## INQUIRY INTO THE UTILISATION OF RAIL CORRIDORS

| Organisation: | Walking Volunteers |
| :--- | :--- |
| Name: | Mr Bill Orme |
| Position: | Co-ordinator |
| Date Received: | $23 / 02 / 2012$ |

The Committee Manager
Committee on Transport and Infrastructure
Parliament House
Macquarie Street
Sydney 2000

## Walking Volunteers Submission -

## Inquiry into the utilisation of rail corridors

I attach our submission to the Inquiry. We have no objection to being made public and are prepared to attend the Inquiry if required.

The attachments are:

1. Brief history of Walking Volunteers
2. Copy A Harbour Circle Walk brochure showing full Walking Sydney Harbour \& Coast Network of brochures and downloadable leaflets. Note the whole network is based on using public transport with rail, bus (including route numbers), ferry, light rail and monorail highlighted.
3. N2 leaflet as an example of those described above.
4. North Sydney Walk to Work, shops etc. We have marked the four locations referred to in our submission on this map.

Multiple hard copies are available if required and electronic versions are on either or both of the Department of Planning's and North Sydney Council's websites.


WJ (Bill) Orme
Co-ordinator - Walking Volunteers

## Inquiry into the utilisation of rail corridors

Submission by Walking Volunteers

20 February 2012.

## 1. Introduction.

The Walking Volunteers are the creators of the Walking Sydney Harbour \& Coast network and supporting brochures, signage and leaflets, Walk to Work brochures etc. and designers of a level pedestrian/cycle way from Willoughby to the Harbour Bridge (in conjunction with the Lane Cove Tunnel).

We have extensive experience in pedestrian movements and work closely with cyclists. We work with 23 Councils and over 15 state and federal agencies.

Railways and Expressways are two of the major barriers to pedestrian/cyclist movements and divide communities.

At the same time the land adjoining them and under/over passes can provide opportunities to break through these barriers, unite communities and provide sustainable transport and healthy recreational facilities.

## 2. Examples

Our detailed studies of the lower north shore identified major problems created by rail and identified opportunities through use of available rail land. We give four examples from a small area but these could be repeated throughout the metropolitan area.

### 2.1 Rail under River Road, North Sydney ( located 'A' on map attached).

River Road is above the rail and divides the large residential area to its south from St Leonards Rail Station and the adjoining bus, medical and shopping facilities.

It is a major road with poor vision to the west with a steep up and down either side making the crossing dangerous and difficult particularly for young children, the disabled and women with prams. There is no pedestrian crossing or lights, only a small refuge.

The overpass is supported by two walls and use of the vacant land to the east would allow a cheap, level and safe passage for pedestrian and cyclists.

It would also remove them from the current crossing, improving traffic flows on this busy narrow section of road.

### 2.2 Rail around Berrys Bay. (located 'B' on map attached).

There is a difficult and unpleasant section in the very popular four day walk around Sydney Harbour ( $4^{\text {th }}$ edition 2011-12) between Munro St (end of Sawmillers Park) and John St (beginning of Waverton Park).

Cutting into the lowest level of unused railway land between these points would create a pleasant, shorter and much more useable connection.

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Currently the option is up steep and unpleasant Munro St, over the railway, along Dumbarton St which has no footpath on the harbour side and down the steep John St with inadequate footpaths.

### 2.3 Rail underpass between Harry Howard and Badangi Reserves. ( located ' $\mathbf{C}$ ' on map attached).

Bushcare Volunteers working with Council have created these beautiful reserves but due to the topography those on the north or the rail have to take steep and long alternatives to connect to the south and the harbour. An underpass would be much used being shorter and much easier.

### 2.4 Rail overpass betw'een Brennan Park and Badangi Reserve. ( located 'D' on map attached).

Similarly to 2.3 , an overpass would greatly benefit the connection between the two and the harbour.

### 2.5 Disability and pram and young children access.

There are good sections useable by the disabled and those with prams and young children, but due to unusable or difficult sections between, use by these groups is greatly impaired.

## 3. Annexures

### 3.1 Brief history of Walking Volunteers

3.2 Copy A Harbour Circlé Walk brochure showing full Walking Sydney Harbour \& Coast Network of brochures and downloadable leaflets. Note the whole network is based on using public transport with rail, bus (including route numbers), ferry, light rail and mono-rail highlighted.
3.3 N2 leaflet as an example of those described above.
3.3 North Sydney Walk to Work, shops etc. We have marked the four locations referred to in our submission on this map.

