

COMMUNITY SAFETY IN REGIONAL AND RURAL COMMUNITIES

Organisation: One Vision Productions Pty Ltd

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Over the last decade of working closely with young people in the Northern Rivers One Vision Productions has noticed a stark decline in the overall mental health of our youth. We have seen a marked increase in issues including self harm, addiction, violence, and suicidal ideation. This has been compounded by the effects of the 2017/2022 floods, 2019 bushfires and 2020 pandemic, and is reflected in the annual HILDA survey that shows psychological distress among 15-24 year olds more than doubled between 2011 and 2022. Additionally, the rate of self-harm hospitalisations among 15-24 year olds in Northern NSW is alarmingly higher than the state average, highlighting the severity of the mental health challenges faced by youth in the region.

During the same period gaps in mental health services for rural and regional youth have widened, with the NSW Mental Health Alliance describing the system as being in 'Constant state of crisis'.

Young people are disproportionately affected by trauma, are less likely than any other age group to seek professional help, and there is an absence of dedicated, youth-friendly services that prioritise them.

The effects of the mental health crisis have also shown up in the increase in youth crime across the area. It is no surprise to us that young people are acting out their trauma, resulting in a surge in certain types of youth crime (car theft, break and enter, 'post and boast').

Our young people are some of our most vulnerable citizens, and they represent our future. Harsher penalties are not the answer. Instead the cause of youth crime (poverty, trauma, mental health crisis, addiction, family violence) need to be systemically addressed and we as adults must step up and care for our young people during one of the most vulnerable parts of their lives. Our children are our future leaders and elders - by supporting them we support the health and wellbeing of our entire community, and our community is calling out for evidence-based solutions that focus on early intervention and prevention, and that help young people make positive choices and stay out of the justice system

The pressing need for accessible and effective mental health support for young people in regional NSW is evident from the alarming rise in mental health issues, increase in youth crime rates and the lack of adequate services. The local evidence underscores the urgency of addressing this crisis to prevent further harm to our young people and our whole community.



onevision
PRODUCTIONS

Change the Track

= MENTORING PROGRAM =

Reducing crime, one life at a time.

*Innovative, inclusive approach
to youth justice.*



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GET IN TOUCH



+61 (02) 6685 5024



[Redacted email address]



One Vision Productions Creative Hub,

[Redacted address]

1. Change The Track



What we do

One Vision Productions (OVP) helps young use culture, community and connection as the basis for lifelong change. Too often young offenders have not received early support and positive role modelling. OVP matches young people at-risk of offending, or already in contact with the criminal justice system with inspiring mentors.

Focussing on strengths

Each young person has different learning styles, strengths and goals. Our approach maximises a young persons ability to change. This facilitates high rates of engagement increase self-esteem and positive life aspirations.

Change the Track helps young offenders visualise a better future.

“At present a mere 1% of youth justice investment is allocated to early intervention programs and only 3% to court based diversion and restorative justice.”

Youth Justice Review 2017

“We help young people achieve their aspirations, by listening to them, empowering them and investing for their future.”

OVP Funder, Mark Robertson.



Why we are different

Change the Track offers an inclusive and consultative way of supporting young people, using their passions and interests as the basis for change. Too often, services are created without consultation with the young person – leading to programs that don't engage or inspire youth. OVP case workers and mentors have the skills and resources to help youth deal with issues relating to family, education, justice, drugs and alcohol, mental health and other issues, to ensure youth receive tailored and flexible support and choose positive life pathways.

How it works

Young offenders, and those at risk of offending have complex stories. OVP uses an integrated approach with a range of services working together to provide holistic support that focuses on the future and the life aspirations of the individual.

OVP psychologist, Megs Perkins specialises in working with offenders from diverse backgrounds. She will conduct thorough assessment of a young persons criminogenic risks and needs, and develop a case plan that identifies the interventions that target these risks and needs. Each plan

will be tailored to the needs of the individual and delivered in a flexible format against specific measurable objectives. Youth are then matched with mentors who closely align with the young persons passion, interest or aspirations. Whether a young person wants to pursue music, film production or motor mechanics – we connect youth with a qualified youth mentor who is a leader in their chosen field. This connection based on mutual interests and respect, allows a trust relationship to develop. It also creates an important connection back to community.

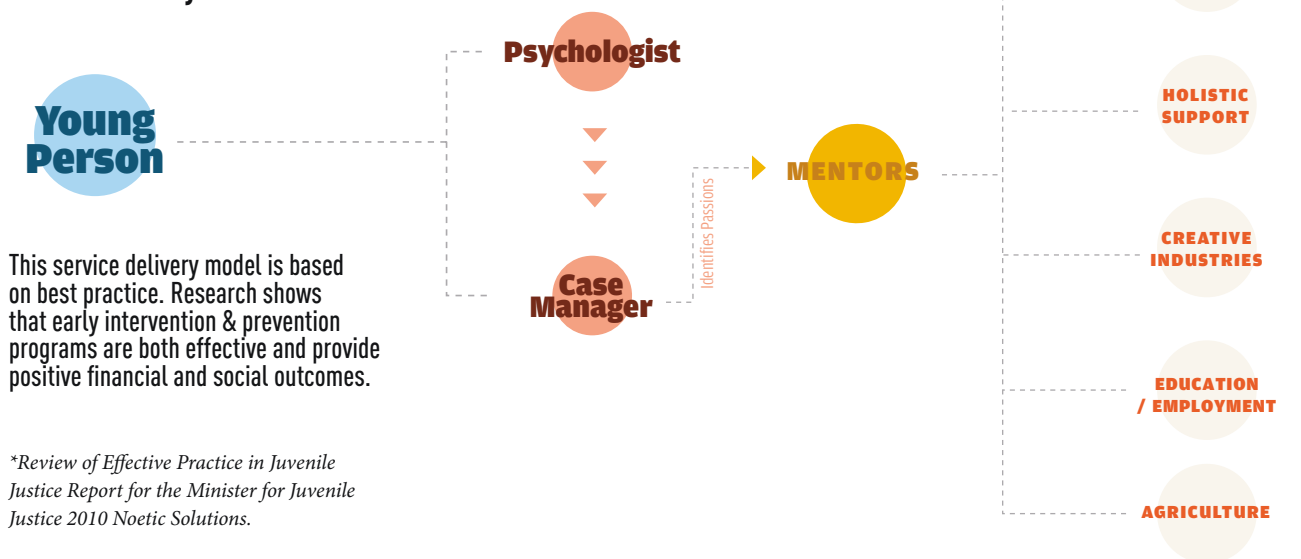
We work alongside young people to help them to overcome the barriers in front of them – barriers that alone, sometimes must seem insurmountable. For young person whose experience is isolation and disconnection,

Change the Track not only aims to reduce offending but to improve the social outcomes for young people and their families.

