The New South Wales Institute of Psychiatry

RECEIVED PURSUANT TO -
ANNUAL REPORTS (STATUTORY BODIES) ACT 1984

THIRTY EIGHTH
Annual Report
2001-2002
"Ut Lux in Tenebris Eluceat"

The motto translates as

"Let it shine out as a light into the darkness"
Letter to the Minister

The Hon. Mr C. Knowles, M.P.
Minister for Health
Level 33
Governor Macquarie Towers
No 1 Farrer Place
SYDNEY NSW 2000

Dear Minister,


Yours sincerely,

Judge Angela Karpin
CHAIR
# Contents

Letter to the Minister .............................................................. 3  
Foreword .................................................................................. 7  
Our Charter ............................................................................ 9  
Organisational Structure ....................................................... 10  
Membership of the Board ...................................................... 11  
Staffing of the Institute ......................................................... 12  
Highlights and Achievements ................................................. 16  
Fellowships ............................................................................ 19  
On-Campus Courses ............................................................... 22  
Courses for Medical Practitioners .......................................... 29  
Specialist Mental Health Courses ........................................... 35  
Continuing Professional Development Courses ...................... 38  
Community Programmes ....................................................... 40  
Off-Campus Courses ............................................................... 41  
Conferences ............................................................................ 47  
Visiting Professor .................................................................... 47  
Special Projects ....................................................................... 48  
World Health Organisation ..................................................... 54  
Other Major Activities ............................................................. 55  
Community Education ............................................................ 56  
Ethnic Affairs Report ............................................................. 58  
General Use of Institute Facilities .......................................... 59  
Financial Report ..................................................................... 61  
On-Campus Course Activity ................................................. 80  
Off-Campus Course Activity ................................................ 81  
Personnel Involved In Teaching ............................................ 82  
Committees ............................................................................. 96  
Staff Activities ....................................................................... 102
The NSW Institute of Psychiatry is very pleased to provide this report detailing significant developments for the year ending 30 June 2002.

A major achievement has been the accreditation of Master degree programmes in general and specialist mental health areas. Students are now able to pursue studies at Graduate Certificate, Graduate Diploma and Master level with increased flexibility and opportunities for professional and personal development. Increasingly, programmes will be made available in Distance Education mode, meeting the needs of staff, service managers and non-metropolitan students.

The Institute is involved in several state-wide education and training programmes coordinated by the Centre for Mental Health, NSW Health Department. The Mental Health Outcome and Assessment Training initiative is an ongoing major contribution to the improvement of mental health staff skills in comprehensive assessment, documentation and outcome evaluation. Area Health Service trainers are developing a programme of training and monitored experience for all staff with the support of training materials developed at the New South Wales Institute of Psychiatry. This model of training has now been used successfully with several major initiatives.

Improving student and staff facilities at the New South Wales Institute of Psychiatry has been a priority with the development of a resource library and search facilities. This allows all students and participants in continuing education programmes to access core reading materials and information. The Institute continues to expand our activities and programmes for the general community, consumers, carers and all those wanting current information about mental health issues.

With the consolidation of our quality education programmes, a development priority identified in the Institute’s Act is the coordination of research into mental health and the presentation of mental health disorders. Several staff has been involved in the development of a research programme which will be implemented over the following year.

Through its Board, Standing and Programme Committees, the New South Wales Institute of Psychiatry has continued to develop relevant and progressive programmes and maintains a breadth of activities. I would like to thank all staff and Committee members and the Board for their efforts and support.

Dr Louise Newman
DIRECTOR
Our Charter

The New South Wales Institute of Psychiatry was established under the New South Wales Institute of Psychiatry Act, 1964, No. 44.

The purpose of this Statutory Body is:

- to promote education in mental health; and
- to foster research into mental illness and disorders.

Our Aims and Objectives

The following are the aims and objectives for which the New South Wales Institute of Psychiatry was established:

- To assist and foster research and investigation into the causation, prevention, diagnosis and treatment of mental illness and disorder;
- To assist and foster postgraduate education and training in psychiatry and mental health;
- To design programmes of training in psychiatry for medical practitioners to meet the requirements and standards of authorities that conduct examinations for postgraduate degrees and postgraduate diplomas in psychiatry;
- To prescribe programmes of training in mental health for non-medical groups approved by the Institute;
- To coordinate, as far as is practicable, programmes of research and investigation into the causation, prevention, diagnosis and treatment of mental illness and disorders.
Structure

Organisational Structure

- Manager
  - Finance Officers
  - Administrative Officers
  - General Services Officer

- Director of Training
  - Child & Family Psychiatry

- Director of Training
  - Adult Psychiatry

- Programme Director
  - Education Officers
  - Contracted Appointments
  - Course Co-Ordinators
  - Senior Project Officer
Membership of the Board

The tenure of the previous Board ended on 31 December 2001. Two regular meetings were held by the Board. Attendance was as follows:

- Judge Angela Karpin - Chair 2
- Professor Bryanne Barnett 2
- Dr Elsa Bernardi 1
- Ms Catherine Conroy -
- Associate Professor John Franklin 2
- Professor Phillip Hazel 1
- Ms Sandra Hoot 2
- Ms Kathleen MacDonald 2
- Dr Louise Newman 2
- Professor Beverley Raphael -

A new Board was appointed from 31 December 2001 until 31 December 2004. The Board met on three occasions. Attendance was as follows:

- Judge Angela Karpin - Chair 3
- Professor Bryanne Barnett 1
- Professor Philip Boyce 2
- Ms Jodie Brown 1
- Ms Maria Fitzgerald 3
- Mr Donald McDonald 2
- Dr Louise Newman 3
- Dr Nicholas O'Connor 2
- Professor Sadanand Rajkumar 3
- Professor Beverley Raphael 1
- Dr Renate Wagner 3
Staffing of the Institute

Staff continue to provide service of the highest quality to participants, educators and the community involved in various programmes offered by the Institute. Their commitment is reflected in the successful development of applications for the accreditation of a number of programmes at Graduate Certificate, Graduate Diploma and Master level. Officers have overseen this complex accreditation process in a highly professional and competent manner.