## 4. Open Submission

All our work is free and copyright use to the public is given. We seek to be included in any hearings.

Bill Orme
Co-ordinator, Walking Volunteers

The Walking Volunteers are a group of individuals who enjoy exploring areas on foot.
They aim to assist others to share in this pleasure, an aim which is summed up in their slogan: 'It's exhilarating and healthy'
They believe that walking is one of the most effective and economical ways to:

* combat obesity, * fight pollution, and * reduce congestion on our roads.

The Department of Planning has commented: Their achievements have been far reaching.

## What they have achieved:

- Commencing in 1999, and then known as the North Sydney Walking Volunteers, they worked with North Sydney Council to develop a 45 km network of six connected circular walks, each with its own brochure. www.northsydney.nsw.gov.au click Recreation, then North Sydney Circle
- In 2001 they saw the need and designed a Lane Cove to the Harbour Bridge to be built in connection with the Lane Cove Tunnel project.
- In 2002 they started identifying the many little known pedestrian laneways, steps and routes throughout North Sydney. Many pedestrian opportunities, such as lanes and steps at the end of streets shown as 'no through way', lanes hidden behind walls and gardens or made to appear private were documented.
- In 2003 a working relationship was established with Willoughby, Lane Cove, Mosman and North Sydney Councils to map and sign pedestrian routes disregarding Council boundaries and to display each others' brochures. Since then 18 Councils, National Parks and HarbourTrust have in total joined in.
- In 2003 they assisted STEP Inc in the production of two new Walking Tracks maps, 'Bungaroo \& Roseville Bridge' and 'Northbridge \& North Harbour'.
- In 2004 they assisted the Hunters Hill walking volunteers in the production of 'Walks in Hunters Hill' brochures. Hunters Hill then joined with them and became the North Shore Walking Volunteers.
- In 2004 they produced the 'Walking North Sydney' brochure.(New edition 2009 being finalised) This publicised the pedestrian opportunities and encouraged people to walk to work, school, the shops, picnics etc. The opportunities are being signed with location maps. The brochure brought together the wide range of Council's walking publications, which are now downloadable from its website. The brochure won a 2005 Local Government Award, and is being copied by the City of Geneva, from whom one of the ideas in the brochure originated.
- In late 2004 Dept Planning offered funding to extend the area they covered, and this has resulted in between September to December 2005 the release of three Regional Brochures, A Harbour Circle Walk, Harbour to Great North Walk and Harbour to Spit Walk and (the latter being jointly funded with Mosman and North Sydney Councils). To produce these brochures the Volunteers have worked with ten local councils, three State and one Federal body, an example of how volunteers can work in partnership. The Volunteers are now known simply as the Walking Volunteers.
- In late 2005 working with HarbourTrust, Mosman Council \& National Parks a joint brochure Walking Middle Head - Taronga to Balmoral.
- In 2007 all the Councils along the Sydney Coastline asked the Volunteers to extend the Harbour network up and down the coast. Now there are ten free
brochures (18 days walking through 17 Council areas) covering the whole Sydney Coastline (Palm Beach to Cronulla) and Harbour.
www.walkingcoastalsydney.com.au. ( also be accessible through www.walkingsydney.net). See also individual short walk leaflets and background notes, especially No 5 - South Head and no 9 - A Harbour Circle Walk. They now make up over 800 kms of walking routes.
- In 2009 they commenced work on two new brochures to extend the network west from the Harbour Circle to the head of the Parramatta River. Now complete and river crossings made the extension was launched by the Premier and Minister for Health on 23 September 2011. The Volunteers are now working with the Premiers Council on Active Living to maintain \& extend the network.
- The main routes are being marked by the Volunteers with the internationally recognised 'yellow bar' system, and posters advertising the Network are installed. They have been so popular there has been three updates and reprints, now jointly funded by the partner bodies, of a further 300,000 copies on 2011.
- They work with and benefit greatly from the 50 year experience of the French Volunteer Walkers www.ffrandonnee.fr See 'Topo' guides with maps and notes.