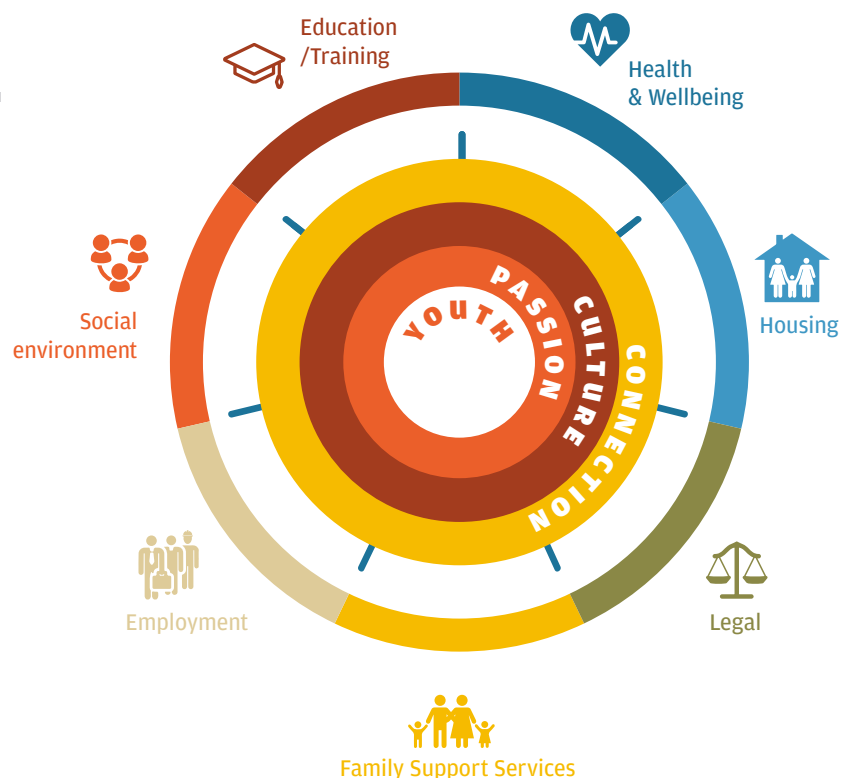
this supportive relationship can be life changing.

By acting early, igniting passion and encouraging aspirations, **Change the Track** provides opportunities for vulnerable youth to realise their full potential.

Service delivery model



We work within a network of services to ensure youth access comprehensive and holistic support. Change the Track enables youth to address the issues that contribute to offending.



2. A Broken Track

Our current youth justice system is not working.



Australia has high youth offending and recidivism rates, and disproportionate number of Indigenous people in the justice system. There is an urgent need for a new approach to juvenile justice.

Involvement with the juvenile justice system not only increases the likelihood of further juvenile offending, but it increases the probability that a young person will continue to commit more serious crimes into adulthood.

In general, the younger people were when they were released from sentenced community-based supervision,

the more likely they were to return to sentenced supervision within 6 and 12 months. Within 12 months, 62% of those aged 10–12 when released from sentenced community-based supervision had returned to sentenced supervision, compared with 39% for those who were aged 16 when they were released.¹

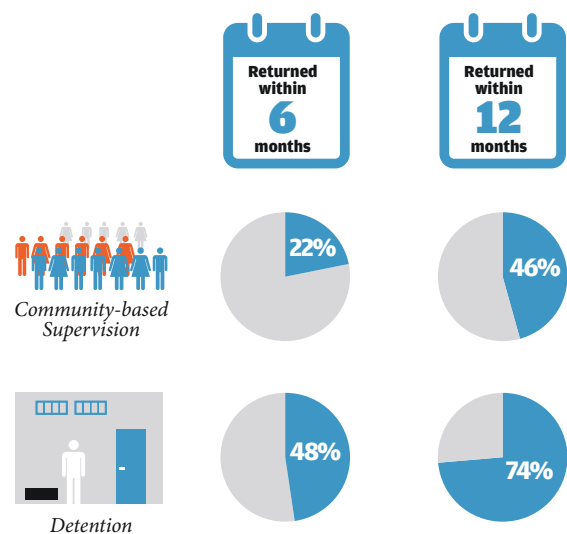
Change the Track is a targeted early intervention/prevention mentoring program, designed to empower youth aimed at 10–21 year olds to be active agents of change in their lives.

FOR YOUNG PEOPLE AGED 10–16 UPON RELEASE IN 2014–15

22% of those released from sentenced community-based supervision returned to sentenced supervision within 6 months, and another 23% returned within 12 months (a total of 46% returning within 12 months)

48% of those released from sentenced detention returned to sentenced supervision within 6 months, and another 26% returned within 12 months (a total of 74% returning within 12 months).

* Australian Institute for Health and Welfare. Young people returning to sentenced youth justice supervision 2015–16



¹ Productivity Commission Productivity Commission REPORT ON GOVERNMENT SERVICES 2017 Youth Justice Services.