The year has also seen the development of an ‘in-house’ CD-Rom technology capability for the Master in Psychiatry course. It is envisaged that CD-Rom material will be developed for a number of other courses offered by the Institute. Further, the Institute is continuing to work closely with the NSW Health Department in the development, delivery and evaluation of a number of state-wide education and training projects in mental health.
The following are employed at the end of this period:

Ms Kaylene Ascough, Administrative Officer; Mr Arthur Brown, General Services Officer; Ms Victoria Brown, Administrative Officer; Mr Tim Coombs, Project Co-ordinator; Ms Rochelle Dempsey, Research Officer; Ms Agnes D'Souza, Administrative Officer; Mr Robert Fritchley, Manager; Mr Rich Glover, Finance Officer; Ms Rosselle Gomez, Administrative Officer; Ms Elizabeth Hay, Administrative Officer; Mr Anthony Hillin, Senior Project Officer; Ms Erica Khattar, Administrative Officer; Mr Guan Lim, Administrative Officer; Ms Vicky Luhrs, Administrative Officer; Dr Sarah Mares, Director of Training, Child, Adolescent & Family Psychiatry; Ms Jane Marks, Administrative Officer; Mr Robert McAlpine, Senior Project Officer; Ms Roslyn Montague, Programme Director; Ms Diane Mouhanna, Education Officer; Dr Louise Newman, Director; Mr Moises Petilla, Assistant Finance Officer; Dr Robert Redwin, Director of Training, Child, Adolescent & Family Psychiatry; Ms Jacque Schultze, Librarian; Ms Christine Senediak, Senior Project Officer; Ms Kathryn Thorburn, Education Officer; Mr Paul Walker, Education Officer.

- **Ms Elizabeth Abbott**, Project Officer completed her secondment on 27 July 2001.
- **Ms Kaylene Ascough**, Administrative Officer was appointed on 14 January 2002 for a period of 2 years.
- **Ms Lorraine Brown**, Education Officer completed her temporary appointment on 18 September 2001.
- **Dr David Burke**, Director of Training, Adult Psychiatry completed his secondment on 10 February 2002.
Staffing

- Ms Rochelle Dempsey, Research Officer commenced her contract from 11 April 2002

- Ms Rosselle Gomez, Administrative Officer was appointed on 21 January 2002 for a period of 2 years.

- Ms Elizabeth Hay, Administrative Officer was appointed on 22 January 2002 for a period of 3 years.

- Mr Anthony Hillin, Project Officer, School Link Project was appointed on 4 March 2002 for a period of 2 years.

- Dr Robert McAlpine, Project Officer, School Link Project was appointed on 7 March 2002 for a period of 14 months.

- Ms Diane Mouhanna, Education Officer, was appointed on 6 May 2002 for 12 months.

- Ms Jacque Schultze, Librarian (part-time) has assisted the Institute reorganise its reference library from 20 November, 2001.

- Ms Christine Senediak, Senior Project Officer, was appointed on 2 April 2002 for a period of 2 years.

- Dr Robert Redwin, Psychiatrist, was appointed as Director, Child & Adolescent Psychiatry on 4 June 2002 for a period of 4 months during Dr Sarah Mares' leave of absence.

- Mr Paul Walker, Education Officer, Mental Health Outcomes and Assessment Training (MH-OAT) project, was appointed on 24 October 2001 for 12 months.
Project and Course Co-ordinators

The Institute continues to attract senior educators who assist with the design, delivery and evaluation of various programmes of education and training offered. Our multidisciplinary team of co-ordinators comprise persons with academic and clinical expertise who are able to assist the Institute deliver programmes of the highest quality.

The following are contracted to co-ordinate various programmes, projects and courses at the end of this period:

- **Ms Alison Bell**, Mental Illness and Substance Abuse.
- **Mr Peter Brown**, Graduate Certificate/Diploma/Master in Mental Health (Aged Care); Assessment and Management of Challenging Behaviours in the Elderly.
- **Ms Serena Cauchi**, Gender, Sexuality & Mental Health.
- **Ms Deborah Howe**, Population Health & Mental Health Services.
- **Ms Heather Jefferee**, Counselling Skills for Child & Family Health Nurses.
- **Mr Ettienne Kitto**, Assessment in Mental Health: An Intensive Skills Workshop.
- **Dr Robert Lewin**, Forensic Psychiatry.
- **Ms Regina McDonald**, Psychiatry of Old Age for Enrolled Nurses by Distance Education.
- **Ms Agnes McMillan**, Management & Leadership in Mental Health Services.
- **Dr Caroline Stevenson**, Graduate Certificate/Diploma/Master in Adolescent Mental Health; Child & Adolescent Mental Health.
- **Ms Marianne Nicholson**, assisting with the co-ordination of Graduate Diploma in Infant Mental Health.
- **Ms Laraine Toms**, Carer Advocacy Training.
- **Ms Beulah Warren**, Graduate Diploma/Master Infant Mental Health;
- **Ms Sandy Watson**, Consumer Advocacy Training.
Highlights and Achievements

The Institute continued directing its resources towards obtaining accreditation of relevant programmes of education and training in mental health. The process, which commenced during the last period, continued with a number of additional programmes being accredited under Section 3 of the NSW Higher Education Act, 1988. The successful accreditation of courses means that the Institute, for the first time in its history, is able to award formally recognised, clinically relevant and evidence-based Graduate Certificate, Graduate Diploma and Master qualifications in Mental Health.

The newly accredited programmes ensure that mental health professionals receive education programmes of excellence that provide a 'progression of learning' and that qualifications obtained from the Institute are recognised throughout Australia. Programmes accredited during this period include:

- Graduate Certificate in Family Therapy – *abbrev: Grad.Cert.Fam.Ther*
- Master of Psychiatry – *abbrev: M.Psychiatry*
- Master of Infant Mental Health – *abbrev: M.IMH*
- Master of Mental Health (Child & Adolescent) (*M.MH(C&A)*);
- Master of Adolescent Mental Health – *abbrev: M.ADMH*
- Master of Adult Mental Health – *abbrev: M.MH(A)*.

This period has seen the Institute continue to attract a number of significant state-wide education and training project contracts. These projects will be conducted at the Institute and in rural areas of New South Wales.

The Institute continues to work in a highly competitive environment. Receiving only partial government funding, the Institute is required to charge fees for its services. Income earned from various clients has led to reduced reliance on a government grant. Special emphasis is given to providing clients with the best possible service and educational programmes of the highest quality. The success of this approach has ensured retention of existing clients and the gaining of a number of new clients for its services.

The Institute has benefited immensely from the excellent contribution made by many eminent course planning committee members, teachers, course coordinators, module writers and editors who work in assisting with the development of quality programmes of education and training.
Highlights for the 2001 - 2002 year

- Five Master and one Graduate Certificate courses were accredited under Section 3 of the NSW Higher Education Act 1988 for a period of 5 years from 1 January 2002. The courses are:
  - Graduate Certificate in Family Therapy – abbrev: Grad.Cert.Fam.Ther.;
  - Master of Psychiatry – abbrev: MPsychiatry;
  - Master of Infant Mental Health – abbrev: M.IMH;
  - Master of Mental Health (Child & Adolescent) – abbrev: M.MH(C&A);
  - Master of Adolescent Mental Health – abbrev: M.A MH;
  - Master of Mental Health (Adult) – abbrev: M.MH(A).

