

## 5 Resources for validated Birth Trauma Scales

- City Birth Trauma Scale (this is the one I adopted and used in the Formal Debriefing Clinic)
- TIP Treatment Improvement Protocol (I liked this one but didn't proceed with it after I started using the CBTS)
- Both PANDA and COPE also have assessment tools/ screens they use. I didn't use these as after a2 years of doing debriefing I found that the CBTS was the most sensitive and derived the best data
- [Healthcare professionals' behavior, skills, knowledge and attitudes on evidence-based health practice: a protocol of cross-sectional study.](#)
  - Mariano AS, Souza NM, Cavaco A, Lopes LC. *BMJ Open*. 2018 Jun 4;8(6):e018400. doi: 10.1136/bmjopen-2017-018400. PMID: 29866718 [Free PMC article](#). 2019 Sep 9;4(5):e215.
- doi: 10.1097/pq9.0000000000000215.eCollection 2019 Sep-Oct.

Becoming Trauma Informed: Validating a Tool to Assess Health Professional's Knowledge, Attitude, and Practice

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