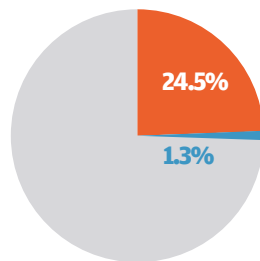
3. Indigenous Offending

▶ *Indigenous people are over represented in our justice system. This shows that the current system is failing to address the specific needs of Indigenous youth.*

In December 2017, almost half of young people both in detention and on community supervision in NSW were Indigenous. By the time they reach the age of 23, 24.5% of NSW Indigenous population have already been either remanded in custody, placed in youth detention centre or given a prison sentence, compared with 1.3% of non Indigenous population.

FACT

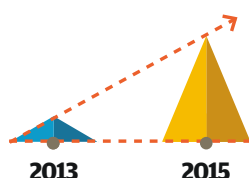
By the age of 23, more than 24.5% of Indigenous youth in NSW have been in contact with the justice system, compared to 1.3% of non Indigenous.



- NSW Indigenous population.
- NSW Non Indigenous population.

* BOSCAR report NSW Bureau of Crime

In NSW over 2013-2015 there was a 25% increase in Aboriginal and Torres Strait Islander incarceration rates.



25% increase in Aboriginal and Torres Strait Islander incarceration rates.

* Youth (age 23) in detention and on community supervision from NSW - December 2017. (BOSCAR Report).

Change the Track helps Indigenous young offenders regain connection to culture, and harness the strength that a strong Indigenous identity and sense of belonging has on capacity for change.

OVP employs indigenous mentors, which creates a strong mentor relationship. We work with the Indigenous community, Elders and organisations to provide culturally relevant interventions

“JALI fully supports OVP’s aspiration to grow, empower and strengthen local youth, and we believe this aspirational thinking embodies the concept of Indigenous Reconciliation through the Arts. [OVP has worked on] a range of projects that have collaborated with Aboriginal communities across Bundjalung Country – the Northern Rivers NSW, and I have seen first hand the positive impact on elders, parents and families when their young people shine in the Arts.”

Mik Smith JALI Land Council CEO.

Did you Know?

INDIGENOUS YOUNG PEOPLE ARE 28 TIMES MORE LIKELY TO BE PLACED IN JUVENILE PRISON THAN NON-INDIGENOUS YOUTH.

NON INDIGENOUS

INDIGENOUS

Using cultural activities as the basis for change builds connection for youth to their kin and culture, and is an essential component of ensuring their emotional, physical and cultural wellbeing.

4. Early Intervention & Prevention

Research shows the most effective way to create safe communities is to:

- Prevent at risk youth from offending.
- Provide early intervention for young people at first contact with the justice system.
- Ensure youth in detention are equipped with the skills they need to reintegrate into the community.

Change the Track is a framework based on international reviews of successful international approaches. These all note that:

- Positive role modelling improves self esteem, confidence and self efficacy.
- Education is at the heart of the program.
- Activities within the community are a key aspect.
- Offenders are assigned mentors who work with them for up to two years.

Youth have long term support to help them address risk factors, access integrated support services and create a tailored plan based on their individual needs and passions. The Children's Commissioner at the Australian Human Right Commission has called for programs that give young people the opportunity to be proactive participants in the decisions that affect them today, and into the future, rather than passive recipients of justice and care services.

Change the Track puts young people at the centre. This program gives young people a voice, empowering them to drive change and an opportunity to thrive.

The Opportunity to Thrive

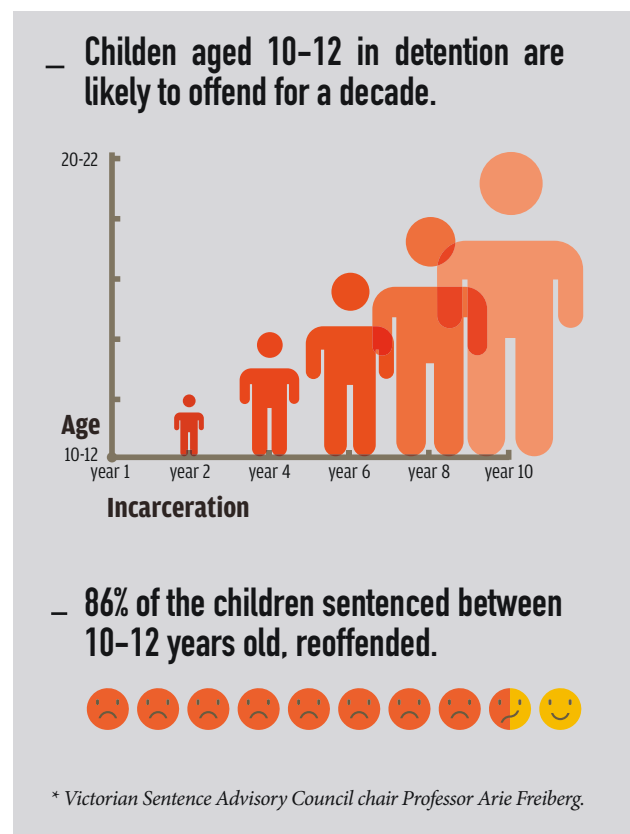
Young people exhibiting risk behaviours known to increase the likelihood of offending (such as disengagement from education) need tailored prevention programs.

A one-size-fits-all solution does not work. Nor does early contact with the justice system.

Most young offenders have complex stories; often including

trauma, disadvantage and disconnect. A punitive justice system compounds this sense of disconnection, and can increase both the volume and length of their criminal behaviour.¹

"Being sentenced between the ages of 10 and 12 led to a decade of crime for most young people." (Victorian Sentence Advisory Council chair Professor Arie Freiberg)



Punitive approaches have a high social and financial cost. Prevention and early intervention programs are more effective than punitive approaches to juvenile justice. Justice Reinvestment supports this approach by investing money that would have been spent on detention, and law and order, into programs and supports that are more effective at preventing juvenile crime.

These approaches recognise the multiple risk factors that can make a young person offend, and are tailored to meet the needs of the individual and the community.

Change the Track is a youth mentoring program that recognises where young offenders come from and why their stories matter.

¹ NSW Department Juvenile Justice, NSW Young Persons in Custody Health Survey, Key Findings Report 2003

5. Factors that contribute to offending

1. Trauma

Experiences of early neglect, abuse and trauma are common among people who become entrenched in the criminal justice system.¹

In 2009, 60% of young people in detention reported at least one form of childhood abuse or neglect.