- Commencement of work on a number of state-wide projects funded by the NSW Health Department including:
  - School Link; Integrated Perinatal Care; Promotion, Prevention and Early Intervention; Adolescent Mental Health CD-Rom; Child & Adolescent Mental Health Training; Youth Suicide Prevention Training; Master in Psychiatry; Early Psychosis Training; Parenting Programme; Resource Library.

- Continuation of a major Customised Education and Training Programme;

- Continuation of work on a NSW Health Department funded, state-wide project on “Mental Health Outcomes and Assessment Training (MH-OAT)” including the development of a CD-Rom for the project;

- Continuation of a school education programme designed to prevent depression in adolescents;

- Conduct of a conference “Refugees and Trauma – Implications for Clinical Practice”;

- Undertaking a consultancy reviewing child and adolescent psychiatry services provided in Nanjing, China

- On-going utilisation of the Videoconference facility;
Direct clinical and small-group teaching in the newly developed clinical teaching unit including commencement of work in the unit on a research project to study the prevention of mental health disorders in the very young;

Continuation of a programme to assess children and adolescents in the Clinical Teaching Unit. The programme involves the training of staff from Department of Community Services and the Vietnam Veteran's Counselling Service;

Financial support by way of fee discounts for staff from Non Government Organisations;

Continuing membership of the World Health Organization's Australian Multisite Collaborative Centre in Mental Health and Substance Abuse and facilitating visits of WHO Fellows from South East Asia to train in mental health and psychiatry in Australia;

The Institute is a statutory body, independent of any individual university or teaching institution. Under the terms of its Act of Parliament, the Institute is committed to initiating and encouraging research into all aspects of mental health, playing an active role in the training of mental health professionals and fostering the advancement of mental health education in New South Wales.
Training Fellowships in Child & Family Psychiatry, Research and Areas of Need in Psychiatry are allocated each year. The scheme is competitive and successful applicants receive grants of between one and two years duration.

This scheme is funded by the NSW Health Department and is administered by the Institute. In addition to receiving training, Fellows, who are usually senior clinicians, provide an essential clinical service at hospitals and community centres where they are placed. This service is funded by the fellowship scheme and is provided at no cost to those institutions.

Child, Adolescent & Family Psychiatry Fellowships

Dr Colin Kable completed his Training Fellowship on 13 July 2001.
Dr Mathew Lynch completed his Training Fellowship on 16 July 2001.
Dr Elizabeth Desovska completed her Training Fellowship on 13 August 2001.
Dr Joanne Prendergast discontinued her Training Fellowship on 19 November 2001.
Dr Elizabeth Salgado completed her Training Fellowship on 16 January 2002.
Dr Steven Spielman completed his Training Fellowship on 21 January 2002.
Dr Lana Lubimoff completed her Training Fellowship on 12 April 2002.
Dr Raphael Chan continued his Training Fellowship during this period.
Dr Cathy McGuckin continued her Training Fellowship during this period.
Dr Rosemary Anderson continued her Training Fellowship during this period.
Dr Alison Saunders commenced her Training Fellowship on 21 January 2002.
Dr Konya Roy commenced her Training Fellowship on 28 January 2002.
Fellowships

Training in Research Fellowships

Dr Saretta Lee completed her Research Fellowship on 10 August 2001.

Ms Melanie Porter completed her Research Fellowship on 24 June 2002.

Mr Daniel Hermens commenced his full-time Research Fellowship titled “Gender differences and treatment evaluation in ADHD: An integrative neuroscience study”, on 2 July 2001.


Ms Delyse Hutchinson commenced her part-time Research Fellowship titled “The role of friendship networks and negative affect in body image concerns and eating problems”, on 12 July 2001.


Dr Sonia Kumar commenced her part-time Research Fellowship titled “Measuring disordered functioning in those with Personality Disorder”, on 21 January 2002.

Special Training Fellowships

Dr Sharon Reutens completed her Special Training Fellowship on 21 July 2001.

Dr Daniel Gibson completed his Special Training Fellowship on 21 January 2002.

Dr Roberto D’Angelo completed his Special Training Fellowship on 4 February 2002.

Dr Nick Bendit commenced his Special Training Fellowship on Borderline Personality Disorder on 14 January 2002.

Dr Jason Pace commenced his Special Training Fellowship in Psycho-oncology on 21 January 2002.

Dr Martin Cohen commenced his Special Training Fellowship in Dual Diagnosis Psychiatry on 21 January 2002.

Dr Larissa Grund commenced her Special Training Fellowship to Develop an Educational model to assist General Practitioners in managing bereavement and loss in the Elderly on 21 January 2002.
On-Campus Courses

Graduate Certificate/Diploma In Mental Health

The Graduate Certificate Mental Health and Graduate Diploma Mental Health has two streams: the Adult stream and the Child and Adolescent stream.

This multidisciplinary course is intended for health professionals with a primary or higher degree who work with or intend to work with adults or children, adolescents and families at risk of, or suffering from mental health problems. The course is intended as a primary qualification in applied clinical work with children, adolescents and their families and with people who have mental health problems.

The following core and elective units have been conducted during this period:

Population Health Approach to Mental Health Services

An introductory core unit in both Adult and Child and Adolescent Mental Health streams, the unit is designed to facilitate and understanding of the population health approach to mental health services, policy and planning.

The course was conducted from 30 July 2001 to 23 November 2001. Nine participants undertook the course.

Ms Deb Howe co-ordinated the course.
Community Mental Health: Systems of Care and Recovery

This is a core unit, specific to the Adult mental Health stream of the Graduate Certificate/Graduate Diploma/Master in Mental Health. It may also be taken as a single unit of study for continuing professional education. This subject reviews underlying principles of mental health care including evidence-based practice, consumer/carer partnerships, models of recovery and co-ordinated systems of care, and the application of these principles in the provision of culturally-sensitive mental health care to specific-needs groups.

A distance education course was conducted from 29 July 2001 to 23 November 2001 for one participant. A second course was conducted from 25 February 2002 to 21 June 2002. Five participants undertook this course.

Ms Kath Thorburn co-ordinates the programme.

Orientation to Child and Adolescent Mental Health

This unit is specific to the Child and Adolescent Mental Health stream of the Graduate Certificate/Diploma in Mental Health. It may also be taken as a single unit of study for continuing professional education.

The one-semester unit provides an overview of core skills for child and adolescent mental health workers including development of the child and family; interviewing skills; terminology – classification and diagnosis; formulation and intervention planning and assessment and report writing.

The programme was conducted over the period 25 February 2002 – 21 June 2002. Ten participants undertook the programme.