## The Walking Volunteers are:

Jim \& Therese Archibald, Bill Avery, Neil \& Pam Hardie, Phil Jenkyn, Ian Napier, Bill (Founder \& Patron) \& Nedra Orme, Caroline Minogue, Don \& Laura Riddell, Bruce Robertson, Leigh Shearer-Heriot, Cameron Sparks, Graham Spindler (Coordinator) and Paul Webb. Sydway Mapping (Glenn Anderson, NSW State Marketing Manager), whose quality of mapping and economy of printing have backed the Volunteers from the outset.

## Bill Orme - Founder \& Patron

www.seniorscard.nsw.gov.au/mysenior click 'todays senior' then 'Bill Orme'. Since commencing retirement Bill \& Nedra have walked over $60,000 \mathrm{kms}$ along the distance walking paths of Australia and overseas, and are now recognised as amongst the most experienced long distance walkers in the world. Bill has been instrumental in:

- Having most long distance walking tracks in NSW included on NRMA (automobile club) maps.
- Producing a checklist for walking guides, maps and signage now published in the British Long Distance Walkers magazine 'Strider'. The checklist was written after consulting, leading writers and publishers around the world. He also writes the 'Practicals' advice in 'Strider', as well as articles on their walks in it and other publications.
- Assisting in the Federation Track, a 7,000 km footpath from Brisbane via Sydney, Melbourne, near Adelaide to above Wilpena Pound.


## The Guidelines for : a. Long Distance paths b. Local paths.

The Practicals - Long Distance Walkers Association : www.ldwa.org.uk/library
$\begin{array}{ll}\text { 1. Why walk long distances? } & \text { 2. Choosing a route }\end{array}$
3. Preparing your body for a walk (known as the knee exercises)
4. Looking after your body during a walk. 5 . Your rucksack 6 .Your boots and socks
7. Food, cooking, water. 8. Navigation-Keeping to the Route. 9. Packlists
10. Walkers Accommodation. 11. Day Walking from a base - examples in France.
12. Exploring a City on Foot. 13. Variety \& Bizare. 14. Our Favourites.

## Bill Orme


it's exhilarating \& healthy

## Walking Times

 Times and distances are shown for all walks. Remember that the times marked are walking times only and are based on a walking speed of between 2.5 to 3kilomerres per hour depending on the terrain Add your own time for breaks. kiomerres per hour, depending on the terrain. Add your own time for breaks,

Personal Care
The walk requires average fitness. Take care as it includes a variety of terrain and pathway conditit.
walking shoes.

## Public Transport

 Public transport is readily avilate at regular interals slong the way (see map).This allows considerable fexibility in entering and exting the route. Note not all servies operate every day, and routes and timetables change.
Sydney Bus, train and ferry (routes shown in blue) timetables
Matida Ferries (ruteres shown in green mainly linking
Ciny and Lane Cove River whanes)
Tei: 9264 7377, wwwemaitidacomau
Information on Metro Light Fail (MLR)
Food, Drink \& Toilets
Cary food and some water at al times. Food and drink are ussally available Toilets slons the way are marked 'TT

## Accommodation

All overigight stops are at excellent transport hubs. The Four Day Walk can be done firm one accommodation point such as Centrac CBETThe Rocks or North Sydney. Another option is
For information on bed and breakfat, historic hotels some are shown on the map) and other accommodation, see Tourism NSW www.visisnsw..com,
NRMA Tel: 131122 wwwnynrma.com and Sydney Vistor Centre

Further Information
Brochures and Individual Leafiets
This and other brochures are downiloadable pdfs (www.walkingsydney.net and wwwwwalkingcoastalsydneycom.au) but the sale will be smal if frinted on $A 4$
 print the map in setions will ssisit.Al day and loop walk eaflets download easily
onto $A 4.50 \mathrm{Som}$ of the following bodies have free copies of some brochures

The Trunk Walking Routes
of Sydney Harbour and Coast
ychey Harbour is one of the great hatbours of the word. This Cirde Waik

 arsport each day, or over any period of time

 Vist mum wallingysdneynent to otownoad eaneles for each day of the four day version of the walk Lach leafetet has a detailed map ( $1: 100$ ) and historical and
general interest notes.