Without strong family and social supports, young people who have experienced trauma are high risk of early offending.

Change the Track employs an Empowerment Model. Victimization often results in fear and hopelessness; youth need to experience a renewed sense of control over their lives. Our mentors work alongside young people, allowing them to drive their program with the support of a non judgemental role model and safe environment. For youth whose experience is one of neglect, abandonment and trauma, this support relationship has powerful results.²

“These people who have been through trauma, so it’s about creating a space where they won’t be re-traumatized.”

*2017 NCOSS Investing in Communities
Juvenile Justice conference*

“They experienced an intense sense of isolation, lack of social networks and support relationships. Incarcerating young people early increases this sense of disconnection.”

2017 Juvenile Justice NCOSS Conference.

Elements that contribute to offending



| 2. Mental

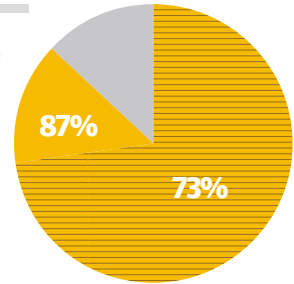
The prevalence of cognitive and mental health impairment among young offenders is high.

Change the Track links young people in with mental health services, and provides a vital sense of connection and belonging. Disconnection was an overwhelming theme at Mental Health Commission into Youth Detention Conference 2017.

Ensuring young offenders get the help they need at the earliest opportunity also helps to reduce the number of people entering the criminal justice system. Programs that provide this intensive support is also very cost effective, and can result in significant savings over the long term.¹

Over 87% of young people sentenced to detention have psychological disorders.

73% of them have at least 2 disorders.



1 in 10  **have attempted suicide at least once in their lives.**

* 2009 NSW Young People in Custody Health Survey Full Report.

/ Evidence of Success

One Vision Productions are known to be effective for youth with mental health issues.

An example of success is Katie's* story:

Katie has been in and out of home care, due to her parent's substance use and was exhibiting numerous risk behaviours – including self harming. Her OVP mentor helped her access support with Headspace and a psychologist, driving her to sessions. This enabled her to continue her mentoring, where she learned to express her emotions through lyrics and discovered a passion for song writing. By addressing her mental health and finding alternative ways of coping, Katie developed a strong sense of self-identity and has ceased self-harming

(*Name changed)

"Since working with OVP, I have been able to stop self harming. Now I write lyrics to express my feelings."

OVP Mentee, 2017.



"Mental Health needs to focus on creating connections and community. –where youth can find identity and belonging within community and culture."

OVP Founder Mark Roberson.

Tackling Substance Use

QUOTE: *"The youth are changing their own lives around, becoming fitter and stronger and striving to be the best person they can be. It is imperative that the youth be positively influence and we have found One Vision Productions an excellent way to engage them via this program."*

INTRA BUTTERY Drug & Alcohol Services

¹ NSW Mental Health Commission 2018

5. Factors that contribute to offending

| 3. Education

Many young offenders come from a background of severe social disadvantage, including a lack of support for education and employment, difficulty learning, or not fitting in to mainstream education. Factors including unstable or insecure housing, lack of positive role models and family conflict leads to poor engagement with education, and impacts employment prospects.

By addressing primary needs such as housing and mental health first, this program enables youth to fully engage in education. **Change the Track** provides opportunities for youth to discover topics of interest, foster passions and overcome learning barriers. OVP has proven success providing innovative educational programs to

connect disengaged youth in education. Our music, multi-media, and creative industries programs re-engage young people with learning in a fun environment. They also provide a gateway for further education and training.

We work with a range of employment and training agencies, educational institutions and local businesses to provide education and training pathways for young offenders.

A number of Australian and International studies have shown there is a strong relationship between school performance and rates of school retention, truancy and involvement in crime.

IN 2009, ONLY 25.2 % OF YOUTH IN DETENTION IN NSW, HAD COMPLETED YEAR 10

	Young Men		Young Women		Aboriginal		Non-Aboriginal		Total	
	n°	%	n°	%	n°	%	n°	%	n°	%
Year 7 or less	29	15.6	6	21.4	26	25.5	9	8.0	35	16.4
Year 8	22	11.8	9	32.1	15	14.7	16	14.3	31	14.5
Year 9	66	35.5	7	25.9	33	32.4	40	35.7	73	34.1
Year 10	48	25.8	6	21.4	22	21.6	32	28.6	54	25.2
Year 11	16	8.6	0	0.0	5	4.9	11	9.8	16	7.5
Year 12	5	2.7	0	0.0	1	1.0	4	3.6	5	2.3
Total	186	100.0	28	100.0	102	100.0	112	100.0	214	100.0

*2009 NSW Young People in Custody Health Survey Full Report

/ Evidence of Success

SAE PILOT PROGRAM

In 2016 OVP delivered a OVP Certificate III Music Industry for 10 Indigenous youth identified at risk of disengaging or who were already disengaged from education, displaying risk factors that contribute to youth offending. All participants had complex barriers to learning. Issues included mental illness, being in Out of Home Care and parents with substance issues. In addition to delivering the course, OVP provided intensive support that assisted students create effective strategies to overcome barriers. 80% of participants successfully completed the year long course, compared with the national average of 32%.

Two years later all graduates are either completing tertiary study or in full time employment. This illustrates an effective early intervention and diversion program for vulnerable youth that improves educational outcomes as



well as life outcomes. Graduates performed at the 2017 NCOSS Investing for Good Conference and Marketplace as part of their final assessment. The performance received a standing ovation from the 200 strong audiences of representatives from the community, government and social service sectors.

Students said they felt completely empowered and realised first hand their ability to affect social change on a large scale through their music performance. ***“It’s a revolution from within.”*** said one student.

