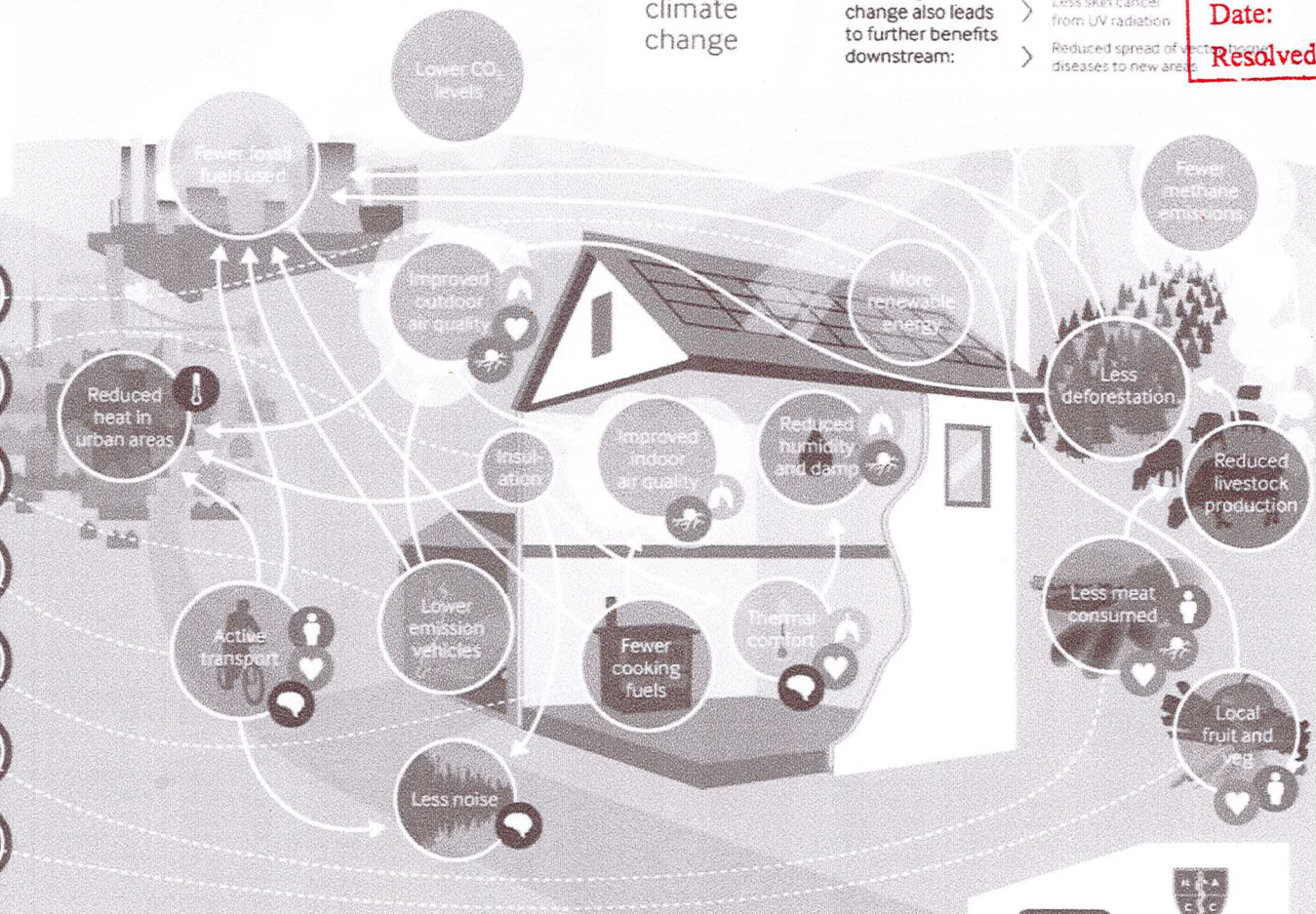
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Health and climate: co-benefits

Example interventions

These interventions have benefits both for health and for reducing climate change (also known as *mitigation*)

- Produce more renewable energy
- Improve insulation in homes
- Encourage use of lower emission vehicles
- Promote active transport
- Reduce solid fuels used for cooking
- Less food from animal sources
- Encourage locally produced fruit and veg



Reduced climate change

Indirect benefits
 Reducing climate change also leads to further benefits downstream:

- > Fewer deaths and injuries from extreme weather events
- > Less skin cancer from UV radiation
- > Reduced spread of vector-borne diseases to new areas

Health benefits	Better mental health	Fewer deaths from extreme heat	Less cardiovascular disease	Less respiratory disease	Lower rates of cancer	Lower rates of obesity

thebmj

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