A One or Two Day Walk
A shorter cirde of 2 Rkm between the bridges can be walked in one or two
days but typasses many beautifil headlands. Two leatests for this route are aso tomploadable


## Shorter Loop Walks


 is shown in the addaceent column

Circular Quay to
The Great North Walk (GNW) While many will want to start the 250 km GNW to Newcastle by the traditional
ferry to Hunters Hill, others might want to walk over the Harbour Bridge and ferty to Hunters Hill, others might want to walk over the Harbour Bridge and
experience the rich natural beauty urban spaces and historic features of the North
Shore before iening the Shore before joining the GNW and then on to Newcastle. This rbochure provides three options each sh
see adjacent column.
ADiscovery Kit for The Great North Wakk (\$11.30) can bc purchascd from Sydncy
Map Sales (lands Dept) in Queerr Square, Tel: 92287720 . The guidebookThe Great North Walk 1988 is also availble from libraries

Parramatta and Lane Cove River Walks


 (1) on the west side and tack on the east side to G Gerenwich wharf (EG).

The Walking Coastal Sydney
\& The Harbour Network

## The Tunk waling routes of the Networ

Sydney Harbour Federation Trust (Harbour Trust) Best Avenue off Suakin Drive, Mosman 2088. Tel: 8969 2100. For information on Cockatoo Iland (D6), Woolwich Dock \& Parklands (D6), and the Trust's other sites in Step Inc Detailed walkng maps of the Lane Cove Valley and Middle Harbour an be purchased from Step Inc and Map World - 280 Pitt Street, Sydney. (\$20

Willoughby City Council (EI area) 31 victor St, Chatswood 2067. Tel:9777 l000 The following brochures are available from the Customer Service Centre, Library or downloadable from wwww.willoughby.nsw.gov.au: Round
Willoughby Walk, Walking in Willoughby, Artarmon to Middle Harbour Blue Willoughby Walk, Walking in Willoughby, Artarmon to Middle Harbour, Blue Gum Reserve, Explosives Reserve, Flat Rock Gully, Femdale Reserve, Griffin ederation Trail, The Ilarold Reid Foreshore Track, Mowbray Park

## Books on Walking Sydney

There are many books on walking Sydney that are relevant to this Circle Walk avaiable from libraries, bookshops and tourist offices. A Harbour Circle Walk is eatured in Austraian Geograp pic Jan-March 2006 edition

## Annual Event - 7 Bridges Walk

This annual event was first held in October 2006. See Pedestrian Council of Australia wuw.7bridgeswalkcom.au and broadly follows the route of the two some areas this event takes a parallel route through less fragile areas.

## Signage

The solid red route on this brochure are being marked with the following itermationally recognised yellow bar system