NAME	ACTIVITY 2 YEARS AFTER COURSE
Participant n° 1	Successful musician and performance artist. Record Label International travel.
Participant n° 2	Successful musician and performance artist. Record Label International travel.
Participant n° 3	Founder of Youth focused NGO.
Participant n° 4	Currently completing studies.
Participant n° 5	Film Producer
Participant n° 6	Enrolled in Circus Arts
Participant n° 7	SAE Graduate
Participant n° 8	Completed year 12.

2 years later...



- 8 out of 10 participants of the program are still engaged in higher education or employment.

‘ Starting the course changed my life. Successful musician and artist. Track Label International travel and performance artist’.

Coedie, 2017.

6. Care not Custody

Youth in Out of Home Care are 20 times more likely than the general population to enter the juvenile justice system. ¹ Indigenous Youth are 10 times more likely to be in out-of-home care than other Australian children. ² Many of these most vulnerable youth move between Out of Home Care and Juvenile Justice and frequently fall through gaps.

Change The Track ensures this does not happen, by providing a long term mentoring service. Having a supportive adult for two years provides a stable influence in an otherwise turbulent environment.

Young people in out of home care and residential care have

a history of trauma, displacement and not being heard. **Change the Track** literally changes the existing model.

We work with youth as an opportunity rather than a problem, to overcome barriers that are systemic and structural. This provides young people in care with a voice, and the opportunity to be proactive participants in the decisions that affect them, and realise their vision for their future.

This is an empowered, inclusive and comprehensive approach that recognises the need to work in collaboration with specialist services to achieve better outcomes for these vulnerable young people.

INVESTING IN EDUCATION FOR YOUNG PEOPLE IN CARE

A report by the NSW Government Their Futures Matter: A new approach states education plays a vital role in breaking the cycle of disadvantage. For young people leaving care, obtaining a High School Certificate (HSC) is correlated with lower long-term cost and service usage. Obtaining a HSC, and having no interaction with the justice system, related to a 30% lower cost to government compared with those who don’t have a HSC.

¹ Australian Institute Health & Welfare . ² Victoria Legal Aid, Care Not Custody

7. Our Programs

1. Empower

Prevention Youth Mentoring

The Empower program targets young people aged 10-12 years, who have had first contact with police and/or have consistent issues with mainstream education, family issues or in Out of Home Care and/or behavioural issues. Youth are identified by schools, parents, FACS or local police and referred to OVP.

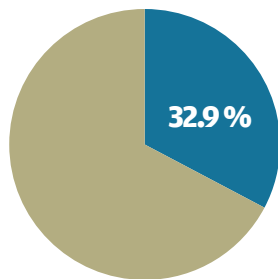
This program provides the opportunity to intervene before a young person is in the justice system.

THIS ELEMENT PROVIDES:

- 6 hour mentoring session/1 week for 1 year.

FACT

Only 32.9 % of youth in detention in were engaged in education prior to custody.



Therefore, investing in programs that facilitate increased positive life engagement will reduce number of young people in detention.

* NSW Young People in Custody Health Survey: Full Report.

OUTCOMES

- Identification of passions, interests and strengths.
- Identification of educational barriers and goals.
- Exploration of career pathways.
- Assistance in an educational setting and homework activities.
- Engagement in positive community activities.
- Development of positive peer relationships.
- Increased self confidence, self regulation and self efficacy.
- Referral to specialist providers.
- Positive behaviour change.
- Family liaison & mediation & OOHC providers.

INVESTMENT | P/WEEK | P/YEAR

P.Y. Mentoring
6 hours p/ week

\$490

\$25,480

In Detention

\$9,975

\$520,125

SAVING \$494,645 /

2. Include

Community Based Youth Justice Mentoring

This stream is for 12-21 year olds, and is an effective early intervention/diversion program that can be used by both the courts and community services.


This program is in an intensive, supervised and structured program that provides skills training, engagement in education and employment activities, and opportunities to address family and social issues that contribute to offending. Youth gain access to appropriate community-based supports; including housing, health, education and training.

THIS ELEMENT PROVIDES:

- 10 hours mentoring each week (5 hs/day x 2 days) for 2 years.

OUTCOMES

- Identification of passions, interests and strengths.
- Positive role modelling.
- Identification of goals and barriers to success.
- Personal Action Plan.
- Increased engagement in education and training.
- Improved mental and physical health.
- Holistic and integrated support.
- Community Engagement.
- Behaviour change.
- Reduced Offending.

INVESTMENT	P/WEEK	P/YEAR
C.B.Y.J. Mentoring 10 hours p/ week	\$980	\$50,960
In Detention		\$521,220
SAVING		\$470,000 / 




/01. Rivers College, Lismore
creating a music film clip (2016).

3. *Aspire*

Leaving Care Mentoring

Studies have shown that for young people leaving the juvenile justice system, the risk of reoffending is dependent on the degree of support they receive. It makes sense then, to provide intensive support for young offenders leaving detention. Designed to support a young person transition back to community, this program assists youth set realistic goals, mentally prepare for release and be proactive participants in the decisions for their future. We support them to re-engage in education and employment activities, pursue creative aspirations and participate in community events.

This balance between education, health, recreation and rehabilitation services is an essential part of long term healthy lifestyle. With the support a trusted, non-judgemental mentor that connects with youth culture, offenders can establish new routines, develop positive peer relationships, overcome barriers and reach their aspirations.

INVESTMENT	P/WEEK	P/YEAR
L.C. Mentoring 10 hours p/ week	\$980	\$50,960
In Detention		\$521,220
SAVING		\$470,000 / 

THIS ELEMENT PROVIDES:

- 10 hours/ week mentoring for 2 years.

OUTCOMES

Identification of passions, interests and strengths.

Identification of educational barriers and goals.

Exploration of career pathways.

Assistance in an educational setting and homework activities.

Engagement in positive community activities.

Development of positive peer relationships.

Increased self confidence, self regulation and self efficacy.

Referral to specialist providers.

Positive behaviour change.

Family liaison & mediation & OOHHC providers.



/02. Jannali Doncaster,
Investing for Good 2017.

/03. Northern Rivers
Indigenous youth creating
a music film clip (2017).



