

**Submission
No 41**

FOOD PRODUCTION AND SUPPLY IN NSW

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We are in a climate crisis. We need to make decisions and act now to contribute to the repair rather than the continued destruction of our planet and the residents of the planet.

There is no secret that animal agriculture is among the leading causes of deforestation however there is secrecy around the health implications of animal based foods on the human body and there is huge secrecy and a bid to legally protecting the secrecy of the horrors that animals are subjected too.

We know enough now to make better decisions.

A few reasons why we should move to a plant based diet:

1. Animal suffering must stop - Immediately
2. The food grown to feed farmed animals, could be redirected to abolish food insecurity.
3. Moving to a plant based Diet would regenerate soil which has been tried and tested
4. Surplus sheds and land left over from animal agriculture could be converted back into forestry and habitat for wildlife to assist in reintroducing lost biodiversity
5. Zoonosis
6. Heart disease is the number one killer of human beings and studies have shown the animal fat consumed in standard western diets clog arteries.
7. Human health care system would benefit so much, just from the fibre alone! Research at the Mayo clinic found that vegans have the lowest rate of cancer (they say it wasn't the only contributing factor - but still significant)

Government subsidies of Animal Agriculture should be redirected to plant based industries. The shift towards plant based eating and sustainable living is palpable. Government level decisions need to move with the times.

I think the public needs to be better informed about the total destruction caused by animal agriculture and once informed, then consulted.

It's great to have the option to make a submission however it's only with a huge amount of personal initiative that I am aware of some of the truth. The public need this information made abundantly clear to them.

If there is one shift that can assist with dramatically improving animal liberation, environmental sustainability, human health - it is moving to a plant based diet where the produce is local and minimally packaged with recycled materials.

The time is now.

Thank you.

Sincerely,

Jessica Saad