## straight ahead


urn right
zurn left

Harbour Circle Walk Stages and Loop Walks

| Day 1 | Circular Quay to Greenwich Wharf | 14km |  |
| :---: | :---: | :---: | :---: |
| Day 2 | Greenwich Wharf to Woolwich Wharf | 15.5 km | 5hrs 30 |
| Day 3 | Huntleys Pt Wharf to Ealmin East Wharf | 14.5km |  |
| Day 4 | Balmain East Wharif to Circular Quay | 15 km | 5hrs |
| Harbour Circle Walk in Two Days (or One) |  |  |  |
| Day 1 | Circuar Quay to Hunters Hill | 13km | Hrs |
| Day 2 | Hunters Hill to Circular Quay | 14km | 5 hrs 30 mins |
| Harbour Circle Loop Walks <br> umbers and letters generally relate to local government areas) |  |  |  |
| N6 | Shell Cove to Milsons Point | 7 km | 2 hrs 45 |
| NI | M M sons Paint to Waverton | 7 km | 2 hrs 45 mins |
| N2 | Waverton to Wollstonecratt | 8.5 km |  |
| LCI | Gore Hill | 6 km | 2 hrs 15 mins |
| LC2 | Greenwich | 4 km | Ihr 30mins |
| LC3 | Northwood | 1.5 km | 30 mins |
| LC4 | Longuevile | 3.75 km | Ihr 30 m |
| LC5 | Riverview | 4.5km | 1 lr 45 |
| LC6 | Cunninghams Reach | 1 km | 15 m |
| HI | Hunters Hill | 4 km | $1 \mathrm{lhr} \mathrm{30mins}$ |
| H2 | Woolwich | 6 km | $2 h r s$ 15mins |
| H3 | St Josephs | 3.5 km | 1 lhr 15 m |
| H4 | Huntleys | 3km |  |
| Cl | Drummone | 3.5 km | 11 l ISmins |
| C2 | Cockatoo sland | 2 km |  |
| C3 | Iron Cove | 7 km | 2 hrs |
| LI | Rozele/ Balmain | skm | 2 hrs 30 |
| L2 | Birchgrove | 6.5 km | 2 hrs 30 m |
| L3 | Balmain East | 4.5km | Ilr 45mins |
| s | Rozelle and Blackwatile Bays | 5 km | 1 lr 30 mi |
| S2 | Pymont/ Daring Harbour | 6.5 km | Ihr 30 |
| S3 | The Rocks | 4.5km | 1 llr 30 min |
| S4 | Macquarie Street | 6.25 km | $2 h \mathrm{rs} 30 \mathrm{n}$ |
| S5 | Kings Cross | 3.5 km | 1 lhr 30 m |
| Loop Walks North of Harbour Circle |  |  |  |
| N3 | Wolltonecrat to Supension Bridge | 7 km | $2 h r$ I 5 mins |
| N4 | Suspension Bridge to Cremome Junction | 8.5 km | $2 h$ hrs 45 mins |
| N5 | Cremome Junction to Shell Cove | 5.5 km | Ihr 45mins |
| WI | St Leonards | 5.5km | Ihr 45mins |
| W2 | Northbridge | 7.5 km | $2 h r s 30 \mathrm{mins}$ |
| W3 | Castlecrag | 3.25 km | 1 l I 5 mins |
| W4 | Midde Cove | 4 km | Ihr 45mins |
| W5 | Catte Cove | 6 km | 2 hrs 30 mins |
| W6 | Chatswood West | 5.5km |  |
| W7 | Lane Cove North | 8 km | 3 hrs |
| W8 | Chatswood | 6 km | 2 hr |
| Links to Great North Walk |  |  |  |
| Cirulur Cuny to Fig Tree. Rridge via HC. |  | 24km | 8hrs 30m |
| Circular Quay to Gore Cove via HC then via Artarmon Station to GNW at Epping Rd Bridge |  | 21 km | 7hrs 45m |
| Circular Quay to Gore Cove via HC then via Chatswood Station to GNW at Lane Cove National Park |  | 21.5 km | 8hrs |

Historic Museums/Buildings Balmain Watchhouse (F8) Belleve House (E9) $\begin{array}{ll}\text { Cadman's Cotlage (H8) } & \text { Carstrook House (B4) } \\ \text { Cockatoo Island (D6) } & \text { Don Bank (G5) }\end{array}$ Cockatoo sland (D6)
Goat tland (F7) Hunters Hill Museum (B5) Mary Mckillop Museum (G5) Museum of Sydney (H8) National Trust HQ (G8) Observatory (G8)
Partury Runs (G7) Partury Ruins (G7) Don Bank (G5)
Government House (H) Ustice \& Police Museum (H8) Museum of Contemporary Art (H8) Maritime Museum (G9)
Nutcote (May Gibbs (JG) Nutcote (May Gibbs) (6) suannah Place ( $G / H 8$ ) he Rocks Discovery Museum (H8)

## Acknowledgments and Suggestions

 These brochures have been developed by the Walking Volunteers. They areDominic Adshead, lim and Therese Archibald, Bill Avery, Neil and Pamela Hardie Dominic Adshead, Iim and Therese Archibald, Bill Avery, Neil and Parnela Hardie. Phil Jenkyn, Caroline Minogue, lan Napier, Bill (Co-ordinator) and Nedra Orme
Don and Laura Riddell, Leigh Shearer-Heriot, Cameron Sparks and Graharn Spindler: The Walking Volunteers are a group of individuals who enioy exploring areas on foot They believe that walling is one of the most effective and areas on foot wey believe that walking is one of the most elfecive and our roadss. The Department of Planning has said "Their achievements are far reaching".
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Please send details of any errors, omissions, or suggestions to improve future editions or other similar publications to Sydney Coastal Councils Group
Inc. Level I2, Town Hall House, 456 Kent Street, Sydney 2000. Tel: 94267702 www.walkingcoastalsydney.com.au or in part in any friee publication, with an acknowledgement of the work of the or in part in any free
Walking Volunteers.

world class walking
it's exhilarating \& healthy
A 45km network of walks in six segments circling North Sydney via parks, Aboriginal sites, waterfront, bushland and urban streetscapes, encompassing features of both natural and architectural heritage.