8. Value for money

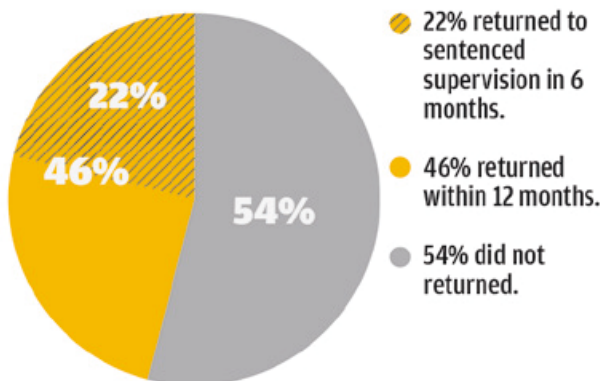
The **OVP** approach presents value for money, and value to society by addressing the rehabilitation of young offenders and disrupting the cycle of offending. The financial costs of imprisonment are high.

TO KEEP ONE CHILD IN DETENTION IN NSW PRISON COSTS

* "Children aged 10-12 who are in detention are likely to offend for a decade".-Victorian Sentence Advisory Council Chair Professor Arie Freiberg)

2014-15

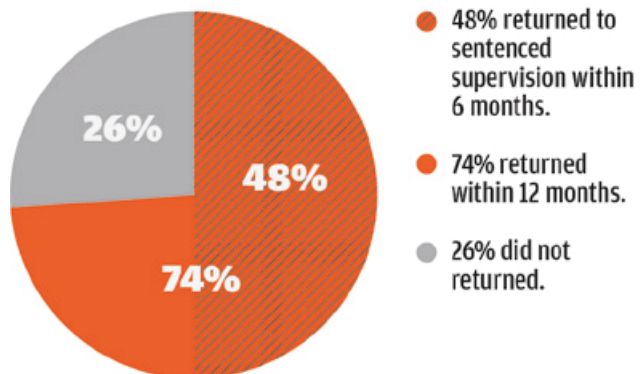
YOUTH AGED 10-16 RELEASED FROM SENTENCED COMMUNITY- BASED SUPERVISION:



* Australian Institute Health & Welfare: Young people returning to sentenced youth justice supervision 2015-16.

* Productivity Commission Productivity Commission. Report on Government services 2017 Youth Justice Services.

YOUTH AGED 10-16 RELEASED FROM SENTENCED DETENTION:



Most young people who are going to re offend will do so within the first two years. That's why Change the Track provides mentoring support for 2 years.

If an investment of **\$101,920** is provided for a two year mentoring program per child and the young person doesn't return to detention we will save the tax payer **\$838,600** per child for a two year program. Our programs aim to get youth offenders educated and employed and are based on best practice principals and research that shows that early intervention and prevention programs are key to reducing offending.

* Review Of Effective Practice In Juvenile Justice Report for the Minister for Juvenile Justice 2010 Noetic Solutions

Less Reliance on welfare:

Cost of Welfare	Per year	Over 10 years
YOUTH ALLOWANCE 15-24 YEAR OLDS	\$14,084	
LONG TERM BENEFIT OF JOB SEEKER ALLOWANCE	\$14,009	\$140,090
DISABILITY ALLOWANCE	\$23,244	\$232,440

Savings on Health Costs:

Savings on Health Costs	Per year - p/person
HEALTH COSTS	\$6248
MENTAL HEALTH COSTS	\$373

* Productivity Report on Health 2016.



Change the Track provides opportunities to improve physical and mental wellbeing in young people, leading to reducing long term health costs.

9. It works! INDICATORS OF SUCCESS

Determination, perseverance and belief in ability to affect situations and control their life's direction.

Supportive relationship and connections to community, family and employers.

Connection to culture.

Identification on passion and interests and motivation to pursue.

Experience in workplace and is able to sustain employment for continuous weeks.

The ability to understand the consequences of their actions, take ownership and/or willingness to engage in restorative justice approaches.

The ability to self regulate behaviour and increased emotional intelligence.

Proactive engagement in social and recreational activities.

Ability to implement strategies to overcome challenges.

Self-esteem and improved perception of own value or worth.

Developed employment and life skills to successfully navigate work.

Confidence in own employability and satisfaction with being at work.

Stable home environment.

Engaged in education and/or training.

Pursuing goals.

Improved relationships with family.

Improved physical and emotional health.

Engaged in education and/or training.

An understanding of brain development and ability to adopt a growth mindset.

An ability to understand emotions, and empathy for others.

Evidence of self care and self esteem.

Ability to Self reflect.

9. It works!

CHANGE THE Track IS AN EVIDENCE-BASED PROGRAM.

► *International studies prove that investing in early intervention programs reduces crime, increases community safety and saves money!*

USA

Justice Reinvestment was first developed in the United States. Since 2006 it has been implemented in 17 states, with great success. In Texas, the state reduced youth incarceration by 38% in six years, closed eight facilities, and saved US\$150 million. It invested \$50 million of those savings to community programming, and experienced a 49% decline in youth arrests. Likewise, Ohio reduced youth incarceration by 47% between 1997 and 2013. It reallocated savings into community-based programs as alternatives to confinement. During this time, juvenile arrests dropped by 65%.

CANADA

In 2003, Canada implemented Youth Criminal Justice Act' (YCJA) of 2003. This act specifically limits incarceration as a punishment to only those young people who commit the most serious and violent offences (JJCompare, 2012). There is, instead, a focus on rehabilitation. Over the first five years immediately following the Act there was a drop of 50% in the number of young people who had committed property offences being sent to prison across nine Canadian jurisdictions and a 36% decline in young people sent to custody for any offence (Kong, 2009). Improving outcomes for young Offenders and International perspective.

AUSTRALIA

There are several success initiatives already operating around Australia that embrace Justice Reinvestment.

