

26 November 2021

Domestic Violence NSW Service Management
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Sydney NSW 1230

Dear Community Services Committee,

Thank you for the opportunity to respond and provide further detail to the *Chair's question: 'What do you think the different barriers are between urban and regional New South Wales? The main barriers?'*

At the time I responded with:

- Rental costs
- Access to infrastructure for basics like groceries,
- access to public transport,
- fuel costs.

DVSM has looked at the barriers in a holistic way that contribute to the challenges women and children experience in seeking stable affordable accommodation. A good proportion of these barriers affect both women and men, but there are many barriers that are gendered challenges for women. This includes many of the cultural norms and expectations for women in many communities.

Barriers

Sydney	Regional	Remote
Housing affordability (Rental costs more than 30%)	Housing affordability (Rental costs more than 30%)	Very few options or No properties Maintenance of rental properties backlog/not prioritised/inadequate time to complete
Income Rental assistance doesn't cover much in Sydney	Limited job opportunities	Extremely limited job opportunities
System navigation – if support is required where do I start?	is required where do I start?	System navigation — if support is required where do I start and how I do if I don't have access to the internet or a good phone or computer to search on?
	Internet coverage	Extremely poor internet coverage or none
	Mobile Phone Coverage can be unreliable	Telstra only and poor phone coverage including calling 000. Black spots even in the towns
Affordable Continuing/Higher Education and re-training opportunities	<u> </u>	Very limited Continuing Education and re-training opportunities - travel required - online is not realistic





Cost of secondhand cars has	Cost of secondhand cars has	Extremely limited option to buy a
increased significantly	increased significantly	secondhand car except from larger
		regional towns.
(supply/demand) and	(supply/demand)	regional towns.
public transport costs add up for		Variable I and the transport
low income earners	Limited public transport /	Very limited public transport
(to look for	costs	
accommodation/basic needs)		
Sydney	Regional	Remote
Costs of fuel, food, fruit and veg	Costs of fuel, food, fruit and	Higher costs of fuel, fruit and veg,
	veg	freight for everything and limited
		supply
Access to supplies reasonably		Very small grocery and general
consistent		supplies shop with limited options
Health basics – wait lists if don't	Health basics – wait lists if	Medical, Dentistry and
have private health insurance/	don't have private health	Pharmaceutical support and
high density living	insurance.	supplies – Mostly travel required –
		200kms. Hospitals dispense some
		basic pharmaceuticals if attend for
		support.
Childcare – cost and places -	Childcare -cost and places	Childcare – there is nothing formal/
Adhoc and permanent		
·		Access to professional services
		(lawyers, accountants)
		Access to Trades
		Plumbers
		Electricians
		Locksmiths
		Locksinitris
Sports		Limited
		sporting activities and opportunities
Socializing		Limited options for functions and
5 5 5 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		socializing
Places to go when it is very hot	Places to go when it is verv	Places to go when it is very hot and
or very cold	hot or very cold	very cold.
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		Including no library/shopping
		centres/ cafes/ any places indoor
		one can go during the day other
		than one's home and friend's and
		families' houses.
		iaiiiiies ilouses.

Some further detail regarding barriers for accommodation and basic living in Wilcannia as an example of many remote towns in NSW:

- There are no properties to rent. Many of the existing houses need significant repairs and maintaennace wait timeframes are very delayed/unacceptable. We had a case of a grandmother living in a rental without a working bathroom for some time.
- Internet/Higher cost of fresh fruit and veg, food/Fuel. 200kms each way or 4 hours driving for fresh supplies. No deliveries to the town.





- Electricity unreliable out for periods all year round. Times where it has been unavailable
 for at least 2 days. Just happens. (Can't save the freezer if you don't have a generator, and
 the IGA has extremely limited & expensive stock).
- Sewerage systems that need maintenance, but clear instructions may not have been passed on to the tenant/owner causing issue for the town, tenants and landlords.
- Trades are all coming from 200kms away for any house repairs and maintenance -Plumbing, Electrician, Locksmith, yard maintenance. Travel time charged to the resident/landlord.
- No chemist, dentist. Drs only through hospital or Flying Doctors support.
- No hairdresser
- No 0-5 childcare
- Two schools with combined grades/stages as class sizes are small Kindergarten through to Year 12.
- 200 kms (with no phone/internet reception) to main infrastructure.
- 1 IGA Grocery/general store with limited selections & is restocked once a week so if a lot
 of travellers go through can impact the community. (The shop was shut for periods this
 year in the COVID restrictions and for the 4 days of Easter last year when there were
 pandemic restrictions and grey nomads had to return home and bought all the shop's
 stock).
- 1 option for take away/dining in Chinese at the one club socialising space.
- Limited professional services coming to the town and an individual must be available on the days they travel through (legal etc). Most professional services 200kms away including Lawyers, Accountants.
- Black spots in the town where 000 doesn't work.

Our team also noted there are differences for families in parts of Sydney. Many of the points are noted above and below are a few more barriers noted:

Inner, East and North Shore Sydney	Western and South West Sydney
Cost of rent	Cost of rent still prohibitive for many families
Dwellings not able to accommodate large	Dwellings not able to accommodate large families
families	Real Estate Agents
Real Estate Agents	
	Infrastructure can be further distances
	Patchy Internet
	Cultural challenges / expectations
	Public transport doesn't service everywhere
System navigation dependent on	System navigation dependent on community and
community and education levels	education levels

We were also asked about Housing First models by Ms Trish Doyle. Principles we know to be essential are:

 We are advocating for choice and flexibility and the reminder that our responses need to be tailored to the individuals and families as appropriate. We are supportive of the Core and Cluster model for refuges and have seen this work well in Wilcannia.





- Women escaping domestic and family violence need safe, self contained, maintained spaces close to infrastructure and supports.
- Stability in length of tenancy and minimising moving is also critical once a person or family is stable.
- Good friend to DVSM, Samantha Donnelly from the UTS School of Architecture has summarised good principles in her recent article: https://womensagenda.com.au/latest/why-its-essential-that-refuges-are-built-with-the-needs-of-the-women-and-children-that-use-them-at-heart/

Thank you for seeking our input and DVSM being able to share some of our frontline experiences giving voice to the experiences of women and children we support.

We can be contacted for further detail as useful.

And we thank you for your work and attention to this issue. The cost of time spent looking for options for women, and the anguish is increasing daily.

Kindest regards,

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Domestic Violence Service Management

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