Ms Christine Senediak co-ordinated the programme.
Introduction to Family Therapy and Practice

This unit is a common elective in both the Adult and Child and Adolescent Mental Health streams of the Graduate Certificate/Diploma in Mental Health. It may also be taken as a single unit of study for continuing professional education.

The programme covers three major family therapy approaches: Milan, Brief and Narrative theories. It aims to provide participants with foundation skills in understanding the development of family therapy practice and the basic principles of the application of family therapy to a wide range of clinical settings and diverse clientele. There is a strong emphasis on skills development using practical skills training, role-playing, case discussions and small group exercises.

Eight participants undertook the unit from 25 February – 21 June 2002.

The course is co-ordinated by Ms Christine Senediak.

Special Topics in Family Therapy

This unit is a common elective in both the Adult and Child and Adolescent Mental Health streams of the Graduate Certificate/Diploma in Mental Health and is a compulsory unit within the Graduate Certificate in Family Therapy. It may also be taken as a single unit of study for continuing professional education.

The unit surveys major issues in current family therapy practice. Topics address a variety of issues and provide participants with up-to-date knowledge and literature in the field. Small group clinical supervision is an integral part of the programme.

Seven participants undertook the unit from 29 July 2001 - 23 November 2001. A second course from 25 February – 21 June 2002 was conducted for eight participants.

The course is co-ordinated by Ms Christine Senediak.
Counselling Skills for Mental Health Professionals Level I

This unit is a common elective in both the Adult and Child and Adolescent Mental Health streams of the Graduate Certificate/Diploma in Mental Health. It may also be taken as a single unit of study for continuing professional education.

This unit is designed for mental health professionals who wish to improve their understanding and practice of the major counselling approaches as they relate to their client group. The unit aims to provide a comprehensive understanding of counselling theory and practice, knowledge of how to provide secure treatment conditions, assessment skills and understanding management strategies for dealing with difficult presenting problems.

Nine participants are enrolled in the course conducted from 25 February – 21 June 2002.

The course co-ordinator is Ms Christine Senediak.

Counselling Skills: Theory and Practice Level II

This unit is a common elective in both the Adult and Child and Adolescent Mental Health streams of the Graduate Certificate/Diploma in Mental Health. It may also be taken as a single unit of study for continuing professional education.

This unit, conducted by distance education, provides advanced skills training in specific counselling approaches. It is intended for participants wanting to further develop their understanding of counselling theory and practice using a variety of therapeutic interventions with diverse client groups.

Five participants undertook the Adult component and one participant completed the Child component from 29 July 2001 – 30 November 2001.

The course co-ordinator is Ms Christine Senediak.
Courses

Management and Leadership Skills in Mental Health Services Level 1

This unit is common to both the Adult and Child and Adolescent Mental Health streams of the Graduate Certificate/Diploma in Mental Health. It may also be taken as a single unit of study for continuing professional education.

The unit explores leadership issues and the management of mental health services. It is designed for managers and future managers of mental health services.

Ten participants undertook this course which was conducted from 25 February to 21 June 2002.

Ms Agnes McMillan co-ordinates the course.

Mental Illness and Substance Abuse

This unit is common to both the Adult and Child and Adolescent Mental Health streams of the Graduate Certificate/Diploma in Mental Health. It may also be taken as a single unit of study for continuing professional education.

This unit is designed to facilitate an understanding of combined problems of mental illness and substance abuse and enable mental health and other mental health professionals to improve health care outcomes with clients experiencing same.

Ten participants undertook this course which was conducted from 25 February to 21 June 2002.

Ms Alison Bell is the course coordinator.
Rehabilitation in Mental Health

This unit is specific to the Adult Mental Health stream of the Graduate Certificate/Diploma in Mental Health. It may also be taken as a single unit of study for continuing professional education.

An elective provided by Distance Education, the unit aims to provide a conceptual framework in which to understand mental health rehabilitation and implement effective rehabilitation programmes from both an organisational and clinical viewpoint.

A course was conducted from 29 July 2001 – 23 November 2001. Ten participants undertook the course.

The course is co-ordinated by Ms Kath Thorburn.

Introduction to Mental Health and Illness in Old Age

This unit is specific to the Adult Mental Health stream of the Graduate Certificate/Diploma in Mental Health. It may also be taken as a single unit of study for continuing professional education.

The unit provides an introduction to the psychiatry of old age. Specifically it examines the common psychological disorders of older people, how they present and how they are managed.

Three participants undertook this distance education course which was conducted from 25 February 2002 to 21 June 2002.

Ms Regina McDonald co-ordinates the course.
Mental Health Problems of Childhood and Adolescence
Level 1

This unit is specific to the Child and Adolescent stream of the Graduate Certificate/Diploma in Mental Health. It may also be taken as a single unit of study for continuing professional education.

The unit provides a comprehensive overview of understanding the development of child and adolescent programmes. It includes an introduction to the various models of therapy which provides a basis for understanding problems of attachment, children and adolescents that present with disorders of behaviour and difficulties in development and learning.

Six participants undertook this distance education course which was conducted from 25 February 2002 to 21 June 2002.

Ms Christine Senediak coordinates the course.
Courses for Medical Practitioners

Child, Adolescent and Family Psychiatry

This two-year course is intended for medical practitioners who have completed Part I of their training in General Psychiatry. The course is accredited with the Royal Australian & New Zealand College of Psychiatrists (R.A.N.Z.C.P.) as vocational training in Child, Adolescent and Family Psychiatry. Satisfactory completion of the course allows membership of the Faculty of Child, Adolescent and Family Psychiatry within the R.A.N.Z.C.P. and award of the Certificate of Completion of Child Psychiatry Training by the R.A.N.Z.C.P.

Paediatricians who have completed at least Part I of the Fellowship for the Royal Australian College of Paediatrics (R.A.C.P.) may attend, and have the option of also enrolling as "Dual Fellowship Trainees" with both the R.A.N.Z.C.P. and the R.A.C.P.

This year has seen consolidation of a new two-year curriculum, increasingly underpinned by adult learning principles. In consultation with Directors of Training in other states of Australia and in New Zealand video-conferenced grand round training sessions have been successfully introduced, linking trainees with peers and colleagues in the broader professional community.

The Institute's Clinical Teaching Unit continues to be used to enable senior trainees to complete supervised assessments of parenting capacity for the Department of Community Services, as part of their training experience.

Dr Sarah Mares, the Director of Training, Child Adolescent and Family Psychiatry has proceeded on leave during this period. Dr Robert Redwin (child psychiatrist) has been seconded from Central Sydney Area Health Service from 4 June 2002, to assist with the training programme.

Vocational training in Child, Adolescent and Family Psychiatry is predominantly an apprenticeship training. Trainees undertake a range of supervised clinical experience in accredited Child and Adolescent Mental Health Services four days
Courses

per week. The NSW Institute of Psychiatry course provides the opportunity for the integration of theoretical and practical skills into competent, ethical, clinical practice. Trainees also have the option of undertaking part of their training in a supervised research project, or areas of special interest.