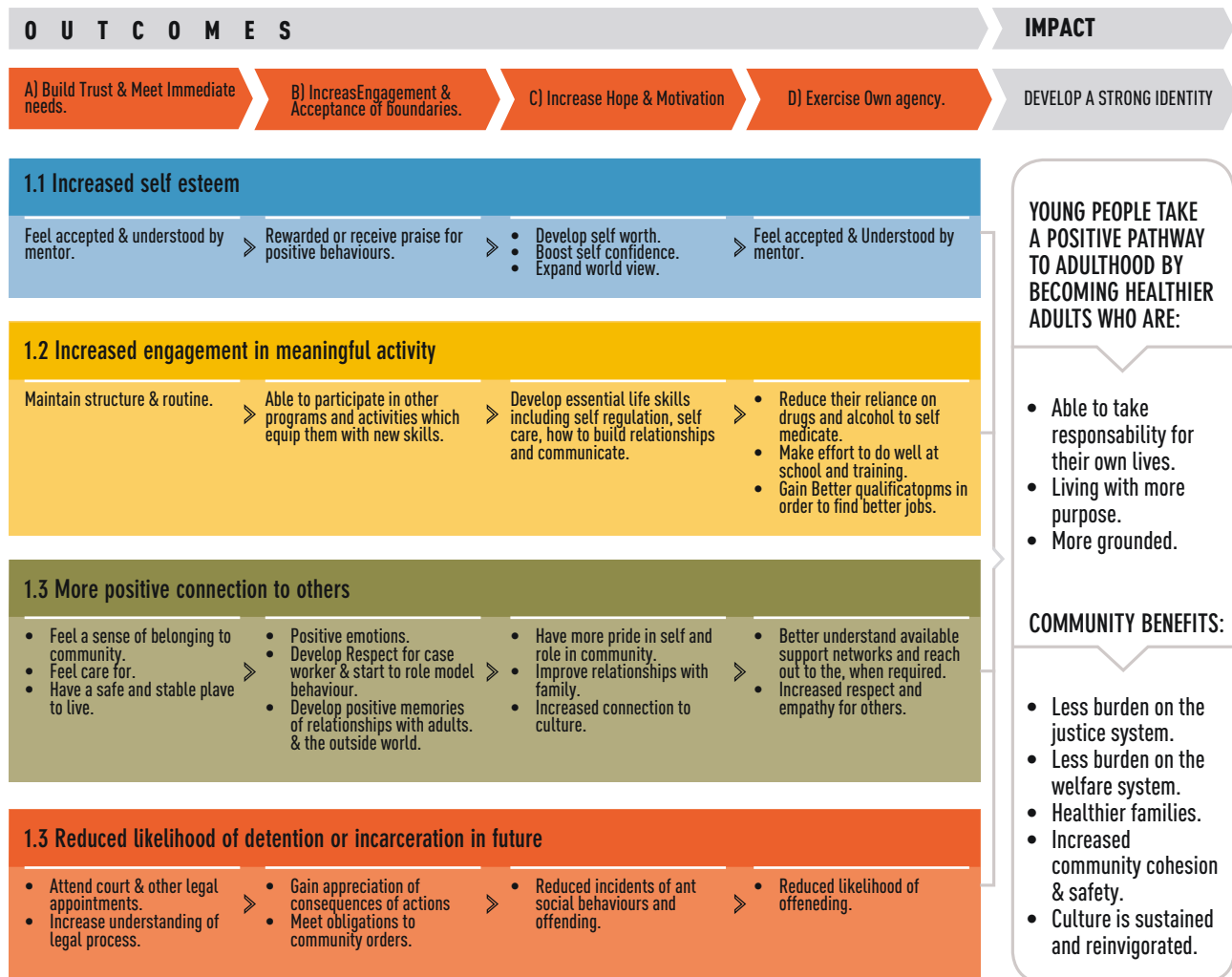
One of these is Clean Slate Without Prejudice – collaboration between Redfern Local Area Police Command, and Tribal Warriors operating in the Redfern Community. The program builds positive relationships between at risk post release Indigenous young people, Indigenous mentors and Redfern police officers. It offers a program of boxercise and fitness, education, personal development, training and job opportunities. Following the introduction of the program, robberies in the area have fallen from an average of 100 per month in 2005 to an average of 12 in 2012.

Change the Track
provides an innovative approach
to reducing youth offending. Using
community, connection and culture, and
an inclusive and consultative approach we
walk alongside young people
to change their stories.



How OVP creates impact

- Visualise personal growth that builds upon their sparks, strengths and resources.
- Understand brain development and move to a growth mindset.
- Opportunities to Belong.
- Opportunities for meaningful inclusion.
- Develop insight into their trauma and behaviour.



HOW WILL WE MEASURE SUCCESS?

Change The Track will be evaluated by Dr Meg Perkins in partnership with the Griffith Criminology Institute. Dr Meg Perkins will conduct pre and post program assessments that will acknowledge the underlying psychological issues in offending behaviour and enable us to create individualised and effective therapeutic interventions. These assessments will form a research project/program evaluation in association with the Griffith Criminology Institute, providing funders with in depth evidence of program outcomes.