## Start Main Route

Begin outside Waverton Station (A), turning left to follow Bay Road towards Ball's Head. The area was once part of the 524 acre estate granted to Edward Wollstonecraft in 1825, and later inherited by his partner and brother-in-law, Alexander Berry. This road once led to their wharf and warehouse near Ball's Head. Turn left at Woolcott Street and right at Larkin Street. Just past Wood Street enter the park on the former BP site (B). Until 1997 this dramatic headland with its steel walkways, viewing platforms and old tank stand sites was the BP oil terminal, established originally by the Anglo-Persian Oil Company in 1920. In the nineteenth century, it had been the site of Berry and Wollstonecraft's storehouse and was later used as a NSW military mine and torpedo base. It offers an overview of the marina area and the former Quarantine Depot, last of the maritime industries that have crowded this little peninsula. After exploring the park, walk out to Balls Head Road, turn uphill and then sharp left towards Balls Head.

The buildings, and the large wharf area nearby, are a former coal loader (C) established by the Sydney Bunkering Company during WWI to fuel electricity supply. The coal, brought from Newcastle on 'Sixty Milers', was hauled up on a cable railway, and later, by conveyor belts. The Loader shut down in 1993 and has been imaginatively redeveloped as public space. Continue on to Balls Head, which was named after Lieutenant Henry Lidgbird Ball, commander of HMS Supply in the First Fleet. It retains much of its bushland character despite extensive and exotic landscaping in the 1930s. Crumbling rustic fences and shelter sheds, built in that period by dole labourers, now mingle with native landscapes and modern walking paths and facilities. Together with Berry Island, the headland came into government hands from the Berry estate and was declared a reserve in 1926.

Where the road splits, follow the way left and about 150 metres along, take the road down past the colonial Quarantine Depot (1) with old wooden wharf. The depot was established in 1912 and is now used by the Maritime Museum. A track from the road (marked 'The Midden Track') follows above the water's edge as part of an extensive track system clambering up, down and around the headland. There are many tracks to explore. At the lookout near the carpark, with its fine views of Goat Island and the Harbour, Aboriginal axe grinding grooves can be seen near a little rockpool on an overhang. There are several important Aboriginal sites in the area.

At the western end of the car park, take the track to the highest point where an old semaphore mast once stood. Beyond the flagpole site, the track turns down steps towards the Harbour, passing overhangs once developed for picnic shelters. Turn inland again following below the road, before steps lead left down to a track and boardwalks to the lower level of the Coal Loader. The path enters one of four tunnels under the great plattorm of the Coal Loader. Beyond the tunnel, there are many options to explore but the main route leads out below the buildings, past greens, lookouts and a wetland pond
At its end, the roadway meets the road to HMAS Waterhen near the base entrance. The base, which houses Sydney's minehunters and diving units, was named after a WWII RAN destroyer lost at Tobruk in 1941. The current base was commissioned in 1962 and completely rebuilt in the mid-1990s. Turning right, uphill, this is an opportunity to explore the upper part of the Coal Loader site, with its buildings and facilities and an important Cammeraygal engraving site (E) showing a whale and other figures. Return to Balls Head Drive and follow it uphill to Horace Street, with its expansive Harbour view above HMAS Waterhen (F).

At Horace St's end, steps drop alongside the navy base. About hall-way down, take the path to the right below the units and across a 'bridge' over an old drain and down steps into Oyster Bay Reserve (c) and Wandakiah. This huge apartment development replaced the Oyster Bay Gas Works on an industrial site with a long history variously as sugar, gunpowder and kerosene works. Gas was produced here from coal from 1917 onwards. An immense, stone coal bunker several storeys high, dominated the waterfront until the housing development began. Gas production ceased in 1976 when natural gas was introduced, the works finally closing in 1983. Follow around the waterfront to the pedestrian bridge crossing to bush tracks and steps on the Wollstonecraft side. Once the main track is reached, turn left and then right to parallel Tryon Avenue above Ball's Head Bay to Shirley Road and down to Berry Island.