Dr Elizabeth Desovska, Dr Colin Kable (Newcastle), Dr Lana Lubimoff, Dr Mathew Lynch, Dr Elizabeth Salgado and Dr Steven Spielman (psychiatrists) completed their training in the course. Dr Joanne Prendergast is on maternity leave. Dr Paul Duffy (paediatrician) completed one year of the course.

Dr Rosemary Anderson, Dr Raphael Chan, Dr Teresa Foce (ACT), Dr Cathy McGuckin (psychiatrists) and Dr Cybele Dey and Dr Andrea Zalan (paediatricians) proceeded to the second year of the course.

Dr Konya Roy and Dr Alison Saunders commenced their training during the period.

Clinical Skills in Drug & Alcohol Medicine

This one-week course, designed for medical practitioners, seeks to improve knowledge and skills relevant to the drug and alcohol problems prevalent in our society today. Content delivery involves both lectures and small group ‘bedside’ clinical training. Successful applicants are eligible for Continuing Medical Education (CME) points from the Royal Australian College of General Practitioners.

Eleven participants completed the course that was conducted from 26 November 2001 – 30 November 2001.

Dr Stephen Jurd, Professor John Saunders and Dr Gilbert Whitton co-ordinated the course.
Postgraduate Course in Psychiatry Years 1 & 2

The course, designed to assist doctors wishing to train as psychiatrists, is currently in its second year. It has been accredited at Master’s degree level and is conducted over three years with each year made up of two 20-week terms. The course is offered in Distance Education mode with the course content on compact disc (CD-Rom) and on a dedicated, secure website on the internet and supplemented by weekly small group tutorials.

Students are expected to participate in a minimum four hours of structured study time per week and approximately four hours of private study time per week. The structured study time takes place in small tutorial groups. Tutors have been recruited from current Institute lecturers and others based both in the public and private setting.

An introductory programme is conducted on problem-based learning, computer skills, academic topics and training-related issues and prepared trainees for the Royal Australian and New Zealand College of Psychiatrists examination.

A workshop is also conducted for all tutors in the programme, introducing them to course concepts including the use of CD-Rom educational technology.

In 2002, the following number of doctors are enrolled in the course:

- Year 1 30
- Year 2 38

The course, which is overseen by the Standing Committee for the Training of Psychiatrists chaired by Professor Phillip Boyce, has received funding support from the NSW Health Department.

Dr Louise Newman currently co-ordinates the programme.
Examination Results

The following medical practitioners in the Institute and Newcastle training programmes successfully completed Part I of the Royal Australian and New Zealand College of Psychiatrist’s examination:

October 2001
Dr Manish Anand, Dr Nicholas Bendit, Dr Edward Cassidy, Dr Martin Cohen, Dr Ann Joseph, Dr Sonia Kumar, Dr Naresh Monratty, Dr Roman Montanari, Dr Jason Pace, Dr Alison Saunders, Dr Veronica Vass

May 2002
Dr Padmini Howpage, Dr Megan Kalucy, Dr Sophie Kavanagh, Dr Peter Krabman, Dr Craig Leete, Dr Robert Reznik

Special Workshops

Three workshops were conducted during this period for trainee psychiatrists.

First Year Clinical Examination
This workshop, conducted on 21st July 2001, was designed to give a practical and interactive approach to the examination. Speakers were Dr Bruce Boman, Dr Murray MacKay and Dr Andrew Pethebridge. Sixteen registrars attended the programme.

Preparing for the Consultancy Viva for Newcastle registrars
Conducted on 27 April 2002. Dr Nick O’Connor conducted the workshop. Six registrars attended the workshop.

Trial Part I Written Examination
Designed to assist registrars prepare for the Royal Australian and New Zealand College of Psychiatrists Part I examination, this workshop was conducted on 15th and 16th June 2002. Twenty-five registrars attended and lecturers were Dr Cathy Mason, Dr Robert Redwin and Dr Steven Spielman.

Indigenous Mental Health
During the Social and Cultural term of Year 3 in the course for Psychiatrists in Training, lectures are devoted to indigenous mental health. Professor Ernest Hunter and Ms Robyn Shields presented. Ten students attended this day.
Psychiatrists in Training Years 3 – 4

This course is currently in its last year of conduct having been replaced by the Postgraduate Course in Psychiatry (PCP). The course is a three and a half year programme, which provides participants with theoretical underpinning to the supervised clinical experience trainee psychiatrists receive in their accredited places of employment. It also prepares them for the Royal Australian and New Zealand College of Psychiatrists examination.

The course is overseen by the Standing Committee for the Training of Psychiatrists chaired by Professor Phillip Boyce.

In 2002, the following number of doctors are enrolled in the course:

- Year 3: 28
- Year 4: 17
- General Medicine: 3
Course of Advanced Training in the Psychotherapies – Core Programme

A one-year course designed for psychiatrists, covers key psychotherapy concepts and consists of four main chapters:

- Individual Dynamic Therapies;
- Structured Therapies;
- Group Therapies;
- Family and Couples Therapies

Thirteen doctors are enrolled in the Core course that is being conducted from 6 February 2002 – 28 November 2002.

Dr Isla Lonie coordinates the course

Course of Advanced Training in the Psychotherapies - Advanced Programme

This one-year course builds on the core programme offered. The course encourages the presentation of clinical material and promotes active discussion.

Ten doctors are enrolled in the advanced course that is being conducted from 7 February 2002 – 29 November 2002.

Dr Isla Lonie coordinates the course
Specialist Mental Health Courses

Graduate Diploma in Infant Mental Health

This two-year course, offered by Distance Education, aims to provide a theoretical and practical basis for clinical work with infants, caregivers and families in a variety of settings. This is a multidisciplinary programme, which takes the infant and his/her development as a central focus and emphasises the complex process of infant and family development through pregnancy and the first three years of life. The course includes supervision of both infant observation and of clinical parent-infant work.

Twenty-five participants enrolled in Year 1 of the course which commenced in 2002. Twelve participants are completing the second year of the course.

Ms Beulah Warren and Ms Maryanne Nicholson co-ordinate this course.

Graduate Certificate in Adolescent Mental Health

This one-year course, offered by Distance Education, provides a comprehensive overview of adolescent development and mental health. It is a practical and clinical course. The course aims to train mental health workers to distinguish between (culturally) normal and abnormal aspects of mental health in adolescence; use strategies and programmes to promote adolescent mental health; adequately assess and determine appropriate intervention programmes; manage a range of adolescent mental health problems including crisis and chronic psychiatric illness presentations on an outpatient basis and be aware of the range of treatment facilities and programmes available for adolescents with mental health problems.