10. Theory of Change

Logic Model

INPUTS	OUTPUTS		OUTCOMES / IMPACT		
	ACTIVITIES	PARTICIPATION	SHORT	MEDIUM	LONG
<ul style="list-style-type: none"> • Staff (# FTE?) • Case Workers • Mentors • Service Delivery Staff • Vehicles (#) • Partnerships with schools, courts, police, juvenile justice, FACS, education and training providers • OVP Creative Hub • Training (Staff Development:e.g. Trauma informed case work) 	<ul style="list-style-type: none"> • Psychologist uses motivational interviewing techniques to identify immediate needs, interests and talents of youth • Develop with the youth the Individual Service Plan (ISP) • Family/carers engagement • Individual Service Plans implemented by mentor and monitored by Case Manager. • Education/training • Employment • Cultural Activities • Pro-social activities are conducted throughout the year involving clients to maintain engagement and continue building trusting relationship 	<ul style="list-style-type: none"> • Individual session of staff with client – consultative and youth driven action plan • Home visit to youth homes for 1-2 hours meeting with 1-3 family members <ul style="list-style-type: none"> - Individual sessions (6-10 hours week) - Individual follow up activities including culture, arts classes, music, sport. - Attend linked in appointments with mentor - Group sessions from 5-10 people, which last from 1-5 hours.(e.g OVP Friday Night Live) Based on risk/needs analysis. 	<ul style="list-style-type: none"> • Staff/client support relationship established • Client engaged in creating their ISP • Meeting juvenile justice requirements • Empowered & Inspired youth • Establishment of client short term goals & action plans • Establishment of support relationships • Reduction in high risk behaviours (or anti social behaviours) • Improved school attendance • Preparation for employment • Development of positive peer networks • Reduced Crime 	<ul style="list-style-type: none"> • Established trust relationship • Client takes responsibility for own actions • Client is achieving more progressive educational, and/or vocational goals • Client demonstrates commitment to addressing contributing factors • Improved health & wellbeing • Client is exhibiting a more pro-social lifestyle, including eliminating crime related activities • Improved self confidence & self efficacy • Improve interpersonal relationships • Improved resilience and ability to pursue positive life choices 	<ul style="list-style-type: none"> • Elimination of risky behaviours: substance use, violence-related, self-harm etc • Stable, healthy and self-sufficient individual, pro social lifestyle. • Productive and contributing member of community. • An empowered individual with a strong sense of belonging • Safer communities • No longer engaged in offending behavior/ lower crime rates.

ASSUMPTIONS

- Young people offend due to a lack of positive role models, trauma, homelessness, disengagement from education, substance use and severe psychological distress.
- Youth who are in contact with the justice system at a young age are more likely to offend more often and for longer.
- When at risk youth are offered long term, tailored and flexible support from caring adults, they gain a sense of trust and belonging that enables them to address contributing factors to criminal behaviour.
- Identifying and maximising youth's interests, strengths and talents are integral to successful intervention.

EXTERNAL FACTORS

- Young people experiencing homelessness, in out of home care or lacking support from family are especially vulnerable.
- Lack of education and employment opportunities leads to increased crime.

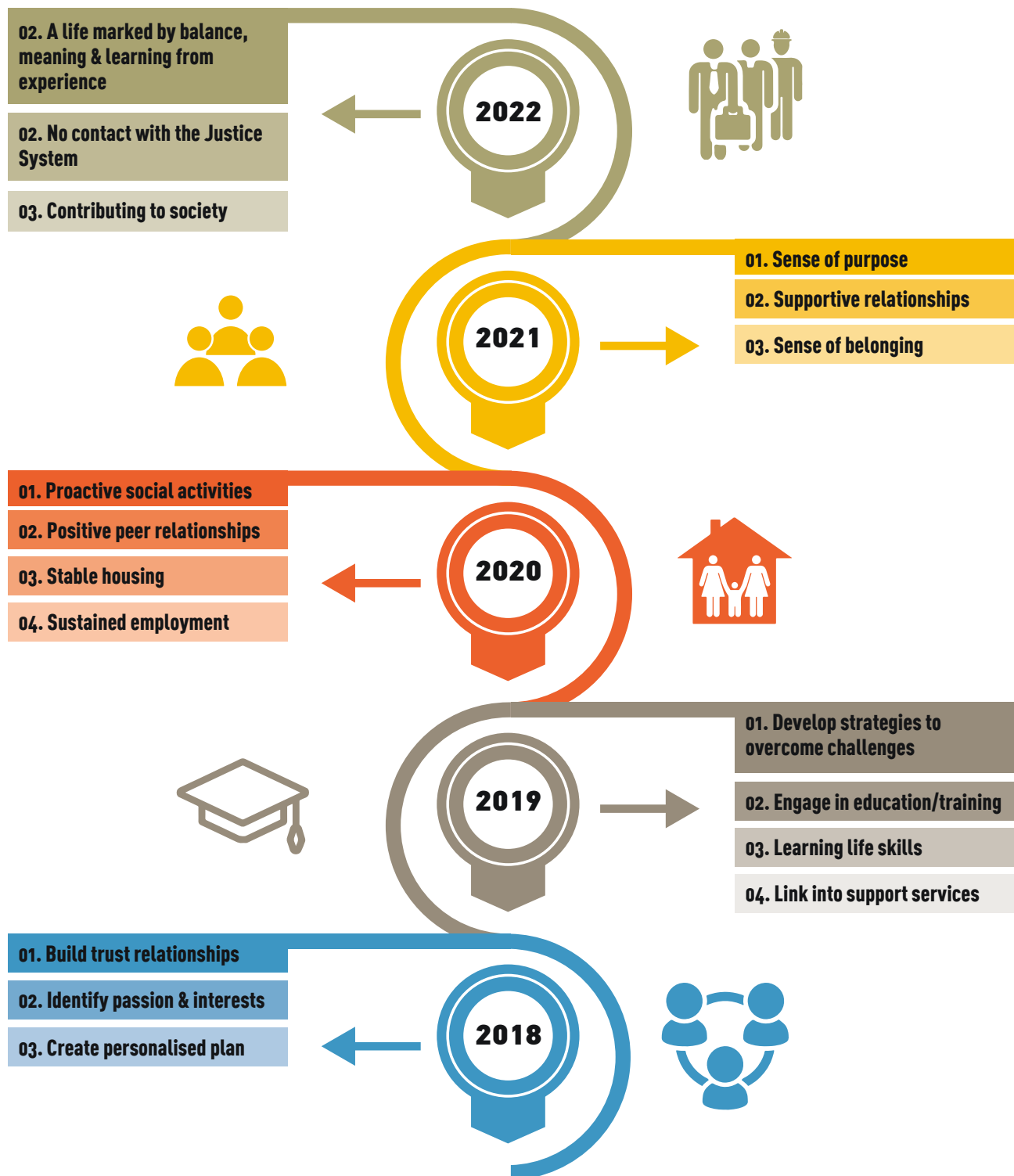


/01. Northern Rivers Indigenous youth creating a music film clip (2017).



/02. Mentor and mentee performing at OVP open day.

Five Year Implementation Plan





onevision
PRODUCTIONS

onevisionproductions.com.au