Tear-shaped Berry Island is another isthmus rather than an island, its present grassy "front yard" dating from the 1960s. The "island" itself is well-endowed with native trees and wildflowers. The 800 metre Gadyan Track circles the island, offering water access, plimsoll-line views of any tanker unloading at the Shell Oil Terminal across Gore Cove, and
a tour of the area's significance to and evidence of the Cammeraygal Aboriginal people. Interpretative signs provide information on native flora; the people and their activities and culture; and protect and interpret the major rock engraving site $\oplus$. This site has a ten metre long creature - perhaps a spirit figure or a whale - and near it a small waterhole with axe-grinding grooves. Later, be sure to pause at the Harbour viewing plattorm on the island's eastern tip, in an area of shell middens.

From Berry Island, return to Shirley Road only as far as the Gore Cove Track (1) which starts on the left just beyond the District Fisheries Office. Passing through bushland behind the backyards of Milray Avenue, the track drops to a reclaimed area at the head of Berry Creek and Gore Cove. The stone embankments on the creek and cove may relate to a small coal mine (1) which once operated here. Sydney Harbour sits above substantial coal deposits and from 1897 to 1945 a large mine with its entrance in Birchgrove, operated under the Harbour. There is a bridge connection to Greenwich, but continue on the path towards Wollstonecraft station. The path follows the creek up through rainforest, at one point crossing into Lane Cove municipality before crossing again below the tall tootbridge. At the top ot the steps, turn lett if continuing to Segment 3 , or right if heading to Wollstonecraft or Waverton Stations.

## Start Return Route

To return to Waverton Station take the underpass under the railway just before Wollstonecraft Station, and then turn left up the lane to Milner Crescent. Turn right and then left again at Shirley Road. Three hundred metres along, turn right down the steps of Belmont Lane, cross the end of leafy Newlands Lane and then climb left up steps to the junction of Rocklands Road and Ivy Street. Short Ivy Street leads into Brennan Park. Cross it to Carr Street and, at the next intersection angle right, down Crow's Nest Road to Waverton Station (A).

Written and researched by the Walking Volunteers. For further North Sydney and regional walking materials go to the Customer Service Centre, Stanton Library, or www.northsydney.nsw.gov.au - click 'recreation', and www.walkingsydney.net. Funded by Sharing Sydney Harbour Access Program (SSHAP).

Photographs: Graham Spindler.



MAKE WORK A WALK-OVER it's exhilarating \& healthy
The map tells you where you can find most laneways, steps, bridges and paths which will help you choose a way to walk to work, to the library, to the shops, to a picnic.

The North Sydney pathway system offers a healthy. environmentally friendly, relaxing and constantly interesting alternative to sitting in traffic or trying to find parking spaces en-route to work, school, shops and public facilities. Integrated with bus, train and ferry links, the pathways rovide a practical route to most destinations within and beyond the North Sydney area.
All maps show details of destinations and parks to where you might want to go. They are large for easy reading.
his brochure lists all Council's brochures giving you more and , bushlands, parks and other places interest. There are also details of adjoining Councis, . North Sydney pedestrian routes are part of a network of park route paths linked to adjacen pa Noult Bay or walk to Newcastle - it's all possible!

North Shore Historical Society Walks

| Kirribill from Milsons Point Station (K17) |  |  |
| :---: | :---: | :---: |
| Lavender Bay to Blues Point (H17) |  |  |
| North Sydney Post Office to Waverton (J14-E14) |  |  |
| Waverton Station to Balls Head (E14-18) |  |  |
| Waverton Station to Berry Island \& Wollstonecraft Station (E14-C11) |  |  |
| North Sydney, to Kurraba Pt \& Military Rd (J15-P11) |  |  |
| North Sydney Post Office to Ridge Street and Victoria Cross (J15-J11) |  |  |
| Neutral Bay Post Office to Cremorne and Military Road (P11-T18) |  |  |
| Crows Nest - site of old Mater Hospital to St Leonards Park (G10-L10) |  |  |
| Cammeray - St Thomas Rest Park (Cemetery to Old Tram Depot) (J8-Q5) |  |  |
| Heritage Series Leaflets (upstairs, Stanton Library) |  |  |
| Walks indicated by a ' * '. Historical background only is provided in the other heritage leaflets. Further leaflets are being written and others updated. |  |  |
| 1 Aboriginal Tribes of the Lower North Shore |  | 11 The Independent Theatre 12 Sydney Harbour Bridge |
| 2 Local Government comes to the North Shore |  | 13 Suspension Bridge |
| 'Firsts' in North Sydney 14 Memorials to World |  |  |
| Local History Museums $\quad 15$ A Walking Tour ${ }^{\text {North Sydney }}$ |  |  |
|  | Ivycliffe Villa | 16 St Leonards Park |
|  | Holtermann at Lavender Bay | 17 A Rift through North Sydney - |
|  | Greenwood School Luna Park | 1840 years of the Warringah Expressway |
|  | Boat Building in North | 19 Waverton Park |
|  | Sydney |  |
|  | Conrad Martens and North Sydney | 21 St Thomas Rest Park - a walk through history * |