Thirteen participants are enrolled in the course.

Dr Caroline Stevenson is the co-ordinator for this course.
Courses

Graduate Diploma in Adolescent Mental Health

A one-year specialist course aimed to extend students who have completed the Graduate Certificate in Adolescent Mental Health (SMH002) or its equivalent. It involves completing two compulsory Distance Education units and two optional units from a range of Institute courses.

Two participants are undertaking their training.

Dr Caroline Stevenson is the co-ordinator for this course.

Graduate Certificate in Psychiatry of Old Age

This one year course provides a comprehensive overview of psychiatry of old age and is practical and clinical in outlook. Wide ranges of topic areas are covered beginning with normal aging and geriatric medicine. The course then explores the knowledge and skills required for the assessment and management of clients in the field of geriatric psychiatry. Related areas such as legal and ethical issues, administration, service development and evaluation, teamwork and self-management are also addressed. An introductory unit in Research is included.

The Course comprises a Weekend Workshop, a Residential Week, and Distance Education Study modules.

Twelve participants are enrolled in the course in 2002.

The course co-ordinator is Mr Peter Brown.
Graduate Diploma in Psychiatry of Old Age

The Graduate Certificate of Psychiatry of Old Age is a prerequisite for this course. Students undertake components in Evaluation, Qualitative and Quantitative Research Designs and undertake a research project.

Four participants are enrolled in this programme.

Mr Peter Brown is the co-ordinator for this course.

Graduate Certificate in Family Therapy

The Graduate Certificate course provides participants with core skills in assessment and treatment in family therapy theory and practice. Each unit builds on developing a broad understanding of systemic thinking and practice and introduces participants to contemporary issues in working with individuals and families.

The first semester involves students undertaking two units that run concurrently. In the second semester students elect one of the three core models of therapy: Milan, Brief and Narrative theories and undertake clinical supervision in the related therapeutic mode.

Students enrolled in the Graduate Certificate are recorded in the various electives in this report.

The course is co-ordinated by Ms Christine Senediak.
Courses

Continuing Professional Development Courses

Counselling Skills for Child and Family Health Nurses

This course is designed to provide training to Child Adolescent and Family Health Nurses from rural and metropolitan areas in basic counselling skills. The course provides practical skills and training is provided through supervision of casework, didactic lectures and supervised video role-playing sessions.

One course was conducted during this period. Twelve participants attended the course, from 29 October - 30 November 2001.

Ms Heather Jefferee is the course co-ordinator.

Mental Health for Health Care Interpreters, Ethnic Health Workers and Bi-Lingual Counsellors

This three-month course aims to give an understanding of psychiatric nosology, treatment and factors associated with mental illness, with particular emphasis on social and cultural aspects.

Thirteen participants attended a course conducted from 3 August 2001 - 30 November 2001.

The course co-ordinator is Dr Anthony Williams.

Supervision Skills for Health Professionals

A one-day workshop designed for health and welfare professionals who already provide (or intend to provide) clinical supervision to other professionals.

One workshop was held during the period. Ten participants attended the workshop conducted on 25 October 2001.

Ms Christine Senediak conducted the course.
Assessment in Mental Health: An Intensive Skills Workshop

A three-day workshop designed for mental health workers who wish to develop or refresh their skills in conducting mental health assessments including mental state examination, risk assessment and Biopsychosocial assessment.

Thirteen participants attended a workshop conducted from 6 August 2001- 8 August 2001.

Seven participants attended a second workshop conducted from 15 October 2001-17 October 2001.

Eight participants attended a third workshop conducted from 11 March 2002 - 13 March 2002.

Mr Etienne Kitto co-ordinated the programme.

Management of Challenging Behaviours in Old Age for Enrolled Nurses and Assistants in Nursing

A two-day workshop provides a comprehensive overview of challenging behaviours in old age and is practical and clinical in outlook. It provides an overview of mental health problems in old age, management and legal issues.

Four participants attended a workshop conducted on 22 March 2002 and 10 May 2002.

Ms Regina McDonald conducted the programme.
Community Programmes

Introduction to Mental Health

This three-day workshop aims to provide all workers with an understanding of mental illness, its effects and treatments; to present relevant information about the use of mental health legislation and resources; and to provide participants with basic skills for working with clients with a mental illness.


The course is co-ordinated by Ms Kath Thorburn.

Consumer Advocacy Training

The aim of this programme is to provide consumers with the knowledge and skills necessary for them to participate in service planning and advisory groups. As a result of their training participants will understand mental health services structures, and the role of a consumer representative, and develop skills necessary to be able to contribute to this role.

One programme was held from 31 October 2001 - 2 November 2001 for eighteen participants. Eleven participants attended a second course from 1 May 2002 - 3 May 2002.

Ms Vicki Katsifis co-ordinated the first programme. Ms Sandy Watson co-ordinated the second course.

Carer Advocacy

A three-day course that aims to enhance advocacy skills for carers. The course is designed to contribute, through the education of carers, to the introduction of a carer perspective into mental health service delivery, quality assurance, staff training and research.

Nineteen participants completed the course that was conducted from 26 – 29 September 2001.

Ms Laraine Toms co-ordinated the course.
Courses

Off-Campus Courses

During this year under review, the Institute designed and developed, in consultation with employers, the following training programmes in mental health.

“Assessment of Parenting Capacity” and “Borderline Personality Disorder on Parenting” – Coral Tree Family Service

Two seminars were presented on the above topics for staff at Coral Tree Family Service.

- 9 July 2001, 16 July, 8 October 2001 Sydney 20 participants

Dr Louise Newman conducted the programme.

Family Therapy Interventions – Ryde Community Mental Health Centre

These workshops are for mental health clinicians who wish to develop and further enhance their skills in conducting family interventions, specifically with young people experiencing a psychotic illness.

- 17 July 2001 Sydney, 24 participants

Mr Brian Cade conducted the programme.

Refresher Course for Mental Health Workers – Mid North Coast Area Health Service

These workshops were designed for mental health clinicians who wish to update their knowledge and skills in current issues and best practice in mental health.

- 6, 7, 8, 20, 21, 22 August 2001 Taree, 25 participants
- 1, 2, 8, 9, 15, 16 November 2001 Coffs Harbour, 20 participants

Ms Loraine Brown co-ordinated the programme.
Basic Understanding of Mental Illness – NSW Department of Housing

A workshop aimed to introduce housing workers to the nature of mental illnesses and their implications.

- 13 September 2001 Sydney, 13 participants

Ms Lorraine Brown co-ordinated the programme.

Practical Skills in the Assessment and Management of Suicide – ACT Mental Health Service

The one-day workshop presents current information on assessment and management of suicide and provides students an opportunity to practice these skills in a supportive environment.

