

In response to a question taken on notice, please find below additional information for the Committee regarding geographical examples of models of integrated care.

- One Door Mental Health operates Primary Integrated Care Supports (PICS) in the Central and Eastern Sydney Primary Health Network region. PICS pairs people with serious and persistent mental illness with mental health nurses who work closely with peer workers. Together they develop co-ordinated plans for medical and physical health management while living in the community. Referrals can be made by GPs, psychiatrists, mental health and community services and other clinicians ([https://cesphn.org.au/wp-content/uploads/2022/09/PICS - One Door Flyer 2021 FINAL.pdf](https://cesphn.org.au/wp-content/uploads/2022/09/PICS_-_One_Door_Flyer_2021_FINAL.pdf)).
- Uniting operates an integrated primary care service within the Hornsby GP Unit and the Bungee Bidjel Aboriginal Health Clinic. This is a good example of the integration of physical and mental health care within general practice (<https://www.nslhd.health.nsw.gov.au/hkhgpunit/Pages/default.aspx>). The initial pilot was funded by Northern Sydney Primary Health Network (Sydney North Health Network).
- Head to Health connects people to mental health assessments, services and supports, providing holistic collaborative care and involving GP or other health care providers according to the individual's needs and preferences. Multidisciplinary teams offer advice and support via phone, in centres, in 'satellites' embedded into existing primary care settings and pop-up clinics. In NSW there are centres in Penrith, Liverpool, Parramatta, Canterbury, Hawkesbury, Tuggerah, Warners Bay, Cessnock, Lismore and Shellharbour (<https://www.headtohealth.gov.au/head-to-health-services>).