All the following free publications are available from Stanton Library or the Customer Service Centre, and downloadable from www.northsydney.nsw.gov.au click 'recreation'. The references are to the grid on the map. Many walking brochures for adjoining areas are also available at Stanton Library.

North Sydney Circle Walks
45 kms of connecting circles through the sights and history of North Sydney. Note also relevant Heritage Series leaflets.
C1) Milsons Point to Waverton (K17-E14)
C2 Waverton to Wollstonecraft (E14-C11)
C3 Wollstonecraft to Suspension Bridge (C11-L5)
C4) Suspension Bridge to Cremorne Junction (L5-S9) C5 Cremorne Junction to Shell Cove (S9-Q14) C6 Shell Cove to Milsons Point (Q14-K17)
laque Walks - the bronze plaque marking historic places.

Walk 1 McMahons Point to Waverton (H18-D17)
Walk 2 Cammeray to Lavender Bay (H7-J16)
Walk 3 Neutral Bay to Kirribilli (N15-K19)
Walk 4 Military Road to Cremorne Point (P11-S17)

| 22 Picture Theatres of | 41 Waverton Peninsula |
| :--- | :--- |
| North Sydney |  |
| Heritage Walk * |  |

Headland/Bushland Walks

- Harbour Foreshore Bushwalks Brochure
- Cremorne Point Foreshore Walk (S16)
- The Gadyan Track - Berry island (B15)
- Graythwaite Walking Tracks (G15)
- Flat Rock Gully Tracks (H3 - N5) - being updated available online (Willoughby)
Adjoining Councils, National Parks \& Harbour Trust Walks
There are links to these websites on the North Sydney website (see also Walking Sydney Harbour $\&$ Coast serie below). Many of these and the following brochures are also at Stanton Library.
Lane Cove Council: www. Ianecove.nsw.gov.au or Library The Walks of Lane Cove (free), Bushwalks Around Lane Cove ( $\$ 4.40$ ), Exploring Historic Lane Cove ( $\$ 13.20$ )
Mosman Council: www.mosman.nsw.gov.au or Library Your Walking Guide to Mosman (10 walks), Balmoral SelfGuided Heritage Walk, Walking Taronga to Balmoral

Willoughby City Council: www.willoughby.nsw.gov.au or Library. Walking brochures: Artarmon to Middle Harbour Blue Gum Reserve, Castlecrag, Explosives Reserve, Flat Rock Gully, Ferndale Reserve, Galuwa Inyun Bulga Garadi Trail, Griffin Federation Trail, Harold Reid Foreshore, Mowbray Park, North Arm, Railway to River, Commuting to Chatswood by Bicycle.
National Parks \& Wild life Service: www.nationalparks.com. au click 'Middle Head'. Walking Taronga to Balmoral. Guided Tours of Middle Head - bookings 9247-5033
Sydney Harbour Federation Trust (Harbour Trust): www. harbourtrust.gov.au. Walking Taronga to Balmoral. Tours and information Middle Head, Georges Heights, Chowder Bay \& information Middle Head, Georges Heights, Chowder Bay \&

North Sydney Pedestrian Signage
To Harbour Bridge
30 minute walk

Suggestions \& Corrections
This second edition of Walking North Sydney 2009 has bee compiled by the Walking Volunteers (particularly Caroline Minogue and Bill Orme) working with the North Sydney Pedestria Committee and Sydway Street Directories. Photography by Warwick Orme. Design by Fisheye, Sydney. Please let the coun
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