- 7 & 21 September 2001 Canberra, 19 participants

Mr Peter Bazzana conducted the programme.

Disaster Mental Health Response Training – Anglicare

The workshop provided evidence-based education and training for relevant staff working in the Service.

- 23 & 24 October 2001 Sydney, 29 participants
- 26 & 27 February 2002 Sydney, 25 participants

Mr Sam Vasta conducted the programme.
Courses

Consultation Liaison Nurse Training - NSW Health Department

This comprehensive trial programme, funded by NSW Health Department, was designed for Consultation Liaison Nurses working in Emergency Departments.

- 1-2 November 2001        Sydney, 20 participants
- 13-15 February & 8-10 May 2002  Sydney, 20 participants

Ms Kath Thorburn co-ordinated the programme.

Understanding Mental Illness – AMP

This workshop provided participants with basic information on major mental illness and some insight into the daily experiences of someone affected by mental illness (including stigma and discrimination).

- 30 November 2001        Sydney, 12 participants

Ms Ros Montague and Ms Kath Thorburn conducted the programme.

Introduction to Basic Counselling Skills for Child and Family Health Nurses – Central Sydney Area Health Service

Two programmes aimed to train Child and Family Health Nurses with a high level of counselling skills appropriate to their role.

- 11-12, 18-19 February, 25-26 March 2002     Sydney, 17 participants

Ms Christine Senediak co-ordinated the programme.
Courses

Prevention and Management of Aggression in the Emergency Department - Security Officers, NSW Health Department

The one-day workshop dealt with issues concerning prevention and management of aggression in the emergency departments involving patients affected by mental disorder. It provided an opportunity to network and train security staff (primarily in supervisory roles) working in NSW Health Department facilities across NSW.

- 14 February 2002  Sydney, 19 participants

Ms Kath Thorburn co-ordinated the programme.

Mental Health Issues for Midwives – King George V Hospital

A five-day workshop programme aimed at introducing a range of mental health topics and equipping participants with the knowledge, skills and attitudes required to recognise mental health problems and work effectively with clients affected by mental illness.

- 15, 22 March, 12, 26 April, 10 May 2002  Sydney, 10 participants

Ms Kath Thorburn coordinated the programme.

Assessment in Mental Health – South Western Sydney Area Health Service

This workshop was designed for mental health workers wishing to develop or refresh their skills in conducting mental health assessments including mental state examination, risk assessments and biopsychosocial assessment.

- 2, 11, 18 April 2002  Sydney, 22 participants

Ms Kath Thorburn co-ordinated the workshop.
Courses

Caseworker Development Course – Department of Community Services

A two-day workshop for Child and Family Caseworkers was conducted for Department staff. Work included preparing various training materials for on-going education.

- 10, 17 April 2002 Sydney, 20 participants

Ms Ros Montague co-ordinated the programme.

Report Writing - Anglicare

A one-day programme covering issues relating to medico-legal report writing for Anglicare staff.

- 14 May 2002 Sydney, 9 participants

Ms Christine Senediak conducted the programme.

Working with young people with Substance Abuse Problems

A one-day workshop held at the Institute for professionals working with young people with substance abuse problems.

- 17 May 2002 Sydney, 34 participants

Dr Caroline Stevenson coordinated the workshop.
Courses

Best Practice in the Use of Psychotropic Medications in Residential Aged Care Facilities – Office of the Public Guardian

The workshop was designed for staff of the Office of the Public Guardian to assist them make informed decisions on behalf of clients who are living in residential aged care facilities.

- 29 May 2002 Sydney, 25 participants

Mr Peter Brown conducted the workshop.

Counselling: Theory and Practice for Child and Family Health Nurses – South Western Area Health Service

The aim of this workshop was to provide coverage of the theoretical principles of counselling skills that can be applied when working with individual and families.

- 30 May, 13 June, 4 July 2002 Sydney, 15 participants

Ms Christine Senediak co-ordinated the programme.

Mental Health Issues in the Perinatal Period – South Western Sydney Area Health Service

A three-day workshop programme aimed at addressing educational and clinical skill requirements of midwives, child and family nurses and allied health staff working with women affected by mental health problems.

- 13, 21, 26 June 2002 Sydney, 24 participants

Ms Kath Thorburn coordinated the programme.
Conferences

Women and Mental Health Symposium

A half-day symposium was conducted on 23 August 2001. Thirteen participants attended.

National Mental Health Conference – Broadening Perspectives: Innovation and Change in Mental Health Education and Training

A two-day conference conducted on 10 & 11 September 2001 was attended by eighty-six delegates.

Refugees and Trauma – Implications for Clinical Practice

A one-day conference held on 23 March 2002, for health/mental health professionals and community welfare groups interested in the welfare of refugees and their families in Australia. Sixty nine participants attended.

Visiting Professor

Reflective Self Function and Severe Personality Disorder Training

Professor Peter Fonagy, Freud Memorial Professor of Psychoanalysis, University College of London conducted a seminar on 28 August 2001. Sixty participants attended.
Special Projects

Development of a Learning Guide – Understanding Mental Health Problems in Parenting – Department of Community Services

A detailed training program and learning guide was developed during this period for the Department of Community Services. The guide was developed for the Department's Caseworker Development Course.

The project was managed by Dr Louise Newman and Ms Ros Montague.

Supervision for Perinatal Mental Health Staff, Jade House

Supervision of casework was provided by Dr Louise Newman for staff at Jade House, SWSAHS.

- 18, 25 July; 1, 8, 15, 29 August, 12, 19, 26 September 2001
- Sydney, 6 participants

Supervision for Children's Hospital Westmead and Redbank House

Supervision of casework was provided by Ms Ros Montague for staff of Children's Hospital and Westmead from February 2002.

Marking of assignments for the Eating Disorders GP Shared Care Programme

The Institute oversaw the marking of assignments for The University of Sydney's Diploma in Shared Care psychiatry (Eating Disorders) for General Practitioners.
Assessment of Children and Families – Department of Community Services

The Institute continues to provide an assessment service for a limited number of children and families referred to its Clinical Teaching Unit by the Department of Community Services. Detailed results of mental health assessment, developmental issues and intervention recommendations are provided to the Department. The assessment is also used to assist the training of doctors enrolled in the Course in Child and Adolescent Psychiatry.

Dr Louise Newman and Dr Sarah Mares co-ordinate the programme.

Infant Mental Health Textbook

Work has commenced on the development of a textbook titled “Clinical Introduction to Infant Mental Health”. The textbook will incorporate various educational material utilised in the Graduate Diploma and Master in Infant Mental Health programmes.

Dr Louise Newman, Dr Sarah Mares and Ms Karen Cornish are co-ordinating the project.

The Draft User’s Guide for Evaluating Early Psychosis

The Guide is a document initiated by the NSW Early Psychosis Research and Evaluation Working Party which compiles a broad range of assessment tools for use with young people experiencing first episode psychosis. This project funded by the NSW Health Department’s, Centre for Mental Health, was completed during the period.

Professor Stan Catts co-ordinated the development of the Guide.
Mental Health Outcome Assessment Training (MH-OAT)

The Mental Health Outcome Assessment Training (MH-OAT) project that commenced in the last period, is a state-wide initiative, designed to improve the quality of mental health care in NSW. The project is funded by the NSW Health Department involves strengthening mental health assessment skills, training in standard protocols for assessment documentation and training in the use of standard measures being implemented under the National Mental Health Plan.

The first stage of the project involved the development and delivery of train-the-trainer workshops and various resource materials, throughout the state. As reported in the previous period several educational resources have been developed and disseminated.

Seven train-the-trainer workshops have been conducted during its period. Feedback from the training and the resources provided has been positive and the project will undergo official evaluation by Mr Timothy Coombs. The following workshops were conducted during this period:

- 6 & 7 August 2001, Train the Trainer Sydney 34 participants
- 9 & 10 August 2001, Train the Trainer Goulburn 22 participants
- 13 & 14 August 2001, Train the Trainer Sydney 35 participants
- 16 & 17 August 2001, Train the Trainer Sydney 37 participants
- 21 August 2001, Train the Trainer Byron Bay 28 participants
- 22 August 2001, Train the Trainer Byron Bay 20 participants
- 23 August 2001, Train the Trainer Byron Bay 26 participants
Projects

The Mental Health Outcome Assessment Training (MH-OATCA) – Child & Adolescent

The Mental Health Outcome Assessment Training (MH-OAT) – Child & Adolescent is a separate project developed for workers in child and adolescent mental health services. Training workshops were held to promote the use of the child and adolescent modules and to demonstrate the use of the standard measures (HoNOSCA, CGAS, SDQ) during this period:

- 1 March 2002 - Train the Trainer Sydney 47 participants
- 4 March 2002 - Train the Trainer Orange 31 participants
- 8 March 2002 - Train the Trainer Byron Bay 15 participants

The Project Officers are Mr Timothy Coombs and Mr Paul Walker.

Implementation of Strategies for Area Health Services in NSW

Work is continuing on the Institute administered project, supported by The NSW Doctors' Mental Health Implementation Committee (DMHIC), to monitor the implementation of the Strategies for Area Health Services, developed as part of the NSW Doctors Mental Health Plan. The project is funded by the NSW Health Department's, Centre for Mental Health.

The project co-ordinator is Dr Anthony Williams.

Early Psychosis Training

This NSW Health Department funded project aims to increase the degree of implementation of early psychosis intervention and supporting clinical governance activities in NSW mental health services by strengthening training and educational activities.

A one day workshop was conducted on 23 August 2001 with fifty-six participants.
Projects

Promotion, Prevention and Early Intervention Health

Work has commenced on a project incorporating promotion, prevention and early intervention approaches to mental health through funding received from the NSW Health Department.

Mr Anthony Hillin is the project officer.

Youth Suicide Prevention Training

The NSW Health Department has allocated funding for the development of a training package for Area Health Service staff on issues specific to Youth in relation to Circular 98/31. Planning is currently underway to appoint staff to commence work on this project.

NSW Parenting Project

To assist Area Health Services in New South Wales determine suitable and appropriate parenting interventions, the NSW Health Department has funded the establishment of a Parenting Resource Kit and Database. The Institute and the Department are working with relevant Area Health staff to establish a library of applicable resource material to be used for workers in the field. Work will be undertaken on the design and development of an educational package on Parenting and Borderline Personality Disorder.

Child and Adolescent Mental Health Training

Work is commencing in converting components of the Graduate Certificate in Adolescent Mental Health, Graduate Diploma in Adolescent Mental Health and Master in Adolescent Mental Health programmes to CD-Rom and Distance Education. This will greatly benefit child and adolescent workers in rural and remote parts of the state.
Integrated Perinatal Care (IPC) Programme and Training Manual

The project includes the development of a manual required to support the implementation of psychosocial screening and early intervention for all women during the antenatal and perinatal period, to identify and provide care to mothers and their infants most at risk for adverse physical and mental health outcomes.

The Institute and the NSW Health Department are currently reviewing the parameters of this project.

School Link Project

This project is a joint initiative between NSW Health and NSW Department of Education and Training. The aims of the School Link initiative are to enhance mental health care for adolescents in secondary schools and TAFE across NSW, as well as prevent the development of and promote earlier intervention for mental health problems and disorders.

The Institute is overseeing the delivery of a core component of the initiative which is the training on adolescent depression and related disorders to all school and TAFE counsellors and adolescent mental health staff across NSW.

Mr Anthony Hillin and Dr Robert McAlpine are the Senior Project Officers for the project.
World Health Organisation

The Institute continues to facilitate the development of training programmes for WHO Fellows, as part of its role as a member of the World Health Organization Multisite Centre for Mental Health and Substance Abuse in Australia.

In meeting conditions of its Terms of Reference, the Institute has continued to work closely with mental health professionals in the Western Pacific and South East Asia.

WHO Fellowship Programme

A general psychiatry education and training programme was organised for the following psychiatrists from India, from 19 November to 14 December 2001:

Dr Himanshu Bhushan, Dr Ajit Das, Dr Vishnu Hayagreev, Dr Chandrashekar Hongally, Dr Praveenlal Kuttichira, and Dr Bankteshwar Tripathi.

Dr Jasvindar Kaur from Malaysia attended a one-month programme focusing on Community Psychiatry, from 1 November 2001.

The programmes comprised clinical placements in a number of health facilities in Sydney. In addition, the Fellow attended relevant programmes offered at the Institute.

Dr Louise Newman co-ordinates the WHO programme. Dr Anthony Williams is a consultant on the programme.
Other Major Activities

School Education Project

The Institute continues to provide education and training associated with The Resourceful Adolescent Programme (RAP), developed by Griffith University (Queensland).

This school-based interactive programme is designed for students aged 13 - 15. It aims to develop resilience and adaptive coping skills within adolescents to assist them in negotiating their way through the numerous developmental, social and academic challenges that they are likely to face.

Preliminary results indicate that the programme has been effective in reducing the self-reported symptoms of depression and anxiety and has seen an increase in self-reported levels of self-esteem at the post testing stage.

RAP Training workshops were conducted for school and health staff in a number of locations.

- 17 – 18 September 2001 Sydney 14 participants
- 20 February 2002 Sydney 22 participants
- 20 – 21 May 2002 Sydney 23 participants

Ms Ros Montague co-ordinates the project.